

A perfect place to grow.





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Register online at www.jcprc.org or call our office at 304-728-3207 and we will be happy to help!



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Scholarships are available for some programs. If you would like a scholarship application or if you are interested in contributing to our Scholarship program, please contact Brenda Whittington at the JCPRC 304-728-3207 or email bwhittington@jcprc.org.

What can I do at Parks & Rec?

Gymnastics Messy Play Days Dr. Seuss Birthday Easter Eggstravaganza! Movie Nights

Ages 1-3 Baby Ninja Warriors Valentine's Party Daddy Daughter Dance Let's Play! Mobile Rec Concerts Special Events

Stroller Fit Mother Son Prom **Enchanted Forest Breakfast** Indoor PlaygrounD **Bus Trips**

Gymnastics Tiny Ninja Warriors Messy Play Days Indoor Futsal League **Art Classes** Easter Eggstravaganza Nerf Wars School's Out - Fun Days **Bus Trips**

Ages 3-6 Dance Little All Stars Valentine's Party Learn to Ride Technolokeys/Piano Mother Son Prom Let's Play! Mobile Rec Indoor Playground Special Events

Martial Arts Little Kickers Soccer Dr. Seuss Birthday Kids Cooking **Enchanted Breakfast** Daddy Daughter Dance Movie Nights Concerts

Gymnastics Indoor Futsal League Bigger Kickers Soccer Skills Learn to Ride Nature Classes Technolokeys/Piano Mother Son Prom Nerf Wars School's Out - Fun Days Youth Advisory Committee Special Events

Ages 6-12 Dance Floor Hockey League Volleyball League Art Classes **LEGO Engineering Guitar Lessons Enchanted Forest Breakfast** Let's Play! Mobile Rec Middle School Madness Concerts

Martial Arts Basketball Skills Disc Golf Clinic Kids Cooking Adventures Inventor's Workshop **Daddy Daughter Dance** Superhero Training Day Open Gym Nights Movie Nights Bus Trips

Dance Indoor Futsal League Art Classes **Guitar Lessons** Mother Son Prom Middle School Madness Movie Nights Special Events

Ages 13-17 Tai Chi Volleyball Clinics LEGO Engineering Nerf Wars Let's Play! Mobile Rec Youth Advisory Committee Concerts

Martial Arts Disc Golf Clinic Inventor's Workshop Daddy Daughter Dance Open Gym Nights Community Yard Sale **Bus Trips**

Dance Disc Golf Clinic Late Night Soccer Drop In Guitar Lessons Parent & Child Programs Concerts

Ages 18+ Tai Chi Recreational Volleyball Pickleball Drop In Square Dance Callers Workshop Community Yard Sale Bus Trips

Register for programs online at www.jcprc.org

or call our office at 304-728-3207 and we will be happy to help!

Knowing all children learn and grow differently, JCPRC reserves the right to allow younger

and older children to participate in certain programs which are outside of suggested age ranges.

If your children are interested in activities beyond the suggested program age limits, please contact info@jcprc.org for registration options or suggestions.

Jefferson County Parks and Recreation is a perfect place to grow!

Fitness Classes Adult Volleyball Drop In Knit & Crochet Let's Play! Mobile Rec Movie Nights Special Events

Our Staff

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Martial Arts

Little Dragons

The classes will cover basic Karate skills, balance, coordination, self-control, respect and, most importantly, the children will have fun! Wear loose fitting clothing. **No class on 4/12, 5/24.**

Ages 3-5 Instructor Chelsy Erickson 6 Weeks/Session Jefferson County Community Center Resident: \$52.00 Non-resident: \$57.00

Activity #6369	Sun	Jan 19-Feb 23	12:30-1:00 PM
Activity #6371	Sun	Mar 15-Apr 26	12:30-1:00 PM
Activity #6373	Sun	May 10-Jun 21	12:30-1:00 PM
Activity #6375	Sun	Jul 12-Aug 16	12:30-1:00 PM

Little Ninjas

This is a traditional beginner Karate course for youth ages 4-6. Participants will learn balance, coordination, respect, discipline, self-esteem, self-control, and more-- all while having fun! **No class on 4/12, 5/24.**

Ages 4-6 Instructor Chelsy Erickson 6 Weeks/Session Jefferson County Community Center Resident: \$58.00 Non-resident: \$63.00

Activity #6376	Sun	Jan 19-Feb 23	1:15-1:45 PM
Activity #6382	Sun	Jan 19-Feb 23	3:15-3:45 PM
Activity #6379	Sun	Mar 15-Apr 26	1:15-1:45 PM
Activity #6383	Sun	Mar 15-Apr 26	3:15-3:45 PM
Activity #6380	Sun	May 10-Jun 21	1:15-1:45 PM
Activity #6384	Sun	May 10-Jun 21	3:15-3:45 PM
Activity #6381	Sun	Jul 12-Aug 16	1:15-1:45 PM
Activity #6385	Sun	Jul 12-Aug 16	3:15-3:45 PM

Ninjas

Are you a beginner-intermediate level participant or an experienced belt holder? Come out and join our traditional karate class. Develop or hone your karate skills while you gain balance, control, coordination, strength, and flexibility. There is now optional belt testing with our Instructor! Please see your instructor for more details. **No classon 4/12, 5/24.**

Ages 7-12 Instructor Chelsy Erickson 6 Weeks/Session Jefferson County Community Center Resident: \$68.00 Non-resident: \$73.00

Activity #6386	Sun	Jan 19-Feb 23	2:00-3:00 PM
Activity #6390	Sun	Jan 19-Feb 23	4:00-5:00 PM
Activity #6387	Sun	Mar 15-Apr 26	2:00-3:00 PM
Activity #6391	Sun	Mar 15-Apr 26	4:00-5:00 PM
Activity #6388	Sun	May 10-Jun 21	2:00-3:00 PM
Activity #6392	Sun	May 10-Jun 21	4:00-5:00 PM
Activity #6389	Sun	Jul 12-Aug 16	2:00-3:00 PM
Activity #6393	Sun	Jul 12-Aug 16	4:00-5:00 PM

Advanced Ninjas

For advanced students who are interested in learning more self-defense and testing for belts. Previous training is required for this class whether it has been through parks and recreation or from another instructor. All students with previous experience are welcome. **No class on 4/12, 5/24.**

Ages 7-12 Instructor Chelsy Erickson 6 Weeks/Session Jefferson County Community Center

Resident: \$68.00 Non-resident: \$73.00

Resident. \$00.00 Pron-resident. \$75.00				
Activity #6394	Sun	Jan 19-Feb 23	5:15-6:15 PM	
Activity #6395	Sun	Mar 15-Apr 26	5:15-6:15 PM	
Activity #6396	Sun	May 10-Jun 21	5:15-6:15 PM	
Activity #6397	Sun	Jul 12-Aug 16	5:15-6:15 PM	

Teen Ninjas

Are you a beginner-intermediate level participant or an experienced belt holder? This class is a continuation of Ninja class for more advanced students. Develop or hone your karate skills while you gain balance, control, coordination, strength, and flexibility. There is now optional belt testing with our Instructor! Please see your instructor for more details. **No class on 4/12, 5/24.**

Ages 13-17 Instructor Chelsy Erickson 6 Weeks/Session Jefferson County Community Center Resident: \$68.00 Non-resident: \$73.00

Activity #6398 Sun Jan 19-Feb 23 6:30-7:30 PM Activity #6400 Sun May 10-Jun 21 6:30-7:30 PM Activity #6399 Sun Mar 15-Apr 26 6:30-7:30 PM Activity #6401 Sun Jul 12-Aug 16 6:30-7:30 PM



Battle your friends in Nerf War Combat! Kids are invited to bring their Nerf blasters and darts to the JCCC for a night of Nerf battles and fun! Kids will have the opportunity to hang with friends!

Ages 5-9 5:30-7 PM Cost \$10.00/participant

Activity #6418 Fri, Jan 17
Activity #6419 Fri, Feb 14
Activity #6420 Fri, Mar 20
Activity #6421 Fri, Apr 17

Ages 10-14 7:15-8:45 PM Cost \$10.00/participant

Activity #6422 Fri, Jan 17
Activity #6423 Fri, Feb 14
Activity #6424 Fri, Mar 20
Activity #6425 Fri, Apr 17

Limit 40 darts and 2 Nerf Blasters. Eye protection is recommended and available upon request. Parents must sign a release form before kids play.



Gymnastics

Tumbling Into 2'sBring an adult buddy to help you improve coordination and balance on our gymnastics equipment. Go through an obstacle course using large motor skills, swing on the bars, and improve balancing skills on the beam. Wear loose fitting clothing and be prepared to go barefoot. Parent participation is required. No class on 2/17, 4/6, 4/12, 5/24.

> Ages 1-2 6 Weeks/Session Jefferson County Community Center Resident: \$50.00 Non-resident: \$55.00

Activity #6330	Sun	Jan 19-Feb 23	12:20-12:50 PM
Activity #6334	Mon	Jan 27-Mar 9	4:30-5:00 PM
Activity #6331	Sun	Mar 15-Apr 26	12:20-12:50 PM
Activity #6335	Mon	Mar 30-May 11	4:30-5:00 PM
Activity #6332	Sun	May 10-Jun 21	12:20-12:50 PM
Activity #6333	Sun	Jul 12-Aug 16	12:20-12:50 PM

Baby Ninja Warriors

This Ninja Warrior themed program is a fun opportunity for you and your child to meet new friends while exercising together on a baby and toddler friendly obstacle course. Crawl, roll, climb and bounce through our gym while improving strength and motor skills! Our equipment has a variety of textures and bright colors to provide the sensory input toddlers crave. Children should be able to crawl, stand, and bear weight. Parent participation is required. No class on 2/17, 4/6.

> 6 Weeks/Session Ages Crawling - 2 Instructor Heidi Citro Jefferson County Community Center Resident: \$43.00 Non-resident: \$48.00

Mon | lan 27-Mar 9 11:00-11:45 AM Activity #6326 Activity #6327 Mon Mar 30-May 11 11:00-11:45 AM

Tiny Ninja Warriors

Children will practice their Ninja Warrior skills while moving through an exciting obstacle course with their parent's assistance. Enjoy, climbing, jumping, crawling, and rolling through our gym with Ms. Heidi's guidance! This will be a fast-paced class to strengthen motor skills and agility as well problem solving and following directions. Parent participation required. No class on 2/17, 4/6.

Ages 3-5 6 Weeks/Session Instructor Heidi Citro Jefferson County Community Center Resident: \$43.00 Non-resident: \$48.00

Activity #6328 Mon Jan 27-Mar 9 12:00-12:45 PM Activity #6329 Mon Mar 30-May 11 12:00-12:45 PM



Tumble Bugs

For our youngest gymnasts. This 40-minute parent participation preschool gymnastic program is ideal for the beginner tumbler.

This program focuses on developing your child's gymnastic and creative movement skills. Gymnasts will learn the basics of rolls, handstands and jumps all while developing their upper and lower body coordination, flexibility and strength. Walk on the beam and swing on the bars, this program is fun for both the child and the adult. No class on 4/12, 5/24.

6 Weeks/Session Ages 2-3 Instructor Barb Matlock lefferson County Community Center Resident: \$55.00 Non-resident: \$60.00

Activity #6336	Sun	Jan 19-Feb 23	1:00-1:40 PM
Activity #6337	Sun	Mar 15-Apr 26	1:00-1:40 PM
Activity #6338	Sun	May 10-Jun 21	1:00-1:40 PM
Activity #6339	Sun	Jul 12-Aug 16	1:00-1:40 PM

Tumble Bunnies

A fun and imaginative way to learn gymnastics basics. Our 45 minute beginner preschool gymnastic program is designed to introduce basic gymnastic skills to young children who have no gymnastic experience and to those who have not yet acquired basic gymnastic skills. Gymnasts will work on skills using the beam, bars and springboard. Gymnasts will learn forward and backward rolls, bridges, handstands and cartwheels. This introduction to basic gymnastics is both fun and rewarding as the gymnast discovers the many new ways that they can move. Parents are welcome to observe during the last class. No class on 4/12, 5/24.

