

Jefferson County Parks & Recreation

# Activity Guide

Winter & Spring 2017



A perfect place to  
Jefferson  
County  
Parks &  
Recreation



[www.jcprc.org](http://www.jcprc.org)

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# Welcome!



## What can I do at Parks & Rec?

### 1-3 years old

Dance Lessons	Family Special Events
Gymnastics	Indoor Playground
Martial Arts	Toddler Learning Time
Pony School	

### 3-6 years old

Martial Arts	Soccer Skills (3+)
Dance Lessons	Indoor Futsal League (4-6)
Gymnastics	Basketball Academy (5-8)
Indoor Playground	Nerf Wars (5-14)
Learn to Ride (4-10)	Play & Learn Preschool
Ms. Shelley's Pony School (2.5-5)	Indoor Futsal League (4-14)
Animal Adventures (4-11)	Soda Can Animals (3-5)
Family Special Events	Lady Bug Houses (3-5)
Spring Break Sports Camp (5-12)	Plant Starters (3-5)
Little All Stars	

### 6-12 years old

Martial Arts	Volleyball Clinics (8-13)
Dance Lessons	Spring Break Sports Camp (5-12)
Gymnastics & Cheer	Archery (8-12)
Learn to Ride (4-10)	Archery 101, 201, 301 (11+)
Inventor's Workshop (8+)	SNAG Golf (8-13)
Lego Engineering (7-13)	Soccer Skills (3-11)
Animal Adventures (4-11)	Indoor Futsal League (4-14)
Family Special Events	Basketball Academy (5-12)
Nerf Wars (5-14)	Trailblazers (8-13)
SportFit w/ Mr. Earl (8-12)	Girls' Volleyball League (8-12)
SportFit w/Ms. Heidi (8-12)	Basketball 3V3 TGF (5-11)

### Teens & Adults

Teen Ninjas	Baby Boomer Gadgets
Adult Self Defense (18+)	Window Screen Painting
Gymnastics & Cheer	Recreational Volleyball (18+)
Family Special Events	Discover WV Outdoors (18+)
Nerf Wars (5-14)	What's it like to work in a Zoo & Aquarium Laboratory?
Nerf Wars - Redux! (18+)	Wildlife Forensic Science
Trail Blazers Running Club (8-13)	Sewing and Quilting (15+)
Archery 101, 201, 301 (11+)	Needle Tatting (15+)
SNAG Golf (8-13)	Publishing 101 (18+)
Boot Camp (18+)	Pilates (18+)
Adult Volleyball Drop-In (18+)	Intro to Genealogy (8-12)
Country Line Dancing (18+)	New York Bus Trip (18+)
Square Dance	Ocean City Bus Trip (18+)
Knitting and Crochet (18+)	Sight & Sound Bus Trip (18+)
Late Night Indoor Soccer (18+)	Cake Decorating (13+)
Adult Fitness Classes (18+)	Real Estate Pre-Licensing (18+)

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## Our Staff

Jennifer Myers.....	Director
David Kling.....	Assistant Director
Tim Lykins.....	Park Manager
Brenda Whittington.....	Administrative Coordinator
Becki Zaglifa .....	Public Relations
Joyce Moler.....	Administrative Assistant
Nicole Cooper .....	Office Assistant
Mary Reck .....	Office Assistant

## Scholarships Available

Scholarships are available for some programs.  
 Contact Brenda at the JCPRC  
 (304) 728-3207 or email [bwhittington@jcprc.org](mailto:bwhittington@jcprc.org).

# Martial Arts

## Mommy & Me Karate

Bring an adult buddy to help you improve coordination and balance. This is a perfect opportunity to play and learn skills together. Wear loose fitting clothing, and be prepared to go barefoot.



