

## WHO TO CALL FOR HELP

<b>ALL EMERGENCIES</b>	<b>DIAL 9-1-1</b>
Non-Emergency Jefferson County Emergency Communications Center	304-725-8484
Jefferson County Homeland Security and Emergency Management	304-728-3290
American Red Cross	304-725-5015
Salvation Army	304-267-4612
Jefferson Co Health Dept.	304-728-8415
WVU Healthcare - Jefferson Medical Center	304-728-1600
WVU Healthcare - Berkeley Medical Center	304-264-1000
Winchester, VA Med Center	540-536-8000
Potomac Edison Power	888-544-4877
Other _____	

**During disasters/emergencies:** Please listen to your local radio stations, your local television stations and monitor Comcast: Channel 19 on your TV for disaster information from the local Emergency Operations Center. A NON-Emergency telephone number will be listed to call if you need assistance from the EOC.

## Sign Up for Nixle Alerts

Jefferson County Homeland Security and Emergency Management now offers emergency alert notifications by text, e-mail, Twitter, and

Facebook through a product called Nixle. In order to sign up for these alerts go to <http://local.nixle.com/register> or text your Jefferson County zip code to 888777 and then text JCHSEM to the same number. There is no charge to sign up for Nixle services

### Follow us on Facebook and Twitter!

To 'like' us on Facebook, just log into your Facebook account and search for "Jefferson County WV Homeland Security and Emergency Management" or <https://www.facebook.com/JeffersonCountyHSEM>

Follow us on Twitter at [@JCHSEM](https://twitter.com/JCHSEM). Visit our pages often to find out the latest information on upcoming events, meetings, activities, and weather alerts.

### JEFFERSON COUNTY HOMELAND SECURITY AND EMERGENCY MANAGEMENT

28 Industrial Boulevard  
Kearneysville, WV 25430

Phone: 304-728-3329

Fax: 304-728-3320

Email: [bvallee@jeffersoncountywv.org](mailto:bvallee@jeffersoncountywv.org)

<http://www.jeffersoncountywv.org/county-government/departments/homeland-security-and-emergency-management>



## BE PREPARED

WHERE YOU LIVE,  
WHERE YOU WORK,  
WHERE YOU PLAY AND  
WHERE YOU PRAY

Building Community Partnerships, Assessing Risks & Vulnerabilities, All Hazards Mitigation Planning, Preparedness, Education, and Training to make Jefferson County and the Region Resistant to Future Disasters and Emergencies.

**304-728-3329**

## MAKE A FAMILY DISASTER PLAN

**Know what types of disasters happen** in our area - consult the Jefferson County Risk Assessment and All Hazards Plan at [www.jeffersoncountywv.org](http://www.jeffersoncountywv.org)

**Meet with your family** to discuss types of disasters and how you will prepare. Decide if you have to evacuate, where you will go. Know what to take if you need to evacuate or if you need to shelter-in-place. Practice evacuating from your home.

**Plan how to contact family members**. Discuss 2 meeting places. One a safe distance from your house and one outside of your neighborhood. Have an out-of-state family contact person.

### **Post All Emergency Phone Numbers**

**Show family members** how and when to shut off water, propane/heating oil, and electricity

**Install Smoke Detectors** on every level of your home. Check monthly, change batteries every 6 months.

### **Learn First Aid and CPR**

**Meet your Neighbors** and plan how you will work together in an emergency.

**Take CERT Training** (Community Emergency Response Team) from the Jefferson County Homeland Security and Emergency Management

### **Practice and Maintain Your Plan**

Remember to **include your pets and farm animals in your family disaster planning**. Red Cross Shelters cannot allow pets other than service animals into their shelters.

## MAKE A DISASTER PREPAREDNESS KIT

**Check your kit every six months!  
Check your clocks, check your  
stocks.**

### **Food/Water**

Water – 1 Gallon per person per day. Store extra water if you have pets. Canned meats, fruits, vegetables, juice, milk, soup, sugar, salt, pepper, peanut butter, jelly, crackers, granola bars, vitamins, specialty diet items, comfort/stress foods. Be sure to rotate food in accordance with its expiration date.

### **First Aid Kit**

Bandages, Gauze, Tape, Triangular bandages, Roller bandages, Scissors, Tweezers, Needles, Towelettes, Safety Pins, Soap, Gloves, Sunscreen, Aspirin/Tylenol, Anti-diarrhea medication, Antacid, Syrup of Ipecac, Laxative, Activated Charcoal, Medical Dropper

### **Sanitation**

Paper Towels/Toilet Paper/Towelettes, Soap, Feminine Supplies, Personal Hygiene Items (Tooth Paste, Deodorant, etc.), Plastic Garbage Bags, Plastic Bucket with tight lid, Disinfectant, Bleach

### **Tools/Supplies**

Mess Kit/Paper Cups/Plates/Utensils, Emergency Preparedness Manual, Battery Operated Radio/Batteries, Flashlight/Extra Batteries, Cash/Change, Non-Electric Can Opener, Utility knife

### **Tools/Supplies (Cont.)**

ABC-Type Fire Extinguisher, Tube Tent, Pliers, Tape, Needle & Thread, Shut off wrench for water & gas, Whistle, Plastic Sheeting, Map of area, Compass, Waterproof Matches, Aluminum Foil, Plastic Storage Container, Signal Flares, Paper/Pencil/Pen

### **Clothing & Bedding**

Sturdy Shoes/Work Boots, Sunglasses, Rain Gear, Blankets/Sleeping Bags, Hats/Gloves (Including Work Gloves and Winter Gloves), Thermal Underwear, Seasonal Clothing (Exchange every 3 months)

### **Specialty Items:**

**Baby:** Formula, Diapers, Bottles, powdered milk, Medications, Bedding, Stroller

**Adults:** Medication, denture needs, Contacts/glasses

**Entertainment:** Games & Books

**Copies of Family Documents:** Will, insurance, deeds, stocks/bonds, Social Security Cards, immunizations, credit card account numbers and companies, birth, marriage and death certificates, important phone numbers.

**Pets:** Food, Water, Leash, Collar, Vet Records, ID Tag, Pet Carrier, Picture with you and your pet.