Ages 3-4 6 Weeks/Session Instructor Barb Matlock Jefferson County Community Center Resident: \$66.00 Non-resident: \$71.00

Activity #6340	Sun	Jan 19-Feb 23	1:50-2:35 PM
Activity #6341	Sun	Mar 15-Apr 26	1:50-2:35 PM
Activity #6342	Sun	May 10-Jun 21	1:50-2:35 PM
Activity #6343	Sun	Jul 12-Aug 16	1:50-2:35 PM

Tumble Bears

Our beginner program is designed to introduce basic gymnastic skills to young children who have no gymnastic experience and to those who have not yet acquired basic gymnastic skills. Gymnasts will work on skills using the beam, bars and springboard. Gymnasts will learn forward and backward rolls, bridges, handstands and cartwheels. This introduction to basic gymnastics is both fun and rewarding as the gymnast discovers the many new ways that they can move. Parents are welcome to observe during the last class. No class on 2/17, 4/6, 4/12, 5/24.

Ages 4-6 6 Weeks/Session Jefferson County Community Center Resident: \$66.00 Non-resident: \$71.00

Activity #6344	Sun	Jan 19-Feb 23	2:45-3:30 PM
Activity #6345	Sun	Mar 15-Apr 26	2:45-3:30 PM
Activity #6346	Sun	May 10-Jun 21	2:45-3:30 PM
Activity #6347	Sun	Jul 12-Aug 16	2:45-3:30 PM
Activity #6348	Mon	Jan 27-Mar 9	5:10-5:55 PM
Activity #6349	Mon	Mar 30-May 11	5:10-5:55 PM



Gymnastics

Gymnastics 1

In this 60-minute program students will learn the proper fundamentals of gymnastics. Our fun filled weekly lesson plans will keep the students interested and excited about learning the basics of gymnastics. Gymnasts will work on skills using the beam, bars and springboard. Gymnasts will learn forward and backward rolls, bridges, handstands and cartwheels. This introduction to basic gymnastics is both fun and rewarding. Parents are welcome to observe during the last class. The Monday evening intermediate and beginner classes are held at the same time; students will be split into groups based on age and skill level. **No class on 2/17, 4/6, 4/12, 5/24.**

Ages 6-10 6 Weeks/Session Jefferson County Community Center Resident: \$66.00 Non-resident: \$71.00

Activity #6350	Sun	Jan 19-Feb 23	3:40-4:25 PM
Activity #6354	Mon	Jan 27-Mar 9	6:05-6:50 PM
Activity #6351	Sun	Mar 15-Apr 26	3:40-4:25 PM
Activity #6355	Mon	Mar 30-May 11	6:05-6:50 PM
Activity #6352	Sun	May 10-Jun 21	3:40-4:25 PM
Activity #6353	Sun	Jul 12-Aug 16	3:40-4:25 PM

Gymnastics 2

This program is for gymnasts that have mastered basic positions and skills. This gymnastic level introduces the gymnast to skills on the high beam, handstand forward rolls, round offs, front walkovers and back walkovers. Gymnasts will also work on skills using the bars and springboard. Parents are welcome to observe during the last class. The Monday evening intermediate and beginner classes are held at the same time; students will be split into groups based on age and skill level. **No class on 2/17, 4/6, 4/12, 5/24.**

Ages 6-10 6 Weeks/Session Jefferson County Community Center Resident: \$66.00 Non-resident: \$71.00

Activity #6356	Sun	Jan 19-Feb 23	4:35-5:20 PM
Activity #6360	Mon	Jan 27-Mar 9	6:05-6:50 PM
Activity #6357	Sun	Mar 15-Apr 26	4:35-5:20 PM
Activity #6361	Mon	Mar 30-May 11	6:05-6:50 PM
Activity #6358	Sun	May 10-Jun 21	4:35-5:20 PM
Activity #6359	Sun	Jul 12-Aug 16	4:35-5:20 PM







Dr. Seuss Birthday Celebration"A person is a person, no matter how small!" -Dr. Suess. Bring your small person for an evening filled with all things Dr. Suess, in honor of his birthday month! Kids are encouraged to dress up as their favorite Dr. Suess character. Parent participation required.

Ages 2-5

lefferson County Community Center Resident: \$12.00 Non-resident: \$17.00

Activity #6428 Thu Mar 12 5:30-6:15 PM

Earth Day Celebration

Join us for a short hike on the trail (weather permitting), followed by a nature/conservation themed activity. This program will be held indoors in the event of rain.

Ages 6-10

Jefferson County Community Center Resident: \$12.00 Non-resident: \$17.00

Activity #6430 Wed Apr 22 5:30-6:15 PM

Messy Play Day
Do you and your tot want to explore messy sensory activities and crafts without having to worry about dirtying your home? This is your opportunity! We will have a variety of messy crafts and sensory activities available for you and your child to explore. Come dressed for mess!

Ages 2-5

Jefferson County Community Center Resident: \$12.00 Non-resident: \$17.00

Activity #6426 Thu Jan 9 "Summer in January" 5:30-6:15 PM Activity #6429 Thu Apr 16 "Spring" 5:30-6:15 PM

Valentine's Day Party

Relax and let us plan the fun! Bring your tot for Valentine's Day themed activities, and crafts, which you can enjoy together!

Ages 2-5

lefferson County Community Center Resident: \$12.00 Non-resident: \$17.00

Activity #6427 Thu Feb 13 5:30-6:15 PM

Youth Art - Make it Yours! 5-9yrs

This is an ongoing extensive art program that first teaches a variety of techniques and mediums such as: pencil, colored pencil, chalk pastels, watercolors, markers, collage and 3-D materials and then allows for students to have voice and choice on how to create. design, and implement these ideas into a guided art project that is theirs. Focus is on the process and problem-solving skills. Group work and community projects will be included. Please bring your \$5 materials fee to the first day of class. No class 2/17, 4/6.

Ages 5-9 6 Weeks/Session Instructor Sheri Fiolek

Jefferson County Community Center Resident: \$61.00 Non-resident: \$66.00

Activity #6443 Mon Jan 27-Mar 9 6:00-7:00 PM Activity #6444 Mon Mar 30-May 11 6:00-7:00 PM Youth Art-Make it Yours! 10-14yrs

This is an ongoing extensive art program that first teaches a variety of techniques and mediums such as: pencil, colored pencil, chalk pastels, watercolors, markers, collage and 3-D materials and then allows for students to have voice and choice on how to create, design, and implement these ideas into a guided art project that is theirs. Focus is on the process and problem-solving skills. Group work and community projects will be included. Please bring your \$5 materials fee to the first day of class. No class 2/17, 4/6.

Ages 10-14 6 Weeks/Session Instructor Sheri Fiolek Jefferson County Community Center Non-resident: \$66.00 Resident: \$61.00

Activity #6445 Mar 30-May 11 7:15-8:15 PM Mon Activity #6446 Mon lan 27-Mar 9 7:15-8:15 PM



















Build Your Own Pollinator Habitat

Learn about wintertime pollinator habitats and use simple, everyday items to build a habitat to take home.

> Ages 4-7 Free Jefferson County Community Center

Activity #6402 Thu Jan 16 4:30-5:30 PM All About Caterpillars

Learn about caterpillars and what habitats they need to survive. Make caterpillars to take home.

Ages 4-7 Free Jefferson County Community Center

Activity #6404 Mon Mar 16 4:30-5:30 PM

Pollinator Migration

Learn how and why pollinators migrate by playing migration games. Ages 4-7 Free

Jefferson County Community Center

Thu Feb 20 Activity #6403 4:30-5:30 PM

> The Environmental Conservation Programs are offered FREE of charge thanks to a partnership with the Eastern Panhandle Conservation District.

All About Pollination

Discuss why pollination is important and play games practicing pollination. This program will be using Cheeto snacks to demonstrate certain activities, if your child has an allergy to certain foods or food dyes, please contact our office so we can alternate our materials.

Ages 4-7 Free Jefferson County Community Center

Activity #6405 Mon May 18 4:30-5:30 PM

Hobbies & Art



Kids Cooking Adventures

Enjoy these hands on cooking classes. Kids will have fun creating fun sweets and treats, while learning basics of cooking, food and kitchen safety. Due to limited supply, only children will be able to sample foods they create, there will not be enough for family members to eat.

Ages 5-8

Page Jackson Elementary - cafeteria Resident: \$36.00 Non-resident: \$41.00

- Treats -

Activity #6415 Sat Feb 8 9:00 AM-12:00 PM

Cookies -

Sat Mar 14 Activity #6416 9:00 AM-12:00 PM

Cupcakes -

Sat May 9 Activity #6417 9:00 AM-12:00 PM

Learn to Ride

Parents, can't get your child to let you take those training wheels off their bike? Come to Sam Michael's Park to get them off. JCPRC staff will be outside with your child to help them succeed. A special technique will also be used to enhance balance before they try to ride. Child must have a helmet. JCPRC will also be doing bike fitting, chain lubrication, tire inflation, and helmet fitting. Please be sure to bring your child's bike. Training wheels must be easy to remove. Please bring them as well if your child uses them. Parents please plan on being an active participant in this class.

Ages 4-10 Instructor Jeff Fiolek

lefferson County Community Center - rear parking lot Resident: \$18.00 Non-resident: \$23.00

10:00 AM-12:00 PM Activity #6406 Sat May 30

LEGO Engineering

Build engineer-designed projects such as boats, bridges, mazes, cars and use special pieces to create your own unique designs. Children will not be allowed to take home any of the LEGOs.

Ages 7-13 4 Weeks/Session Instructor Barb Matlock Jefferson County Community Center Non-resident: \$68.00 Resident: \$63.00

Wed Jan 29-Feb 19 Activity #6407 6:30-7:30 PM 6:30-7:30 PM Activity #6408 Wed Mar 11-Apr 1

STEM Adventures

Kids will enjoy hands-on activities learning about different aspects of Science, Technology, Engineering and Math in this inventor's workshop. Activities may vary from session to session.

> Ages 8+ 4 Weeks/Session Instructor Barb Matlock Jefferson County Community Center Resident: \$53.00 Non-resident: \$58.00

Wed Jan 29-Feb 19 Activity #6409 5:00-6:00 PM Activity #6410 Wed Mar 11-Apr 1 5:00-6:00 PM



Thursdays & Fridays January-April 10am-3pm Indoor Playground only punch pass available (Ages 5 and under)

also

January 24, February 28, March 27, April 24

5:30-7:30 pm

10 _{Visit} Punch pass available \$30<u>î</u>

Indoor Playground & Open Gym (All Ages Welcome)

lefferson County Community Center Cost: \$4.00 per child

10 visit

¢30!

Music



Beginner-Intermediate Guitar 1

This course is designed for children and teens who have little or no knowledge of playing the guitar. They should come with a playable guitar (acoustic or electric, note: acoustic preferred), a digital guitar tuner (optional, but, suggested), and a notebook with pencils. Students should have a strong desire to learn to play the guitar while having fun! Students will advance as fast as their progress will allow. **No class 4/7.**

Ages 8-14 6 Weeks/Session Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6437 Tue Jan 21-Feb 25 6:00-7:00 PM Activity #6438 Tue Mar 17-Apr 28 6:00-7:00 PM Activity #6439 Tue May 12-Jun 16 6:00-7:00 PM

Beginner-Intermediate Guitar 1A

This course is designed for teens and adults who have little or no knowledge of playing the guitar. They should come with a playable guitar (acoustic or electric, note: acoustic preferred), a digital guitar tuner (optional, but, suggested), and a notebook with pencils. Students should have a strong desire to learn to play the guitar while enjoying the wonders of making music. Students will advance as fast as their progress will allow, so join us and let's rock! **No class 4/9.**

Ages 15+ 6 Weeks/Session Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6515 Thu Jan 23-Feb 27 6:00-7:00 PM Activity #6516 Thu Mar 19-Apr 30 6:00-7:00 PM Activity #6517 Thu May 14-Jun 18 6:00-7:00 PM

Technolokeys 1-2

This exciting program allows children to learn piano basics on the keyboard. While using movement, singing, as well as learning how to read and write music, your child will have a better understanding of music and piano. This class is appropriate for children with little to no experience playing piano. Children may repeat this class for multiple sessions.