**1-5 yrs / 6 wks / \$49 Instructor: Chelsy Erickson**

**Jefferson County Community Center**

**Program #3993 Sun, 1/8-2/12 1:45-2:15 pm**

**Program #3994 Sun, 2/26-4/2 1:45-2:15 pm**

**Program #3995 Sun, 4/23-6/11 1:45-2:15 pm**

(no class 5/14, 5/28)

## Little Dragons

The classes will cover basic karate skills, balance, coordination, self control, respect and, most importantly, the children will have fun!



Wear loose fitting clothing.

**3-5 yrs / 6 wks / \$49 Instructor: Chelsy Erickson**

**Jefferson County Community Center**

**Program #3996 Sun, 1/8-2/12 2:30-3:00 pm**

**Program #3997 Sun, 2/26-4/2 2:30-3:00 pm**

**Program #3998 Sun, 4/23-6/11 2:30-3:00 pm**

(no class 5/14, 5/28)

## Little Ninjas

This is a traditional beginner karate course for youth ages 4-6. Participants will learn balance, coordination, respect, discipline, self-esteem, self-control, and more-- all while having fun!



**4-6 yrs / 6 wks / \$55 Instructor: Chelsy Erickson**

**Jefferson County Community Center**

**Program #3999 Sun, 1/8-2/12 3:15-3:45 pm**

**Program #4000 Sun, 2/26-4/2 3:15-3:45 pm**

**Program #4001 Sun, 4/23-6/11 3:15-3:45 pm**

(no class 5/14, 5/28)

## Homeschool Karate

Gain confidence and discipline while learning the basics of martial arts in a friendly and warm atmosphere.



**6-12 yrs / 6 wks / \$59**

**Instructor: Chelsy Erickson**

**Jefferson County Community Center**

**Program #4011 Sun, 1/8-2/12 12:45-1:30 pm**

**Program #4012 Sun, 2/26-4/2 12:45-1:30 pm**

**Program #4013 Sun, 4/23-6/11 12:45-1:30 pm**

(no class 5/14, 5/28)



Adults and teens 16 and older, when accompanied by an adult, are welcome to use our fitness room and indoor gym for only \$2 daily. Senior adult fee is only \$1 daily. No contracts, no membership fees. 20 visit punch passes and year passes are available.

## Ninjas

Are you a beginner-intermediate level participant or an experience belt holder? Come out and join our traditional karate class. Develop or hone your karate skills while you gain balance, control, coordination, strength, and flexibility. There is now optional belt testing with our Instructor! Ask instructor for more details.



**7 yrs & Up / 6 wks / \$65 Instructor: Chelsy Erickson**

**Jefferson County Community Center**

**Program #4002 Sun, 1/8-2/12 4:00-5:00 pm**

**Program #4003 Sun, 2/26-4/2 4:00-5:00 pm**

**Program #4004 Sun, 4/23-6/11 4:00-5:00 pm**

(no class 5/14, 5/28)

## Advanced Ninjas

For advanced students who are interested in learning more self defense and testing for belts. Previous training is required for this class whether it has been through parks and rec or from another instructor.



All students with previous experience are welcome.

**7 yrs & Up / 6 wks / \$65 Instructor: Chelsy Erickson**

**Jefferson County Community Center**

**Program #4005 Sun, 1/8-2/12 5:15-6:15 pm**

**Program #4006 Sun, 2/26-4/2 5:15-6:15 pm**

**Program #4007 Sun, 4/23-6/11 5:15-6:15 pm**

(no class 5/14, 5/28)

## Teen Ninjas

Are you a beginner-intermediate level participant or an experienced belt holder? This class is a continuation of Ninja class for more advanced students. Develop or hone your karate skills while you gain balance, control, coordination, strength, and flexibility. There is now optional belt testing with our instructor!



Please see your instructor for more details.

**13-17 yrs / 6 wks / \$65 Instructor: Chelsy Erickson**

**Jefferson County Community Center**

**Program #4008 Sun, 1/8-2/12 6:30-7:30 pm**

**Program #4009 Sun, 2/26-4/2 6:30-7:30 pm**

**Program #4010 Sun, 4/23-6/11 6:30-7:30 pm**

(no class 5/14, 5/28)

## Adult Self Defense

This class is paced for a cardio workout. Advanced students may be performing multiple techniques while a beginner is practicing one technique at the same pace. In this way, we train you safely while providing a challenging pace and thorough workout.