Ages 8-12 5 Weeks/Session Jefferson County Community Center Resident: \$4700 Non-resident: \$52.00

Activity #6431 Tue Mar 3-Mar 31 6:00-6:45 PM

Ages 8-12 6 Weeks/Session Jefferson County Community Center Resident: \$56.00 Non-resident: \$61.00

Activity #6432 Tue Apr 21-May 26 6:00-6:45 PM

Intermediate-Advanced Guitar 2

This course is designed for children and teens who have fundamental experience in playing the guitar or have completed Course 1. They should come with a playable guitar (acoustic or electric, note: acoustic preferred), a digital tuner (optional, but suggested), and a notebook with pencils. Students should already possess a strong desire in learning to play excellent guitar. Students will advance as fast as their progress will allow, so let's rock on and have fun! **No class on 4/7.**

Ages 8-14 6 Weeks/Session Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6440 Tue Jan 21-Feb 25 7:15-8:15 PM Activity #6441 Tue Mar 17-Apr 28 7:15-8:15 PM Activity #6442 Tue May 12-Jun 16 7:15-8:15 PM

Intermediate-Advanced Guitar 2A

This course is designed for teens and adults who have fundamental experience in playing guitar or have completed Course 1A. They should come with a playable guitar (acoustic or electric, note: acoustic preferred), a digital guitar tuner (optional, but, suggested), and a notebook with pencils. Students should already possess a strong desire in learning to play excellent guitar. Students will advance as fast as their progress will allow, so let's rock the house one more time! **No class 4/9.**

Ages 15+ 6 Weeks/Session Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6518 Thu Jan 23-Feb 27 7:15-8:15 PM
Activity #6519 Thu Mar 19-Apr 30 7:15-8:15 PM
Activity #6520 Thu May 14-Jun 18 7:15-8:15 PM

Technolokeys 3-4

This exciting program allows children to learn piano basics on the keyboard. While using movement, singing, as well as learning how to read and write music, your child will have a better understanding of music and piano. This class is appropriate for children who have mastered Technolokeys 1-2. Please ask your instructor or call our office if you need help deciding if this level is a good fit for you child currently.

Ages 8-12 5 Weeks/Session Jefferson County Community Center Resident: \$47.00 Non-resident: \$52.00

Activity #6435 Tue Mar 3-Mar 31 7:00-7:45 PM

Ages 8-12 6 Weeks/Session Jefferson County Community Center Resident: \$56.00 Non-resident: \$61.00

Activity #6436 Tue Apr 21-May 26 7:00-7:45 PM

Technolokeys Jr

This exciting program allows children to learn piano basics on the keyboard. While using movement, singing, as well as learning how to read and write music, your child will have a better understanding of music and piano. This class is appropriate for younger children who want to try piano or already enjoy piano and want to improve their skills in an age appropriate and fun atmosphere. Children may repeat this class for multiple sessions.

Ages 5-7 5 Weeks/Session Jefferson County Community Center Resident: \$4700 Non-resident: \$52.00

Activity #6433 Tue Mar 3-Mar 31 5:00-5:45 PM

Ages 5-7 6 Weeks/Session Jefferson County Community Center Resident: \$56.00 Non-resident: \$61.00

Activity #6434 Tue Apr 21-May 26 5:00-5:45 PM



Special Events

Daddy Daughter Dance

Be your daughter's Prince Charming and take her out for an evening she won't soon forget. Couples will have fun with crafts, music and light refreshments. Photo opportunities will also be available by Beyond the Lens photography.

> All ages are welcome! Jefferson County Community Center Tickets: \$8.00 per person

Activity #6447

Fri Feb 21

6:00-8:30 PM



One man's stuff is another man's treasure. Booth space will be made available for a small fee, booth space is 8'x16'. Advertisements will be placed in various local publications. Set up will be available at the Jefferson County Community Center on Friday, March 13.

Jefferson County Community Center Tables: \$30.00 per space

Activity #6553 Sat Mar 14 8:00 AM-1:00 PM





Enchanted Forest Breakfast

Come princess, prince, fairy, and other mystical creatures! Spend the morning eating a delicious enchanted forest-themed breakfast followed by a craft and story. Then dance the morning away and take photos with your favorite enchanted characters! Kids are encouraged to dress like royalty and/or come in costume.

> Ages 2-12 Jefferson County Community Center \$12.00 per participant

Activity #6449 Sat Mar 21 8:00-10:00 AM



Easter Eggstravaganza!

Join the Easter Bunny and Chickfila Cow at Sam Michaels Park for an egg huntin' good time! 6000 Easter Eggs will be scattered in the festival field, just waiting to be grabbed. At 11:00am a bell will ring and kids will dash to fill their baskets. Gates will open at 10:30am, just in time for a photo with the Easter Bunny on The AMP stage! (Be sure to bring your camera!) Please check-in at the AMP gate. Kids will be divided into age groups (4 & under, 5-9 and 9 & up). Limit 15 eggs per child. This event will fill so please register early. Limited to 350 participating children. Baskets are not provided. Please note: this is not a peanut free event. Easter Eggs may contain chocolate candy, snacks may contain peanut oil.

All ages are welcome! Festival Field at Sam Michael's Park \$5.00 per participant (those who wish to collect eggs!) Egg hunt spectators and cheerleaders are free.

Activity #6450 Sat Mar 28 Gates open at 10:30 am



Mother Son Prom

Make a memory that will last a lifetime! Mothers and sons are invited to an evening of fun & dancing! The evening will include music, dancing, light refreshments, and a craft. Mothers and sons are encouraged to dress up! Photo opportunities will also be available by Beyond the Lens photography.

Jefferson County Community Center All ages are welcome! Tickets: \$8.00 per person

Activity #6448 Sat May 16 6:00-8:30 PM



Dance



newhopewell center the arts

Ballet/Tap/Jazz Ages 6-8

Have fun learning the fundamental steps of ballet, exploring the basic steps of tap, and some fast and upbeat moves for Jazz! Please wear/bring ballet shoes, tap shoes, and jazz shoes or sneakers.

No Class 4/7, 4/14.

Ages 6-8 6 Weeks/Session Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$136.00 Non-resident: \$141.00

Activity #6318 Tue Jan 21-Feb 25 6:00-7:30 PM

Ages 6-8 7 Weeks/Session
Instructor New Hopewell Center For The Arts
Jefferson County Parks and Recreation
Resident: \$159.00 Non-resident: \$164.00

Activity #6319 Tue Mar 17-May 12 6:00-7:30 PM

Ballet/Tap/Jazz Ages 9-12

Have fun learning the fundamental steps of ballet, exploring the basic steps of tap, and some fast and upbeat moves for Jazz! Please wear/bring ballet shoes, tap shoes, and jazz shoes or sneakers.

No class 4/9, 4/16.

Ages 9-12 6 Weeks/Session Instructor New Hopewell Center For The Arts Jefferson County Parks and Recreation Resident: \$136.00 Non-resident: \$141.00

Activity #6320 Thu Jan 23-Feb 27 6:00-7:30 PM

Ages 9-12 7 Weeks/Session
Instructor New Hopewell Center For The Arts
Jefferson County Community Center
Resident: \$159.00 Non-resident: \$164.00

Activity #6321 Thu Mar 19-May 14 6:00-7:30 PM

Tap ages 9-11

Have fun exploring the basic steps to become a tap dancer! Please wear tap shoes. No class 2/17 or 4/6.

Ages 9-11 6 Weeks/Session Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$69.00 Non-resident: \$74.00

Activity #6314 Mon Jan 27-Mar 9 6:30-7:15 PM Activity #6315 Mon Mar 30-May 11 6:30-7:15 PM

Tap ages 12-17

Have fun exploring the basic steps to become a tap dancer! Please wear tap shoes. **No class 2/17 or 4/6.**

Ages 12-17 6 Weeks/Session Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6316 Mon Jan 27-Mar 9 7:15-8:15 PM Activity #6317 Mon Mar 30-May 11 7:15-8:15 PM

Creative Movement

Come explore the world of rhythm and entertainment. In this fun filled class, children will use rhythm sticks, hula hoops, learn basics of ballet, tap, and singing. Come have fun and explore the art of entertainment. **No Class 4/7, 4/9, 4/14, 4/16.**

Ages 3-5 6 Weeks/Session Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$76.00 Non-resident: \$81.00

Activity #6322 Tue Jan 21-Feb 25 12:30-1:15 PM Activity #6324 Thu Jan 23-Feb 27 12:30-1:15 PM

Ages 3-5 7 Weeks/Session Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6323 Tue Mar 17-May 12 12:30-1:15 PM Activity #6325 Thu Mar 19-May 14 12:30-1:15 PM

Parks & Recreation

Dance

Country Line Dancing Level 1 (Youth) This is a seven-week session for the beginner dancer. In this class,

a student will learn approximately 85% of all steps needed for any type of dance, basics of dance, and dance floor etiquette. Although this beginner class is centered around Country Music and a Western, Cowboy/Cowgirl theme, most of the dances taught can be danced to any kind of music. Completion of this class is required to enter the Intermediate Level class. Although some couple dances are taught, you do not need a partner. It is best to wear smooth-soled low heel shoes or boots. No class on 4/9.

> 7 Weeks/Session Ages 6-17 Instructor Allen Keefer Charles Town Middle School - Cafeteria Resident: \$38.00 Non-resident: \$43.00

Thu 6:30-7:30 PM Activity #6491 Jan 23-Mar 5 Activity #6492 Thu Mar 26-May 14 6:30-7:30 PM

Country Line Dancing Level 2 (Youth)
This is a seven-week session for the beginner dancer. In this class, a student will learn approximately 85% of all steps needed for any type of dance, basics of dance, and dance floor etiquette. Although this beginner class is centered around Country Music and a Western, Cowboy/ Cowgirl theme, most of the dances taught can be danced to any kind of music. Completion of this class is required to enter the Intermediate Level class. Although some couple dances are taught, you do not need a partner. It is best to wear smooth-soled low heel shoes or boots. No class on 4/9.

> 7 Weeks/Session Ages 6-17 Instructor Allen Keefer Charles Town Middle School - Cafeteria Resident: \$38.00 Non-resident: \$43.00

Activity #6497 Thu Jan 23-Mar 5 7:30-8:30 PM Activity #6498 7:30-8:30 PM Thu Mar 26-May 14

Hip Hop

Hip hop, a fast and upbeat form of urban dance elements will be incorporated into this class. Students should wear comfortable clothing and jazz shoes or sneakers for class. No class on 4/12 and 5/24

> Ages 7-15 6 Weeks/Session Instructor Cara Rakes Jefferson County Community Center Resident: \$63.00 Non-resident: \$68.00

Activity #6302 Sun Jan 19-Feb 23 1:40-2:40 PM Activity #6303 Mar 15-Apr 26 1:40-2:40 PM Sun Activity #6304 May 10-Jun 21 1:40-2:40 PM Sun Activity #6305 Sun Jul 12-Aug 16 1:40-2:40 PM

Pre-Ballet

Join us to learn the fundamental steps of ballet. This class is open to all genders, please wear comfortable clothes or a leotard and ballet shoes. Hair should be pinned in bun or out of face. No class on 4/12 and 5/24

Ages 5-7 6 Weeks/Session Instructor Cara Rakes Jefferson County Community Center Non-resident: \$68.00 Resident: \$63.00

Activity #6310 Sun Jan 19-Feb 23 2:50-3:50 PM Activity #6311 Sun Mar 15-Apr 26 2:50-3:50 PM Activity #6312 May 10-Jun 21 2:50-3:50 PM Sun Activity #6313 Jul 12-Aug 16 Sun 2:50-3:50 PM

Dance Express

This class is a great way for beginner dancers to have the opportunity to try many types of dance. Each class will begin with a quick warm-up stretch. Classes will be dedicated to introducing a different style of dance. Some of the styles included but not limited to are...ballet, jazz, hip hop and lyrical. On the last week of class, parents will have the opportunity to see what the children have learn with a small performance. No class on 4/12 and 5/24

> 6 Weeks/Session Instructor Cara Rakes Ages 5-8 Jefferson County Community Center Resident: \$63.00 Non-resident: \$68.00

Activity #6306 lan 19-Feb 23 12:30-1:30 PM May 10-Jun 21 12:30-1:30 PM Sun Activity #6308 12:30-1:30 PM Activity #6307 Sun Mar 15-Apr 26 12:30-1:30 PM Activity #6309 Sun Jul 12-Aug 16



No School? Bring your kids to the JCCC for a day filled with fun! We'll play sports, games, watch a movie and keep them occupied for the day while you work. Please provide a packed lunch, 2 snacks and water.

Ages 6-12 Jefferson County Community Center Non-resident: \$36.00 Resident: \$31.00

Activity #6411 Wed Mar 4 9:00 AM-5:00 PM Activity #6412 Apr 13 9:00 AM-5:00 PM Mon Tue Activity #6413 May 12 9:00 AM-5:00 PM

> Resident: \$91.00 Non-resident: \$96.00

8:00 AM-5:00 PM Activity #6414 Mon-Fri Apr 6-10

PreSchool Programming





Introduce your child to the basics of alphabet, numbers, colors and shapes through various crafts, stories and other activities. Our program is designed for children age one and a half to three years of age, and based on a commitment to offering children an educationally sound and happy preschool experience where they can learn about themselves and about the world around them. We know the preschool experience is a first and very important step in a long education process, and we will strive to make it as fun and educational as possible. Toddler Learning Time is a tuition based program and parents will be required to make monthly payments.

Held at Jefferson County Community Center

Enrollments are accepted on a rolling basis, as spaces are available.

16 mos. (must be mobile) / \$85 per month
(Children must be 16 mos. on or before September 1 to enroll)
Instructor Heidi Citro
Tue/Thur 9:00 am-10:30 am

16 mos. (must be mobile) / \$85 per month
(Children must be 16 mos. on or before September 1 to enroll)
Instructor Heidi Citro
Tue/Thur 11:00 am-12:30 pm

2 yrs / \$95 per month Instructor Heidi Citro Mon/Wed/Fri 9:00 am-10:30 am

2 yrs / \$95 per month Instructor Heidi Citro Mon/Wed/Fri 11:00 am-12:30 pm

Registration Fee: \$50 Materials Fee: \$50 Registration fee and materials fee are non-refundable.

To obtain information and registration packet please email Heidi Citro at HCitro@jeffersoncountywv.org



Play & Learn Program's mission is to provide children ages 3-5 with a well-rounded program in a positive, safe, and supportive environment. Our mission is achieved by a professional and dedicated staff that will guide your child through a variety of meaningful and interesting experiences, which will help to develop your child's cognitive, social, and physical skills through appropriate activities. Your child will have fun learning through play.

Learning Outcomes include:

- -Enhance self esteem & individuality
- -Build friendships
- -Develop respect & promote teamwork
- -Encourage reading readiness
- -Strengthen listening & speaking skills
- -Provide opportunities for self-expression
- -Learn to get along with & respect others
- -Encourage creativity

Held at Jefferson County Community Center

Children must be fully toilet trained prior to the first day of class.

Use of disposable undergarments is not permitted.

3-4 yrs / \$140 per month Instructor Holly Junkin Tue/Thur 9:00 am-11:30 am

3-4 yrs / \$140 per month Instructor Holly Junkin Tue/Thur 1:00 pm-3:30 pm

4-5 yrs / \$190 per month Instructor Holly Junkin Mon/Wed/Fri 9:00 am-11:30 am

4-5 yrs / \$190 per month Instructor Holly Junkin Mon/Wed/Fri 1:00 pm-3:30 pm

Registration Fee: \$50 Materials Fee: \$50 Registration fee and materials fee are non-refundable.

To obtain information and registration packet please email Holly Junkin at hjunkin@jeffersoncountywv.org

YOUTH ADVISORY COMMITTEE

- Be part of a team.
- Be a voice for teens.
- Gain life experience.
- Build your college applications
- Earn connunity service hours.
- Learn leadership skills





Contact Heather Burgos, Recreation Coordinator for more information or an application.

304-728-3207

hburgos@jcprc.org

Eligibility:

Must be a Jefferson County public, private or home school student in 6th-12th grades starting in the Fall of 2019.

Submit a complete YAC application form, supplemental questionnaire, and at least one letter of recommendation from a teacher, coach or advisor.

All applicants will be interviewed, and if accepted, will sign a year-long agreement committing to a full 1-year term in accordance with the JCPS school year.



To register please contact JCPRC at 304-728-3207 or register online at www.jcprc.org

Jefferson County Parks & Recreation

235 Sam Michaels Lane, Shenandoah Junction, WV 25442

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Athletics



Disc Golf Clinic

Travis Foreman will be instructing the clinic. He has been playing disc golf for 15 years and has been playing professionally for 10 years. This clinic will focus on the history of disc golf in addition to skills. Some skills taught will be basic throwing techniques, proper form, understanding which type of discs are needed for certain types of shots and all putting techniques. Children under 12 must be accompanied by an adult. Please bring your own discs. Please meet by the practice basket, near the gravel parking lot (where you would enter for the baseball fields).

Activity #6504

4 Weeks/Session Disc Golf Course at Sam Michaels Park Resident: \$41.00 Wed, Apr 29-May 20 5:00-7:00 PM

Non-resident: \$46.00

Big Kickers Soccer Skills

Ages 8+

This is the perfect opportunity for your child to try out soccer or improve their skill set. Children will learn new skills and improve on skills they already know. Through small-sided games and scrimmages your child will learn how to dribble, pass, shoot and learn positional skills and techniques. No class 4/6.

> Ages 6-8 6 Weeks/Session **Jefferson County Community Center** Resident: \$54.00 Non-resident: \$59.00

Activity #6378 Mon Mar 30-May 11 6:00-6:45 PM

Little Kickers Soccer Skills

This is the perfect opportunity for your child to try out soccer or improve their skill set. Children will learn new skills and improve on skills they already know. Through small-sided games and scrimmages your child will learn how to dribble, pass, shoot and learn positional skills and techniques. No class 4/6.

> Ages 3-5 6 Weeks/Session lefferson County Community Center Resident: \$54.00 Non-resident: \$59.00

Mon Mar 30-May 11 5:00-5:45 PM Activity #6377

Instructional Floor Hockey League

This program is intended to teach your child to enjoy being physically active while having fun and learning the importance of working togéther in a team-sport atmosphere. Children will learn fundamental hockey skills, emphasizing on stick and puck control, offense/defense techniques and the rules of the game of hockey. Each child will also have an opportunity to learn the goalie position while wearing full goalie pads. We will have hockey sticks, but if your child already has a hockey stick, they are welcome to bring their own.

> Ages 8-12 10 Weeks/Session Jefferson County Community Center Resident: \$66.00 Non-resident: \$71.00

Activity #6364 Wed Jan 22-Mar 25 5:45-7:15 PM

Little All-Stars

Bring your little one to this fun and entertaining class where they will learn the basics of several sports skills. Learn and practice kicking, throwing, dribbling, shooting and reinforce those skills with fun small sided games like red light green light and sharks and minnows. Parents are encouraged to sit in the lobby so there is minimal distraction for children during class time. No class 4/7, 4/21.

6 Weeks/Session Ages 3-6 Instructor Heidi Citro Jefferson County Community Center Résident: \$43.00 Non-resident: \$48.00

Jan 21-Feb 25 12:00-12:45 PM Activity #6362 Tue Activity #6363 Tue Mar 17-May 5 12:00-12:45 PM

Basketball Skills

Your child will enjoy this program focused on basketball skills. Our instructor is a long-time educator and teaches physical education. This class will include skills such as shooting, passing, dribbling, defense, small-sided games, drills, scrimmages, and more!

> 6 Weeks/Session Instructor Jeff Fiolek Jefferson County Community Center Resident: \$58.00 Non-resident: \$63.00

Ages 6-8 Activity #6365 Wed, Apr 15-May 20 5:00-5:45 PM

Ages 9-12 Activity #6366 Wed, Apr 15-May 20 6:00-6:45 PM

Archery

Enjoy this beginner to intermediate class for kids. This sport can be a rewarding, lifelong activity which will develop self-confidence and discipline. This course is designed to acquaint the beginner archer with basics in care and use of the equipment as well as technique. Please dress comfortably. Class may be held indoors if there is inclement weather and we will use our S.A.F.É. Archery equipment. No class on 5/25.

> 6 Weeks/Session Instructor Jay Earl Sam Michaels Park - Mason Pavilion Resident: \$76.00 Non-resident: \$81.00

Ages 8-11 Activity #6554 Mon, Apr 20-Jun 1 5:00-5:50 PM

Ages 12-16 Activity #6555 Mon, Apr 20-Jun 1 6:00-6:50 PM

Jefferson County students grades 6-8 are invited to Middle School Madness on the first Friday of the month from 7:00-10:00pm! Each night will include basketball, moon bounce, music, concessions and more - including special themed activities! Admission \$10 cash.

December 6 Snowball Fight March 6

January 3 New Years Party April 3

February 7 Beach Night

SAFE Archery Life Size Games

May 1 80s Night

June 5 Obstacle Course Madness!

Youth must bring their current school ID or have an adult sign them in. Jefferson County public, private and home school students grades 6-8 are welcome!

Youth Leagues



Indoor Futsal League

Futsal is a modified form of soccer played with five players per side on a smaller, indoor field. Our Futsal Recreational League is in its 5th year at Jefferson County Parks and Recreation! Join in the fun of the game while keeping your soccer skills fresh and ready for spring.

Teams may submit full rosters for teams in the "competitive" division or register as a 'free agent' and be placed on a team in the "non-competitive" division. Teams will play 7 games, all games will be held on Saturdays, starting 1/11/20, Thursdays starting 1/16/20. Teams will have a 45-minute practice once per week. Practices will start on Monday 1/6/20 and will be held Monday thru Friday, once per week (practice day/time is determined by volunteer coach's availability). Game days/times may vary. Cost includes a t-shirt for each player. Registration deadline is Friday, 12/27/19. Volunteer coaches are needed. Volunteer coaches meeting will be held on Monday, 12/16/19 from 6:30-7:30pm. Please provide shirt size at time of registration. This is a co-ed league. Ten players max per team. Please be aware we may need to combine divisions if there are not enough individuals or teams in their respective age group. Coaches will receive a \$10 discount at time of registration. Discounts must be done in person or over the phone. (Players should be of age by 1/1/20)

Non-Competitive U6 - Ages 4-6 Activity #6494

Resident: \$85.00 Non-Resident: \$90.00 *Coach's Child: \$10 Discount

Competitive U8 - Ages 6-8

Activity #6190 Resident: \$85.00 Non-Resident: \$90.00 *Coach's Child: \$10 Discount

Competitive U10 - Ages 8-10 Activity #6191

Resident: \$85.00 Non-Resident: \$90.00 *Coach's Child: \$10 Discount

Competitive U12 - Ages 10-12

Activity #6192 Resident: \$85.00 Non-Resident: \$90.00 *Coach's Child: \$10 Discount

Competitive U15 - Ages 12-15

Activity #6193 Non-Resident: \$90.00 Resident: \$85.00 *Coach's Child: \$10 Discount

Join the fun and be a volunteer coach! Call our office for a volunteer application today! 304-728-3207

Volleyball LeagueThis league, designed for players to learn the fundamental volleyball skills and teamwork skills while having fun. Our goal is to provide an atmosphere that promotes sportsmanship, fair play in a safe environment for players, coaches, officials and spectators. Volunteer coaches are needed and will be required to complete the background check. Volunteer coaches will be asked to attend 2 pre season coaches meetings. Teams will practice twice per week at the Jefferson County Community and/or Wildwood Middle School. Practices begin on Tuesday, 3/31/20. Practices are held on Tuesdays and Thursdays. League games will begin on Saturday, 4/18/20. Teams will play 8 games. Participant's age is determined by how old they are on 4/1/20. Games times will vary on Saturdays between 9am-2pm. Coaches meetings are schedule for 3/5/20 and 3/24/20 at 6:30pm at the Jefferson County Community Center. Week 8 of games will consist of a league wide round robin tournament. All 14 year old's entering this league must be in 8th grade. The 8-11 juniors division is co-ed.

Co-Ed Volleyball League

Ages 8-11 Activity #6368 Resident: \$65.00 Non-Resident: \$70.00 lefferson County Community Center

Co-Ed Volleyball League

Ages 8-11 - Coach's Child or Sibling Activity #6370 Resident: \$55.00 Non-Resident: \$60.00 Jefferson County Community Center

Girl's Volleyball League

Ages 12-14 Activity #6372 Resident: \$65.00 Non-Resident: \$70.00 Jefferson County Community Center

Girl's Volleyball League

Ages 12-14 - Coach's Child or Sibling Activity #6374 Resident: \$55.00 Non-Resident: \$60.00 Jefferson County Community Center

Join the fun and be a volunteer coach! Call our office for a volunteer application today! 304-728-3207

an adult. No class on 1/20/20.