**18 yrs & up / 6 wks / \$65 Instructor: Chelsy Erickson**

**Jefferson County Community Center**

**Program #4014 Sun, 1/8-2/12 11:30 am-12:30 pm**

**Program #4015 Sun, 2/26-4/2 11:30 am-12:30 pm**

**Program #4016 Sun, 4/23-6/11 11:30 am-12:30 pm**

# Dance Lessons

## Tiny Tot

You and your toddler will begin to learn pre-ballet skills as you journey through music and movement to learn body awareness, how to follow directions, and have fun. Parent participation may be required.



**2-3 yrs / 6 wks / \$45 Instructor Ariel Cifala**

**Jefferson County Community Center**

Program #4059 Tues, 1/10 - 2/14 3:00-3:45 pm  
 Program #4060 Tues, 2/28-4/4 3:00-3:45 pm  
 Program #4061 Tues, 4/25-5/30 3:00-3:45 pm

## Pre-Ballet 1

This class combines the basics of ballet along with teaching rhythm and coordination. The students will grow to love ballet. Pink leotard and ballet slippers are recommended.



**3 yrs & up / 6 wks / \$55 Instructor Mikaela Petersen**

**Jefferson County Community Center**

Program #4035 Mon, 1/9 - 2/27 3:30-4:15 pm  
(no class 1/16, 2/20)  
 Program #4036 Mon, 3/13-4/24 3:30-4:15 pm  
(no class 4/17)  
 Program #4037 Wed, 1/11-2/15 6:25-7:10 pm  
 Program #4038 Wed, 3/1-4/5 6:25-7:10 pm  
 Program #4039 Wed, 4/26-5/31 6:25-7:10 pm

**3 yrs & up / 4 wks / \$37 Instructor - Mikaela Petersen**

**Jefferson County Community Center**

Program #4040 Mon, 5/8-6/5 3:30-4:15 pm  
(no class 5/29)

**5-7 yrs / 6 wks / \$45 Instructor Ariel Cifala**

**Jefferson County Community Center**

Program #4041 Tues, 1/10-2/14 4:00-4:30 pm  
 Program #4042 Tues, 2/28-4/4 4:00-4:30 pm  
 Program #4043 Tues, 4/25-5/30 4:00-4:30 pm

## Pre-Ballet 2

This class combines the basics of ballet along with teaching rhythm and coordination. The students will grow to love the fine art of ballet.



Pink leotard, pink tights and pink shoes are recommended.

**5 yrs & up / 6 wks / \$55 Instructor Mikaela Petersen**

**Jefferson County Community Center**

Program #4044 Wed, 1/11-2/15 4:45-5:30 pm  
 Program #4045 Wed, 3/1-4/5 4:45-5:30 pm  
 Program #4046 Wed, 4/26-5/31 4:45-5:30 pm

## Tap 1

Have fun learning the basic steps to become a tap dancer! Al Gilbert Graded Tap Method. Pink leotard.



**5 yrs and up / 6 wks / \$55**

**Instructor Mikaela Petersen**

**Jefferson County Community Center**

Program #4056 Wed, 1/11-2/15 5:35-6:20 pm  
 Program #4057 Wed, 3/1-4/5 5:35-6:20 pm  
 Program #4058 Wed, 4/26-5/31 5:35-6:20 pm

## Ballet 1

Designed for students who have graduated from pre-ballet at Royal Stars or transferring from other school, learn the fundamentals of a ballet barre and center steps. Students who have earned blue star or above may wear royal blue leotard all others black leotard all students wear pink tights, pink shoes. No skirts, hair in bun or pinned out of face.



**6 yrs & up / 6 wks / \$55 Instructor Mikaela Petersen**  
**Jefferson County Community Center**

Program #4047 Mon, 1/9 - 2/27 5:40-6:40 pm  
(no class 1/16, 2/20)  
 Program #4048 Mon, 3/13-4/24 5:40-6:40 pm  
(no class 4/17)

**6 yrs & up / 6 wks / \$55 Instructor Cara Patterson**  
**Jefferson County Community Center**

Program #4050 Sun, 1/8 - 2/19 4:20-5:20 pm  
(no class 2/5)  
 Program #4051 Sun, 2/26-4/2 4:20-5:20 pm  
 Program #4052 Sun, 4/23-6/11 4:20-5:20 pm  
(no class 5/14, 5/28)

**6 yrs & up / 4 wks / \$37 Instructor Mikaela Petersen**  
**Jefferson County Community Center**

Program #4049 Mon, 5/8-6/5 5:40-6:40 pm  
(no class 5/29)

## Ballet 2

Progress beyond the basics of ballet in this class of barre and center combinations. Black or Royal Blue leotard, pink tights, pink shoes. Hair in bun or pinned out of face. Experience is required. 7 year olds may take this class if they've had Ballet 1.



**8 yrs & up / 6 wks / \$55 Instructor Mikaela Petersen**  
**Jefferson County Community Center**

Program #4053 Mon, 1/9 - 2/27 4:30-5:30 pm  
(no class 1/16, 2/20)  
 Program #4054 Mon, 3/13-4/24 4:30-5:30 pm  
(no class 4/17)

**8 yrs & up / 4 wks / \$37 Instructor Mikaela Petersen**  
**Jefferson County Community Center**

Program #4055 Mon, 5/8-6/5 4:30-5:30 pm  
(no class 5/29)

## Jazz

Jazz is the combination of fast, upbeat movements and music that expresses a contemporary style.



Jazz shoes or tennis shoes and comfortable clothes are recommended.

**7 yrs and up / 6 wks / \$55 Instructor Cara Patterson**  
**Jefferson County Community Center**

Program #4065 Sun, 1/8 - 2/19 3:10-4:10 pm  
(no class 2/5)  
 Program #4066 Sun, 2/26-4/2 3:10-4:10 pm  
 Program #4067 Sun, 4/23-6/11 3:10-4:10 pm

## Hip Hop

Hip hop is a fast and upbeat form of urban dance elements. Students should wear comfortable clothing and jazz shoes or sneakers.



**7 yrs and up / 6 wks / \$55 Instructor Cara Patterson**  
**Jefferson County Community Center**

Program #4062 Sun, 1/8 - 2/19 2:00-3:00 pm (no class 2/5)  
 Program #4063 Sun, 2/26-4/2 2:00-3:00 pm  
 Program #4064 Sun, 4/23-6/11 2:00-3:00 pm  
(no class 5/14, 5/28)

# Hobbies & Crafts

## Indoor Playground

Offered on Thursdays & Fridays, this activity is for children ages 1-5 and allows them to explore various obstacles on their own. Indoor play toys are provided and young children have plenty of room to run and play in a non-confined environment. Adults are responsible for supervising the children they bring. Please no more than five children per adult. Any preschools or other large groups, please call 304-728-3207 in advance to let us know you are coming. Purchase a 10 punch pass for \$40 and save \$10! Indoor Playground may close for set-up of special events.

**1-5 yrs / \$5 for first child, \$3 for additional siblings**  
**Jefferson County Community Center**  
**Thur, Fri starting 9/8 10:00 am-3:00 pm**  
 (no indoor playground 1/27, 2/24, 4/21)

## Learn to Ride

Parents, can't get your child to let you take those training wheels off their bike? Come to Sam Michael's Park to get them off. JCPRC staff will be outside with your child to help them succeed. Most of the training will be done in the grass and with mats in case of a fall. A special technique will also be used to enhance balance before they try to ride. Child must have a helmet. JCPRC will also be doing bike fitting, chain lubrication, tire inflation, and helmet fitting. Please be sure to bring your child's bike. Training wheels must be easy to remove; please bring them as well if your child uses them.