Arts & Crafts

Complete Your Own Knit/Crochet Project

Beginner-Intermediate Crochet Beginners-Learn basic crochet stitches and how to read a basic pattern. There will be a \$12 supply fee to be paid to the instructor at the first class which covers the cost of yarn (both cotton and acrylic), a crochet hook, tote bag, stitch samples, and a variety of patterns. Intermediates-Refresh skills, receive assistance with patterns, stitches, or techniques. Feel free to bring a project from home. If you would like to contact the instructor prior to class to discuss your needs, please call 304-7285-3172 (before 7pm please). Kids under age 13 are welcome to take this class, but must be accompanied by

4 Weeks/Session Ages 14+ Instructor Judy Slusher Non-resident: \$38.00 Resident: \$33.00 Jefferson County Charles Town Community Center Middle School- Library Activity #6474 Activty #6473 Mon Jan 6-Feb 3 Tue, Jan 14-Feb 4 9:30-11:30 AM 6:00-8:00 PM

Beginners—Intermediate Knitting

Beginners - Learn the basic knit and purl stitches, how to cast on and bind off, and how to understand basic patterns. A supply fee of \$14 is to be paid to the instructor at the first class to cover the cost of yarn (both cotton and acrylic), a tote bag, knitting needles, and a variety of patterns. Intermediates - Refresh your skills, receive assistance with patterns, stitches, or techniques. Feel free to bring a project from home. If you would like to contact the instructor prior to class to discuss your needs, please call 304-725-3172 (before 7 p.m. please). *kids under the age of 13 are welcome to take this class, but must be accompanied by an adult.

4 Weeks/Session Instructor Judy Slusher Ages 14+ Resident: \$33.00 Non-resident: \$38.00 Charles Town Jefferson County Middle School- Library Community Center Activity #6470 Activity #6471 Tue, Feb 25-Mar 17 Mon, Feb 24-Mar 16 6:00-8:00 PM 9:30-11:30 AM

This class is designed for students who know the basic knit or crochet stitches and would like to learn new techniques, need help in understanding a pattern or completing a project. Instructor will provide individualized attention while you refresh skills or learn new ones. If you would like to learn either Knit or Crochet and the class schedules for those classes do not work for you, please call the instructor at the following phone number to discuss your needs. Assorted patterns will be available. Please bring a project to work on or call 304-725-3172 (before 7:00 p.m. please) prior to class with any project ideas or questions. Any minor under age 14 must be accompanied by a registered adult. No class on 1/20, 4/6, 4/13, 5/25.

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Parks &

Recreation 1

4 Weeks/Session Instructor Judy Slusher Ages 14+ Jefferson County Community Center Resident: \$33.00 Non-resident: \$38.00

Activity #6476	Mon Jan 6-Feb 3	12:00-2:00 PM
Activity #6477	Mon Feb 24-Mar 16	12:00-2:00 PM
Activity #6478	Mon Mar 23-Apr 27	12:00-2:00 PM
Activity #6479	Mon May 4-Jun 1	12:00-2:00 PM

Knit or Crochet for Charity

If you knit, crochet, or do any other needlecrafts and would like to use your time and talents to donate handmade items to local charities, this group will give you the opportunity to enjoy an afternoon of needlework while doing just that. Please bring your own knitting needles/crochet hooks/yarn/supplies to class. The only cost to you is your time, talents, and whatever yarn you can provide. There will be a variety of knit and crochet patterns and project ideas available. There may also be some donated yarn available at class. If you would like to speak with the facilitator prior to class please call 304-725-3172 (before 7 p.m. please). Please Note: Some guidance will be provided but this class is not an instructional class. Any minor under age 14 must be accompanied by a registered adult. Instructor Judy Slusher

Apple Tree Gardens - Community Room Activity #6480 Tue lan 21 12:00-2:00 PM Activity #6481 Tue Feb 18 12:00-2:00 PM Activity #6482 Tue Mar 24 12:00-2:00 PM Activity #6483 12:00-2:00 PM Tue Apr 28 12:00-2:00 PM Activity #6484 Tue May 26

Parent and Child Crochet

Learn a new craft with your child this winter. Students age 13 to adult may attend alone. Children ages 8-12 must be accompanied by an adult. Basic crochet-stitch techniques will be introduced in this class and students will receive yarn and a pattern for a small project. There will be a supply fee of \$12 for each student which includes a tote bag, a crochet hook, two types of yarn, assorted instruction sheets, and sample stiches. If you would like to contact the instructor prior to class to discuss your needs, please call 304-725-3172 (before 7 p.m. please).

Ages 8+ 4 Weeks/Session Instructor Judy Slusher lefferson County Community Center Non-resident: \$38.00 Resident: \$33.00

Activity #6475 Sat Jan 18-Feb 8 10:00 AM-12:00 PM Parent and Child Knitting

Ages 14+

Learn a new craft with your child this winter. Students age 13 to adult may attend alone. Children ages 8-12 must be accompanied by an adult. The basic Knit, Purl, cast on, and Bind off techniques will be introduced in this class and students will receive yarn and a pattern for a small project. There will be a supply fee of \$14 for each student which includes a tote bag, knitting needles, two types of yarn and assorted instruction sheets. If you would like to contact the instructor prior to class to discuss your needs, please call 304-725-3172 (before 7 p.m. please).

> Ages 8+ 4 Weeks/Session Instructor Judy Slusher **Jefferson County Community Center** Resident: \$33.00 Non-resident: \$38.00

Activity #6472 Sat Feb 22-Mar 14 10:00 AM-12:00 PM

Free

Dance & Music



Adult Ballet

Have fun and exercise while learning the fundamentals of ballet! No Class 4/8, 4/15.

> Ages 18+ 6 Weeks/Session Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6507 Wed lan 22-Feb 26 6:30-7:30 PM

> 7 Weeks/Session Ages 18+ Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$106.00 Non-resident: \$111.00

Activity #6508 Wed Mar 18-May 13 6:30-7:30 PM Adult Jazz

Move to some fast and upbeat music and learn the basics of jazz dance! No Class 4/8, 4/15.

> 6 Weeks/Session Ages 18+ Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6509 Wed |an 22-Feb 26 7:30-8:30 PM

> Ages 18+ 7 Weeks/Session Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$106.00 Non-resident: \$111.00

Mar 18-May 13 7:30-8:30 PM Activity #6510 Wed

Country Line Dancing Level 1 (Single)
This is a seven-week session for the beginner dancer. In this class, a student will learn approximately 85% of all steps needed for any type of dance, basics of dance, and dance floor etiquette. Although this beginner class is centered around Country Music and a Western, Cowboy/Cowgirl theme, most of the dances taught can be danced to any kind of music. Completion of this class is required to enter the Intermediate Level class. Although some couple dances are taught, you do not need a partner. It is best to wear smooth-soled low heel shoes or boots. No class on 4/9.

Ages 18+ 7 Weeks/Session Instructor Allen Keefer Charles Town Middle School - Cafeteria Resident: \$58.00 Non-resident: \$63.00

Activity #6487 Thu lan 23-Mar 5 6:30-7:30 PM 6:30-7:30 PM Activity #6488 Thu Mar 26-May 14

Country Line Dancing Level 2 (Single)
This is two seven-week sessions (part A and part B) for the intermediate-level dancer. This level is sometimes called "Improver" or "Advanced Beginner". These fourteen weeks of classes are designed to prepare the dancer for the more complicated movements of the Advance-Level classes. It covers the basics of different styles of dance such as the Mambo and Swing. You will also learn many couple and line dances. A partner is not required. No class 4/9.

Ages 18+ 7 Weeks/Session Instructor Allen Keefer Charles Town Middle School - Cafeteria Resident: \$58.00 Non-resident: \$63.00

Activity #6493 Thu Jan 23-Mar 5 7:30-8:30 PM Activity #6494 Thu Mar 26-May 14 7:30-8:30 PM

Country Line Dancing Level 1 (Couple)

This is a seven-week session for the beginner dancer. In this class, a student will learn approximately 85% of all steps needed for any type of dance, basics of dance, and dance floor etiquette. Although this beginner class is centered around Country Music and a Western, Cowboy/Cowgirl theme, most of the dances taught can be danced to any kind of music. Completion of this class is required to enter the Intermediate Level class. Although some couple dances are taught, you do not need a partner. It is best to wear smooth-soled low heel shoes or boots. No class on 4/9.

Ages 18+ 7 Weeks/Session Instructor Allen Keefer Charles Town Middle School - Cafeteria Resident: \$88.00 Non-resident: \$93.00

Activity #6489 Thu Jan 23-Mar 5 6:30-7:30 PM Thu Mar 26-May 14 6:30-7:30 PM Activity #6490

Country Line Dancing Level 2 (Couple)
This is a seven-week session for the beginner dancer. In this class, a student will learn approximately 85% of all steps needed for any type of dance, basics of dance, and dance floor etiquette. Although this beginner class is centered around Country Music and a Western, Cowboy/Cowgirl theme, most of the dances taught can be danced to any kind of music. Completion of this class is required to enter the Intermediate Level class. Although some couple dances are taught, you do not need a partner. It is best to wear smooth-soled low heel shoes or boots. No class on 4/9.

Ages 18+ 7 Weeks/Session Instructor Allen Keefer Charles Town Middle School - Cafeteria Resident: \$88.00 Non-resident: \$93.00

Activity #6495 Thu Jan 23-Mar 5 7:30-8:30 PM Activity #6496 Thu Mar 26-May 14 7:30-8:30 PM

Square Dance Callers Workshop

This course is for beginner square dance callers. The student will learn the techniques of resolving the square, to get original dancers back with original partners and back to the home position in the proper sequence. Students will learn how to chain calls together to make an interesting dance. The student will learn how to conduct a party dance for non-square dancers.

> Ages 18+ 7 Weeks/Session Instructor Allen Keefer Charles Town Middle School - Cafeteria Resident: \$43.00 Non-resident: \$48.00

Activity #6469 Tue Mar 31-May 19 7:00-9:00 PM Activity #6468 Tue Jan 28-Mar 10 7:00-9:00 PM

Fitness



Boot Camp

Burn fat & gain muscle, tone and strengthen your core all in one hour!! We start with 40 minutes of boot camp - this consists of a mixture of cardio segments and strength training segments and calisthenics. Plus, a few, fun surprises to burn fat and motivate you. We will end with 20 minutes of Pilates core work that will target your abs, back, hips, and glutes. Beginner to Advanced variations will be taught. Weight and measurements are taken at the beginning and end of each session to check your progress. DAYCARE AVAILABLE, BUT NOT GUARANTEED FOR THOSE WHO PRE-REGISTER.

Ages 18+ 8 Weeks/Session Jefferson County Community Center Instructor Teresa Cantrell Resident: \$131.00 Non-resident: \$136.00

Activity #6456 Tue,Thu lan 7-Feb 27 9:30-10:30 AM Activity #6457 Tue,Thu Mar 3-Apr 23 9:30-10:30 AM Activity #6458 Tue,Thu Apr 28-Jun 18 9:30-10:30 AM Tue.Thu Activity #6459 Jun 23-Aug 13 9:30-10:30 AM

Ages 18+ 8 Weeks/Session Jefferson County Community Center Instructor Teresa Cantrell Resident: \$73.00 Non-resident: \$78.00

Activity #6460 Jan 7-Feb 25 9:30-10:30 AM Tue Activity #6461 Tue Mar 3-Apr 21 9:30-10:30 AM Activity #6462 Tue Apr 28-Jun 16 9:30-10:30 AM Activity #6463 Tue Jun 23-Aug 11 9:30-10:30 AM

Ages 18+ 8 Weeks/Session Jefferson County Community Center Instructor Teresa Cantrell Resident: \$73.00 Non-resident: \$78.00

Activity #6464 Thu Jan 2-Feb 27 9:30-10:30 AM
Activity #6465 Thu Mar 5-Apr 23 9:30-10:30 AM
Activity #6466 Thu Apr 30-Jun 18 9:30-10:30 AM
Activity #6467 Thu Jun 25-Aug 13 9:30-10:30 AM

Stroller Fit

Break out those jogging strollers and let your child join you for this fun exercise class! The instructor will lead you through a walking, jogging sequence with some strengthening exercises as well. We may go outside when the weather is nice so come prepared! **No class 4/7, 4/21.**

Infants & Toddlers under 3 with their Adult 6 Weeks/Session Instructor Heidi Citro Jefferson County Community Center Resident: \$25.00 Non-resident: \$30.00

Activity #6505 Tue Jan 21-Feb 25 11:00-11:45 AM Activity #6506 Tue Mar 17-May 5 11:00-11:45 AM

Tai Chi

Tai Chi is balanced, relaxed, peaceful, fluid and graceful as river, aesthetic to watch and invigorating to perform. This class welcomes teens through older adults. You do not need to be strong or athletic to participate in this mindful, slow motion class. Join this class to rejuvenate your mind and body! **No class 4/7, 4/9, 4/14, 4/16.**

Ages 16+ 6 Weeks/Session Instructor New Hopewell Center For The Arts Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6511 Tue Jan 21-Feb 25 12:30-1:30 PM Activity #6512 Thu Jan 23-Feb 27 12:30-1:30 PM

Ages 16+ 7 Weeks/Session
Instructor New Hopewell Center For The Arts
Jefferson County Community Center
Resident: \$106.00 Non-resident: \$111.00

Activity #6513 Tue Mar 17-May 12 12:30-1:30 PM Activity #6514 Thu Mar 19-May 14 12:30-1:30 PM

Body Business

This is a full body workout with choreographed dance routines, floor work and stretching. Please check with instructor for class skip dates and make up dates. Classes will be held on Fridays if a Monday or Wednesday is skipped due to school closure or holiday. Please check with instructor for specific Friday make up dates.

Ages 18+ 10 Weeks/Session Instructor Sandy Watkins Shepherdstown Elementary School. Resident: \$51.00 Non-resident: \$56.00

Activity #6485 Mon, Wed Jan 13-Mar 18 5:30-6:30 PM

Ages 18+ 11 Weeks/Session Instructor Sandy Watkins Shepherdstown Elementary School. Resident: \$51.00 Non-resident: \$56.00

Activity #6486 Mon, Wed Mar 23- Jun 3 5:30-6:30 PM

Super Seniors Fitness

Become a "super senior" ...stronger, more flexible, better balance and increase your range of motion. For ages 50+, our senior certified instructor will guide the class through safe and gentle stretching to increase your flexibility. We quickly lose our balance ability as we age. We will practice safe, fun skills to help us regain our natural balance abilities. We will use light weights and bands to increase strength. We will practice functional movements. This will increase our mobility in everyday tasks. All exercises can be done seated or standing. **No class on 1/20, 2/17.**

Ages 50+ 6 Weeks/Session Instructor Teresa Cantrell Jefferson County Community Center Resident: \$60.00 Non-resident: \$65.00

Activity #6556 Mon Jan 6-Feb 24 4:00-5:00 PM

Fitness with Suzanne



30-30-30

This early evening class is a workout class targeting the entire body. Including cardio (aerobics, walking), muscle strengthening, and toning exercises. Complete the class with stretching movements to improve flexibility and balance for a healthier you! Bring an exercise mat and hand weights to each class.

Ages 18+ 7 Weeks/Session Blue Ridge Primary School Resident: \$64.00 Non-resident: \$69.00

Activity #6545 Tue,Thu Jan 7-Feb 20 4:15-5:45 PM Activity #6546 Tue,Thu Feb 25-Apr 16 4:15-5:45 PM Activity #6547 Tue,Thu Apr 21-Jun 4 4:15-5:45 PM

Body in Motion

Relax in this calming class with slow, easy to follow simplified yoga movements. This workout helps you lengthen and strengthen the muscles while toning the body without joint stress, also improving balance and posture. Achieve a full range body motion for a healthier you! Bring an exercise mat to each class.

Ages 18+ 7 Weeks/Session
Zion Church - 215 E. Washington St., Charles Town
Resident: \$39.00 Non-resident: \$44.00

Activity #6527 Fri Jan 10-Feb 21 10:00-10:45 AM Activity #6528 Fri Feb 28-Apr 17 10:00-10:45 AM Activity #6529 Fri Apr 24-Jun 5 10:00-10:45 AM

Cardio Mix Workout

This class offers a mix of mid to high level workout including step aerobics, aerobics, or interval training, all helping to burn calories. For a total body workout, exercises to trim, tone, and strengthen the body. Bring an exercise mat and weights to each class.

Ages 18+ 7 Weeks/Session Ranson Elementary School Resident: \$42.00 Non-resident: \$47.00

Activity #6539 Mon,Wed Jan 6-Feb 19 6:45-7:30 PM Activity #6540 Mon,Wed Feb 24-Apr 15 6:45-7:30 PM Activity #6541 Mon,Wed Apr 20-Jun 3 6:45-7:30 PM

Strengthen & Tone

This low impact class will give you a total body workout to help strengthen, tone, improve balance and flexibility for a healthier you! A flexible body can reach, twist and bend without stiffness, pain or strain. Bring an exercise mat and hand weights to each class.

Ages 18+ 7 Weeks/Session
Zion Church - 215 E. Washington St., Charles Town
Resident: \$57.00 Non-resident: \$62.00

Activity #6530 Tue,Thu Jan 7-Feb 20 10:00-10:50 AM Activity #6531 Tue,Thu Feb 25-Apr 16 10:00-10:50 AM Activity #6532 Tue,Thu Apr 21-Jun 4 10:00-10:50 AM

Fitness Pass

Purchase a fitness pass for this fall for fitness classes instructed by Suzanne Dillow. Participants must present their receipt when taking a class using the fitness pass.

Activity #6551 Jan 6-Jun 6 (21 weeks) Resident: \$191.00 Non-resident: \$196.00

Just Move!

Get up and move with us! This is a class to get you back into exercise with low impact cardio; exercises to help strengthen, tone, tighten core, and improve flexibility for a total body workout. Bring an exercise mat and hand weights to each class.

Ages 18+ 7 Weeks/Session Bolivar Community Center Resident: \$56.00 Non-resident: \$61.00

Activity #6533 Tue,Thu Jan 7-Feb 20 11:40 AM-12:40 PM Activity #6534 Tue,Thu Feb 25-Apr 16 11:40 AM-12:40 PM Activity #6535 Tue,Thu Apr 21-Jun 4 11:40 AM-12:40 PM

Ages 18+ 7 Weeks/Session TA Lowery Elementary Resident: \$56.00 Non-resident: \$61.00

Activity #6536 Mon,Wed Jan 6-Feb 19 4:15-5:10 PM Activity #6537 Mon,Wed Feb 24-Apr 15 4:15-5:10 PM Activity #6538 Mon,Wed Apr 20-Jun 3 4:15-5:10 PM

Total Fitness

Get your total body workout in one class! This class (approximately 75-minutes) will include a cardio workout, exercises to strengthen and tone the body using hand weights, bands, exercise ball and hoop. Relax at the end of the class with simplified yoga/Pilates movements to help achieve a full range of body motion for a healthier you. Bring an exercise mat and hand weights to each class (ball and hoop are optional).

Ages 18+ 7 Weeks/Session Ranson Elementary School Resident: \$42.00 Non-resident: \$47.00

Activity #6542 Sat Jan 11-Feb 22 8:30-9:45 AM
Activity #6543 Sat Feb 29-Apr 18 8:30-9:45 AM
Activity #6544 Sat Apr 25-Jun 6 8:30-9:45 AM

Trimnastics

A class to trim and tone the body while improving your strength, flexibility, coordination and balance. All for a healthier you!! Bring an exercise mat and hand weights to each class.

Ages 18+ 7 Weeks/Session Ranson Elementary School Resident: \$55.00 Non-resident: \$60.00

Activity #6524 Mon,Wed,Fri Jan 6-Feb 21 5:45-6:40 PM Activity #6525 Mon,Wed,Fri Feb 24-Apr 17 5:45-6:40 PM Activity #6526 Mon,Wed,Fri Apr 20-Jun 5 5:45-6:40 PM

Ages 18+ 7 Weeks/Session
Zion Church - 215 E. Washington St., Charles Town
Resident: \$55.00 Non-resident: \$60.00

Activity #6521 Mon,Wed,Fri Jan 6-Feb 21 9:00-9:55 AM Activity #6522 Mon,Wed,Fri Feb 24-Apr 17 9:00-9:55 AM Activity #6523 Mon,Wed,Fri Apr 20-Jun 5 9:00-9:55 AM

Summer Session will begin 6/8/20

Teen & Adult Adult Athletics



Adult Basketball Drop-In

Stop by the JCCC for a friendly pick-up game of b-ball. Bring a few friends and burn off the rest of your weekend energy. \$3 per visit

Ages 18+ Jefferson County Community Center

Drop-ln Fee \$3.00 Sun, Sep 8-Dec 22 7:00-9:00 PM

(Pre-registration not available)

Late Night Indoor Soccer

Do you enjoy playing soccer, but do not have a place to play, players to field a team, or are working too late? If so, come out to join this fun activity at the Jefferson County Community Center! Pick-up games played once a week. (no drop in on 11/27, 12/25)

Ages 18+ Jefferson County Community Center

Drop-In Fee \$5.00 Wed, Nov 6-Dec 18 9:00-11:00 PM (Pre-registration not available)

Disc Golf Clinic

Travis Foreman will be instructing the clinic. He has been playing disc golf for 15 years and has been playing professionally for 10 years. This clinic will focus on the history of disc golf in addition to skills. Some skills taught will be basic throwing techniques, proper form, understanding which type of discs are needed for certain types of shots and all putting techniques. Children under 12 must be accompanied by an adult. Please bring your own discs. Please meet by the practice basket, near the gravel parking lot (where you would enter for the baseball fields).

Ages 8-Adult Jefferson County Community Center Resident: \$41.00 Non-resident: \$46.00

Activity #6504 Wed Apr 29-May 20 5:00-7:00 PM

Adult Volleyball Drop-In

Recreational volleyball offers fun and exercise for men and women. Come and enjoy the game for all in an encouraging environment. Take up this recreational sport that will add health and fun to your life! Times vary during the winter months, please call our office for details at 304-728-3207. 18 yrs & up / \$5 per visit

Ages 18+ Jefferson County Community Center

Drop-In Fee \$5.00 Thu Jan 2-May 28
(Pre-registration not available)

Pickleball

Join in on the fun that is sweeping the nation. Come with friends to play some pick up Pickleball games on our indoor courts. Take up this recreational sport that will add health and fun to your life! Or play anytime on our outdoor court behind the community center, just see the front desk for details. All ages / \$2 per visit (no pickleball on 9/23, 10/14, 11/11)

All Ages Welcome Jefferson County Community Center

Drop-In Fee \$2.00 Mon, Jan 6-May 18 8:30-11:30 AM

(Pre-registration not available)

Recreational Volleyball

Recreational volleyball offers fun and exercise for men and women. Come and enjoy the game for all in an encouraging environment. Take up this recreational sport that will add health and fun to your life! Pre-registration required. No volleyball on 2/2, 4/12, 5/24.

Ages 18+ Charles Town Middle School Resident: \$2700 Non-resident: \$32.00

Activity #6499 Sun, Jan 12-Mar 8 7:00-9:00 PM Activity #6500 Sun, Mar 29-May 31 7:00-9:00 PM

Adult Music

Beginner - Intermediate Guitar 1A

This course is designed for teens and adults who have little or no knowledge of playing the guitar. They should come with a playable guitar (acoustic or electric, note: acoustic preferred), a digital guitar tuner (optional, but, suggested), and a notebook with pencils. Students should have a strong desire to learn to play the guitar while enjoying the wonders of making music. Students will advance as fast as their progress will allow, so join us and let's rock! No class 4/9. Course Instructions are as follows: Tuning the guitar by ear and by digital tuner Guitar anatomy and their complementary names String and fret names along with proper posture and positions Fundamental picking and strumming techniques, chords and their names, basic guitar scales and exercises with proper fingering exercises.

Ages 15+ 6 Weeks/Session
Instructor Rick Cooper
Jefferson County Community Center
Resident: \$91.00 Non-resident: \$96.00

Activity #6515 Thu Jan 23-Feb 27 6:00-7:00 PM Activity #6516 Thu Mar 19-Apr 30 6:00-7:00 PM Activity #6517 Thu May 14-Jun 18 6:00-7:00 PM

Intermediate - Advanced Guitar 2A

This course is designed for teens and adults who have fundamental experience in playing guitar or have completed Course 1A. They should come with a playable guitar (acoustic or electric, note: acoustic preferred), a digital guitar tuner (optional, but, suggested), and a notebook with pencils. Students should already possess a strong desire in learning to play excellent guitar. Students will advance as fast as their progress will allow, so let's rock the house one more time! No class 4/9. Course Instructions are as follows: Intermediate and advanced picking styles and techniques Chord transition skills and related arpeggio exercises Progressive scale transition skills Reading compression of guitar tabs and chord charts Treble and bass clef interpretation skills to rhythm and their measures. Progressive skills workshop Music theory using applied guitar techniques Guitar "voicing" using harmonies and rhythm exercises Progressive guitar applications using different "modals" with chord scales.

Ages 15+ 6 Weeks/Session Instructor Rick Cooper Jefferson County Community Center Resident: \$91.00 Non-resident: \$96.00

Activity #6518 Thu Jan 23-Feb 27 7:15-8:15 PM
Activity #6519 Thu Mar 19-Apr 30 7:15-8:15 PM
Activity #6520 Thu May 14-Jun 18 7:15-8:15 PM

Jefferson County Parks & Recreation

Bus Trips

Jefferson County Parks and Recreation is planning a partnership with Clarke County Parks and Recreation to provide bus trips in Spring 2020. There are three trips planned at this time. More information will be available soon. Busses will leave from the Food Lion in Charles Town for each trip. Save the dates! Please call Joyce Moler at 304-728-3207 for more information and/or questions.



Springfest, Ocean City, MD May 9, 2020





Totem Pole Playhouse, Fayetteville, PA June 4, 2020

Always... Patsy Cline is more than just a tribute concert to the legendary country singer who died tragically at the age of 30 in a plane crash in 1963. The show is based on a true story about Cline's friendship with a fan from Houston named Louise Seger, who befriended the star in a Texas honkytonk in 1961, and continued a correspondence with Cline until her death. The musical play, complete with down home humor, true emotion and even some audience participation, includes many of Cline's hits such as "Crazy", "Walking After Midnight", "I Fall to Pieces", "Sweet Dreams" ... 27 songs in all. The show title was inspired by Cline's letters to Seger, which were consistently signed "Love ALWAYS ... Patsy Cline."





Eligibility

The scholarship program is available to **Jefferson County Residents Only**. Eligibility for a scholarship is based upon gross annual income and household size (see eligibility table below). Proper documentation must be submitted in order to be considered for eligibility (see income documentation). If the applicant does not have the required documentation then they must have income verified by Jefferson County West Virginia, Department of Social Services using their standard income verification process and methods.

Benefits

Recreational Programs and Camps: The Jefferson County Parks & Recreation Commission scholarship provides a discounted fee for classes, programs and camps on a sliding scale based on gross annual income and household size (see eligibility table below).

Annual Benefits Cap: Eligible households are allowed maximum retail value of \$200.00 in recreation classes during the fiscal year (7/1-6/30). After the maximum has been met, the discount will be void until the following fiscal year and subject to re-verification.

Eligibility Table:

Household Size	75% Discount	50% Discount	25% Discount
	(101% -138% of FPL)	(139%-150% of FPL)	(151%-200% of FPL)
1	\$12,491 - \$17,236	\$17,237 - \$18,735	\$18,736 - \$24,980
2	\$16,911 - \$23,336	\$23,337 - \$25,365	\$25,366 - \$33,820
3	\$21,331 - \$ 29,435	\$29,436 - \$ 31,995	\$31,996 - \$42,660
4	\$25,751 - \$ 35,535	\$35,536 - \$38,625	\$38,626 - \$52,500
5	\$30,171 - \$41,365	\$41,636 - \$45,255	\$45,256 - \$ 60,340
6	\$34,591 - \$ 47,734	\$47,735 - \$ 51,885	\$51,886 - \$ 69,180
7	\$39,011 - \$ 53,834	\$53,835 - \$ 58,515	\$58,516 - \$ 78,020
8	\$43,431 - \$59,933	\$59,934 - \$ 65,145	\$65,146 - \$ 86,860

Eligibility table represent discount levels based on gross annual income as compared to % of the Federal Poverty Level (FPL). Source: 2019 U.S. Department of Health and Human Services as published in the Federal Register, January 15, 2019.

Restrictions

The Jefferson County Park & Recreation Commission scholarship is not valid for the following programs or services:

- Facility Rentals
- · Birthday Parties
- Special Events
- Field/Court Rentals

Application Procedure & Income Documentation

In order to be considered for a Jefferson County Parks & Recreation Commission Scholarship a signed application with the following documentation must be submitted.

- Proof of Residency (valid driver's license, utility bill, tax statement/bill or other proof of residency and
- · A signed copy of all adult applicants current U.S. Individual Federal Income Tax Return (see below) or
- Financial information from the Department of Social Services.

Tax Return Information

For applicants submitting their current U.S. Individual Tax Return (Form 1040A or 1040EZ), you must submit Tax returns for all working adults listed on the application. The total number of people listed on the application will be used to determine the household size on the discount (above) and the income documentation must match.

Special Instructions

- If the filing status on the tax return is checked "Married filing Separately" the applicant must submit their spouses tax return.
- If the applicant can be claimed as a dependent on their tax return, the applicant must provide the tax return of the person claiming them as a dependent.

Jefferson County Parks & Recreation does not require social security numbers, so please black out that information prior to submitting. All income documentation will be destroyed following approval.

Applications with documentation may be submitted in person at Jefferson County Parks & Recreation Commission facility or mailed to: 235 Sam Michaels Lane, Shenandoah Junction, WV 25442.

Application Review & Reward

Upon receipt of a scholarship application, Jefferson County Parks & Recreation Commission staff will review the application (10-15 business days) and will make a financial assistance determination based upon the information submitted. The application will not be processed until all necessary documents are provided. All applicants will be notified once a decision has been made and the applicant's account will be activated immediately.

Reverification

Once the scholarship has been awarded, the applicant is required to re-verify their income and household size every twelve (12) months and/or when re-applying in order to maintain their scholarship discount.

Payments & Refunds

Payment is due when registering for any Jefferson County Parks & Recreation program, without exception, JCPRC accepts Cash and Credit Cards. Refunds for cancellations are issued as a credit on your JCPRC account no cash refunds will be given. If the applicant does not attend the program without prior notice to JCPRC the entire scholarship will be forfeited.



Scholarship Program

Jefferson County Parks & Recreation Commission - Scholarship Application Form

Guardian Name:		Date of Birth:			
Address:					
Telephone:					
Please list the annual gross income as	of the applications of the	cation after submiss n the most current U	ion require a new application and re-	view. on the application	
Name	Age	Date of Birth	Relationship to Applicant	Income	
	Agreeme estrictions for y agree to the ting false in reation Com	ent or Jefferson County ne rules and restricti formation. I undersi	on outlined in the scholarship progratand that I may be subject to review e right to request more information, i	gram. By signing im. I understand for eligibility once	
Signature			Date		
JCPRC Staff Use Only Date Received Income Submitted: Yes Applicant Notified: Email	No Annu		Date: Discount Awarded		

Plan your next Party at the Park!

Birthdays Showers Family Friends Fun!

Pick your timeslot!

Saturdays

3:00pm-5:00pm 5:30pm-7:30pm

8:00pm-10:00pm

Sundays

10:00am-12:00pm 12:30pm-2:30pm

3:00pm-5:00pm

Timeslots are reserved on a first-come, first-serve basis. Some dates may not have parties available.



What you get!

"Bounce Away" Party Package includes 1/2 gym, moon bounce, and tables and chairs set-up for 25 participants. "Bounce Away" Party Package costs \$149. You are able to decorate for your party however you choose.

NEW! Bounce & Clow Party Our NEW "Bounce & Glow" Party Package includes 1/2 gym, blacklight & white-light playtime, moon bounce, glow party favors for guests, and tables and chairs set-up for 25 participants. "Bounce & Glow" Party Package costs \$175. You are able to decorate for your party however you choose.

We will have a birthday party attendant on staff to help with questions the day of the event. Kids can play basketball, bring their nerf blasters, and have plenty of space to run and bounce! (Additional participants can join the fun for \$5 each!)

Please note, set up/clean up must be complete within the alotted time. All guests are required to sign a liability waiver.



How to book!

Call our office at 304-728-3207 and we will be happy to get your Party booked!



All party packages are available at the Jefferson County Community Center in Sam Michaels Park. 235 Sam Michaels Lane, Shenandoah Junction, WV 25442





Jefferson County Parks & Recreation

A perfect place to grow...

www.jcprc.org





FACILITY RENTAL FEES

Facility/Equipment	Base Fee JC County Resident	Additional Fees	Discount Fee Non-Resident	Additional Fees	Jefferson County Non-Profit Mon-Thurs Only (excludes holidays)
Pavilions					
Sam Michaels Park Mason Pavilion	\$125/Day	\$30 Kitchen Extra Table \$7 ea	\$135/Day	\$30 Kitchen Extra Table \$7 ea	50% Discount*
Sam Michaels Park Veterans Pavilion	\$125/Day Veterans-\$93/Day	Extra Table \$7 ea	\$135/Day Veterans-\$93/Day	Extra Table \$7 ea	50% Discount*
Leetown Park Pavilion	\$90/Day		\$100/Day		50% Discount*
Mount Mission Park Pavilion	\$125/Day	\$30 Kitchen	\$135/Day	\$30 Kitchen	50% Discount*
James Hite Park Pavilion	\$50/Day		\$60/Day		50% Discount*
Jefferson County Community Ce	nter	64/01 :		Φ4/OI :	
Full Gym	\$100/Hour	\$1/Chair \$3/Table	\$110/Hour	\$1/Chair \$3/Table	50% Discount*
Half Gym	\$60/Hour	\$1/Chair \$3/Table	\$70/Hour	\$1/Chair \$3/Table	50% Discount*
Activity Room	\$40/Hour		\$50/Hour		50% Discount*
Dance Room	\$20/Hour		\$30/Hour		50% Discount*
Athletic Fields					
Baseball/Softball Fields	\$20/Hour	Lights \$10/hour	\$25/Hour	Lights \$10/hour	
Soccer Fields	\$20/Hour		\$25/Hour	,	
Tennis Courts	\$10/Hour		\$10/Hour		
Special Events Facilities & Servi					
Festival Field		ontact info@jcpro			
The Amp at Sam Michaels Park		ontact info@jcpro			
Dog Park	\$250/Day	φ=0.1 <i>C</i> ;; ;	\$250/Day	AFO 1 (1)	
Tournament Field (8am-8pm)	\$200/Event	\$50 Kitchen	\$200/Event	\$50 Kitchen	
Tournament Field - All Nighter	\$250/Event	\$50 Kitchen	\$250/Event	\$50 Kitchen	
5K Course (EMS required on site)	\$150/Event		\$150/Event		
Disc Golf Course The Columns Event Facility	\$100/Day \$250/3-day rental		\$100/Day \$250/3-day rental		
Camping at Moulton Park	\$20/Day		\$20/Day		
Nerf Wars Course	\$25/2 Hours		\$25/2 Hours		
Inflatable Movie Screen (onsite only)			\$25/2 Hours		

^{*} Jefferson County Based Non-Profit Organizations must provide a 501c3 verfication to receive a discounted rate. 50% rentals are only available Mon-Thurs and do not include holidays.

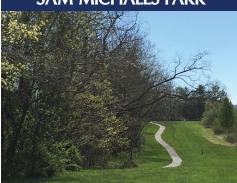
Jefferson County Parks and Recreation

235 Sam Michaels Lane Shenandoah Juction, WV 25442 info@jcprc.org 304-728-3207 www.jcprc.org

^{**} Events with an expected attendance over 100 people muse contact our office for a special events application.

Park & Facility Information

SAM MICHAELS PARK



The entrance to this one hundred and thirty acre park is located on Job Corps Road, near Harpers Ferry. The private setting of this park offers the perfect place to host weddings, receptions, and reunions and family events. The well shaded Mason Picnic Pavilion offers an adjacent kitchen and restroom facility. The Veterans Memorial Pavilion offers picnic tables, bathrooms and close proximity to the large playground area and Jefferson County Community Center. You will also find The Columns at Sam Michaels, baseball fields, athletic fields, playgrounds, walking and running trails, dog park, disc golf, event space and more.



The Amp at Sam Michaels Park; Jefferson County's newest concert and Festival Venue opened in Spring of 2019.

PETER BURR FARM

The oldest wood frame structure in West Virginia, Peter Burr Farm is owned and maintained by the Jefferson County Historic Landmarks Commission. They offer events and workshops to the public periodically though out the year. More information can be found at: http://www.jeffersoncountyhlc.org

JAMES HITE PARK



Our newest 119-acre park that includes a 2-mile walking trail, soccer and football fields Aand picnic pavilions. Future plans include, playground, dog park and softball fields.

BOLIVAR NATURE PARK



Located on primrose alley, near Harpers Ferry, this 7-acre park is filled with plenty of botanical delights. A walking trail allows you to stroll through the park.

MOUNT MISSION PARK



This picturesque three and one-half acre park is located on Mission Road, near Shannondale. The picnic pavilion, complete with restroom and kitchen facilities, has played host to family reunions, weddings, and birthday parties. An old church on site, a newly renovated playground, new basketball hoop, horseshoe pits, sand volleyball and a baseball diamond make this park a convenient site for neighborhood get-togethers.

LEETOWN PARK



Located one mile East of Leetown, on off of old Leetown Pike, this ten-acre park has been a gathering for softball games since the 1970's. On the park grounds are lighted softball fields, tennis courts, a playground, picnic pavilion, horse shoe pits, concession stand and new renovated restroom facility. This park offers a great place to host your company's softball league or to simply relax and just play a pick-up game of baseball.

Ball fields available for reservations.

SOUTH JEFFERSON PARK



Located on Route 1, between Summit Point and Middleway, this seventy-one acre park accommodates six baseball fields, tennis courts, concession stand, a playground, and basketball court.

MOULTON PARK



On the shore of the Shenandoah River, just North of the Bloomery Bridge, this half-mile of river frontage features camping and other recreational opportunities. A public boat ramp gives access for fishing the Shenandoah River. Camping is restricted to permit only, available at the Jefferson County Community Center.

Jefferson County Parks and Recreation has two undeveloped parks, Harvest Hills Park and Heather Marriot Park.

Additional Park information - including rental information is available at www.jcprc.org or by calling our office at 304-728-3207.

Jefferson County Parks 1. James Hite Park 2545 Hite Road, Leetown 2. Leetown Park 56 Jefferson Orchard Road, Leetown 3. Harvest Hills Park (not developed) 4. Sam Michaels Park 235 Sam Michaels Lane, Shenandoah Junction 5. Bolivar Nature Park 294 Jefferson Street, Bolivar 6. South Jefferson Park 4095 Leetown Road, Summit Point 7. Moulton Park 716 Bloomery Road, Charles Town 8. Heather Marrior Park (not developed) 9. Mount Mission Park 4210 Mission Road, Harpers Ferry A. Peter Burr Farm Owned by Jefferson County Historical Society Operated and Maintained by JC Parks & Rec



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Contact us at info@jcprc.org

We thank the these busineses for supporting Parks and Recreation programming and parks! Each year nearly 70,000 Activity Guides are distributed to the community! For more information, please email info@jcprc.org Thank you for your support!



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Physicals

Sports

Physicals



235 Sam Michaels Lane, Shenandoah Junction, WV 25442

Phone: 304-728-3207 email: info@jcprc.org web: www.jcprc.org

Cancellation/Refund Request Form

This form is required for all refund/credit considerations.

Please complete the form and return to: bwhittington@jcprc.org or to the Jefferson County Community Center.

Refund to be issued to:	Signature:
Activity Name:	Activity Number:
Participant's Name:	Phone Number:
Address:	City/State/Zip:
Reason for refund request:	

Jefferson County Parks and Recreation Cancellation/Refund Policy

Our refund policy encourages early decisions, so as to not affect other customers or our ability to deliver efficient programs. All requests for refunds must be made prior to the start of the program. Registrations that require advanced tickets are not refundable. Refunds for Sports League registrations must be made prior to the listed league registration deadline. There are no refunds for missed sessions.

After initial registration, refund requests must be submitted in writing via refund request form and will be honored in the following manner:

Cancellation requested	14 days prior	7-13 days prior	Less than 7 days prior
Refund	Full refund minus \$12 admin fee	50% of the program cost+\$12 admin fee	Not eligible
Account Credit	Full refund minus \$12 admin fee	50% of the program cost + \$12 admin fee	Approval required. If approved, \$12 admin. fee will be applied
Program Transfer	\$5 transfer fee	\$5 transfer fee	Approval required. If approved, \$12 admin. fee will be applied.

Additional fees, including out-of-county fees, supply or material fees, t-shirt costs, or others, will not be included in the refund or credit.

Any time a transfer from one program to another program is requested by a customer, there will be a \$5 transfer fee added to the transaction.

If a program or activity is canceled due to low enrollment, a full refund or credit will be issued to your account within seven business days of the cancellation. No administrative fees will apply.

If a program or activity is canceled due to inclement weather, and is not able to be rescheduled, a credit will be issued to your JCPRC account within 7 days of the missed class.

If JCPRC reschedules or offers a make-up for missed or canceled classes, no refunds or credits will be issued.

Activity Fee Paid:	
☐ Transfer?	☐ Withdraw?
Minus Service Fee:	
Subtotal:	
Supply Fees Issued: t-shirts/materials/out-o	f-county fees)
ET REFUND:	
ec. Program Supervisor	Approval:
☐ Refund Cre	edit to JCPRC Account
☐ Refund to C	Credit Card
☐ Refund Che	eck Paid
Please allow 7	⁷ days for processing.
Office Use Only:	
☐ Refund Processed	Date:
☐ Credit Processed	Approval:
	• •

Registration & Policy Information



Payments & Fees:

- •Please make your check(s) payable to: Jefferson County Parks & Recreation.
- •A \$25 fee will be charged for all returned check and declined credit cards.
- •Incomplete registrations cannot be processed—full payment must accompany
- •A \$5 out-of-county fee will be charged to any person not living in Jefferson County.
- •A \$5 late fee will be charged if registration is received after the program starts.
- •JCPRC is not responsible for lost, late, or misdirected mail.
- •Registration is for the program, not attendance—no make ups, refunds or credits will be offered for missed classes.

Age Policy:

Program participants must be the advertised age before the program starts.

Scholarships:

Scholarships are available for some programs. Contact Brenda at the JCPRC (304) 728-3207 or email bwhittington@jcprc.org.

Cancelation Policy:

Programs may be cancelled due to insufficient registration, school closings, or inclement weather. Check social media the most up-to-date information.

Mark Your Calendar:

NO REMINDERS WILL BE SENT. You will only be notified if there is a problem processing your registration or if the class is canceled.

Media/Photography:

- •The JCPRC reserves the right to take pictures at all events, activities, and programs. Pictures may be displayed in future commercials, brochures and web
- •Parents/children cannot take photos during classes without permission from the instructor and/or other parents of registered participants.

Attention Parents:

- •JCPRC instructors or staff are not responsible for your child prior to or after class time.
- •It is the responsibility of the parent/guardian to notify JCPRC staff of any medical conditions/special needs of a child prior to the start of class.

Discipline Policy:

The JCPRC has a discipline policy for recreation programs/facilities. In the event the participant is asked to leave a program/facility, no refund will be issued.

Trips Alcohol Policy:

We strive to have a family atmosphere on our trips. If you choose to drink while on our trips, please do so in a responsibly and make arrangements to have a designated driver for your trip home from the bus drop off area.

Refund Policy:

See new policy on the previous page page.

Oops:

While every effort is made to provide accuracy in this activity guide, mistakes do happen. JCPRC staff reserves the right to make final decisions about programming.

Jefferson County Community Center:The Jefferson County Community Center is located in

Sam Michael's Park. It hosts many of our activities and the main office for park business and programming.

Facility Hours
Facility Hours Monday - Friday8am-8pm
Office Hours (Monday - Friday)9am-5pm
Weekend hours vary, please call 304-728-3207.

Observed Holidays

The Park Office will be closed on the following holidays:	
New Years Day	January 1
Martin Luther King Day	January 20
President's Day	February 17
Easter Sunday	April 12
Memorial Day	May 25
**The Community Center may remain	open for some
holidays, please check with instructors	at the start of
class to confirm meeting dates.**	

In addition to holidays, the Community Center may close to conserve our operating budget if programs or rentals are not using the space. Always call the office at 304-728-3207 to check for availability of open gym or general facility use.

General Facility Use:

"General Facility Use" provides access to the fitness room, open gym, and indoor walking track. Punch Passes have no expiration date. Membership and Punch Passes cannot be used for programming or classes. Additional Fees apply for indoor playground.

Facility Use Fees:

Youth (6-18 years)	Daily Fee: \$2
20 Visit Punch Pass: \$30	Yearly Pass: \$150
Adults (19-59 years)	Daily Fee: \$2
20 Visit Punch Pass: \$30	Yearly Pass: \$150
Senior Adults (60+ years)	Daily Fee: \$1
20 Visit Punch Pass: \$15	Yearly Pass: \$100

Inclement Weather:

Jefferson County Parks and Recreation makes every effort to contact customers if classes are canceled due to inclement weather. Sometimes time is short due to quickly changing conditions. Please check the Jefferson County Parks and Recreation Facebook Page for the most up-to-date information about cancelations.

ICPRC Commission

The Jefferson County Parks and Recreation Commission meets at 7:00 pm every third Wednesday of each month, except August and December, at the Jefferson County Community Center, located at Sam Michael's Park. The JCPRC is always open to input from citizens in the community for ideas or programs that may be beneficial to the county. Call the JCPRC office at (304)728-3207 for more information or to request to be put on the agenda for an upcoming meeting.

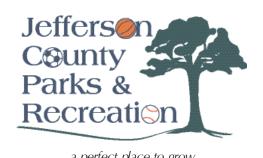
Board Term Length: 3 years. Board members are appointed by the Jefferson County Commission. Board members are as follows.

Toni Milbourne, President Dale Manuel **David Dinges**

Ann Mountz, Vice President Paul Marshall Katie Osantowski

David Hill, Treasurer **Gene Taylor Jimmy Pierson**

Heather McIntyre, Secretary Missy Thompson

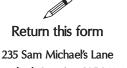


Register online

WWW.jcprc.org

Call our office 304-728-3207

Credit Card Signature



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Payer Name					Home *			
Address					Work The Wor			
City		State Zip		ip	Cell 🖀			
Email Address								
Participant Birth Name M/			Activity # Class Title		Class Title		Allergies? Medical Conditions?	Class Fee
Emergency Contac (Not Yourself. This person will be contacted	ted if we cannot reach th	e person lis	ted above.)			Non-Re: Please Add \$5 if NOT live in Jeffe	sident Fee your do rrson County.	
Relation Parent Grandparent						Total	Due	
Emergency Phone						IUlai		
Payment Options	□Cash			□Cr	redit Card #			
Rec'd by	□Check No.				Exp. Date		CVC Code	

I/We have read the below Participant Waiver & Release and sign voluntarily. X

We the staff of the Jefferson County Parks and Recreation Commission (JCPRC), recognize our obligation to make our participants, both young and old, fully aware of the inherent risks associated with sports and recreational activities that we offer. Participants may suffer injuries, including, but not limited to minor injuries such as bruises and more serious injuries such as broken bones, dislocations, muscle pulls and stitches. There are many other risks of injury including catastrophic injuries such as permanent paralysis or even death from back or neck or head injuries which may arise due to participation in this activity. JCPRC insists that all students and their parents agree to abide by all of the safety rules and policies of JCPRC. JCPRC. Its coaches, volunteers, instructors, and staff members will not accept responsibility of injuries sustained by any participant while participating in our programs. I hereby consent to have my child participate in programs offered by the JCPRC. I have read the preceding information, and I am now fully aware of the hazards and risks associated and the distinct possibility of injuries that my child or myseld may suffer as a result of participation in the sport or activity. I realize it is not possible to specifically list each and every individual injury risk, and I voluntarily assume all risks normally incident to the nature of the activities of which I am registering. It is hereby agreed that I, my executors, or other representatives waive and release all rights and claims for damages that I may have individually, or that my executors or other representatives may have on my behalf, or on behalf or my child, against JCPRC and/or Jefferson County Commission, their representatives, whether paid or volunteer, for any injuries or damages that my child or myseld sustain in connection with programs or other activities related to the JCPRC. I also understand that injury incurred and the resulting medical expense from that injury will be my responsibility and JCPRC will not be r

Office Use Only

Date





235 Sam Michael's Lane Shenandoah Junction, WV 25442

Phone: 304-728-3207 Fax: 304-728-9746 Email: info@jcprc.org Website: www.jcprc.org

Return Service Requested