**4-10 yrs / 1 day / \$18 Instructor Jeff Fiolek**  
**Jefferson County Community Center, rear parking lot.**  
**Program #4026 Sat, 4/22 10:00 am-12:00 pm**  
**Program #4027 Sat, 5/20 10:00 am-12:00 pm**

## LEGO Engineering

Build engineer designed projects such as boats, bridges, mazes, cars and use special pieces to create your own unique designs. Children are not able to take any LEGOs used in this class home.

**7-13 yrs / 4 wks / \$60 Instructor Heidi Citro**  
**Jefferson County Community Center**  
**Program #4028 Wed, 1/11-2/1 5:45-7:15 pm**  
**Program #4029 Wed, 2/22-3/15 5:45-7:15 pm**  
**Program #4030 Wed, 4/5-5/3 5:45-7:15 pm**  
 (no class 4/19)  
**Program #4031 Wed, 5/17-6/7 5:45-7:15 pm**



## What's Inside? Inventor's Workshop

Have you ever wondered how something works or what it looks like on the inside? Young inventors will have a chance for exploration, destruction, and invention in this newly created class! During the first three weeks of class, kids will be given their own household object to disassemble and explore. Objects will include phones, hand mixers, alarm clocks and more. Parts and pieces will be stored for each participant, so on the last day of class, kids will create their own, new invention with all they have collected. This is a great opportunity for kids to learn what makes ordinary, everyday objects tick, spin, move and work!

(Eye protection will be required and provided for each participant. Kids will be using tools such as hammers, hot glue guns, and screwdrivers. A signed waiver will be required before participants will be admitted to class)

**8 yrs & up / 4 wks / \$55 Instructor Barb Matlock**  
**Jefferson County Community Center**  
**Program #4032 Thur, 1/19-2/9 5:30-6:30pm**  
**Program #4033 Thur, 3/2-3/23 5:30-6:30pm**  
**Program #4034 Thur, 4/27-5/18 5:30-6:30pm**



## Ms. Shelley's Pony School

These 'parent-child' classes, brought to you by instructors from Ms. Shelley's Pony School each include a story, song, hands-on activity, a horse lesson, a craft/manipulative and a short riding lesson. Your child will learn a wide range of information about ponies and horses. They will have fun and become more confident around ponies, and gradually learn to control the pony at the walk. This is an ideal program for small children who are fearful around large animals, but will also provide enough hands-on time to please children who are more eager to interact with the horses. Classes may run late due to number of students and to ensure each child has their time with the horse. For more information about Ride from the Start Pony School please visit [www.msshelleysponyschool.com](http://www.msshelleysponyschool.com).

**2.5-5 yrs / 4 wk / \$65 Majestic Reins Stable**

**Program #4020 Sa, 3/18-4/8 3:00-4:00 pm**  
**Program #4021 Sa, 3/18-4/8 4:30-5:30 pm**  
**Program #4022 Sa, 4/22-5/13 3:00-4:00 pm**  
**Program #4023 Sa, 4/22-5/13 4:30-5:30 pm**



## Animal Adventures

Meet and learn about real, live, exotic animals! Under close adult supervision, participants will hold, pet, and/or feed animals throughout this six week course. Animals include birds, reptiles, hedgehogs, amphibians, and invertebrates. Students will learn about proper animal handling, basic biology, animal behavior, animals' jobs in nature, husbandry, and the importance of biodiversity. Classes also include coloring and/or crafts related to the animals present each week. One or more animals will be at each class.

**4-11 yrs / 6 wk / \$89 Instructor Melissa Kowalski**  
**Jefferson County Community Center**

**Program #4024 Fri, 1/20-2/24 5:00-6:00 pm**  
**Program #4025 Fri, 3/3-4/7 5:00-6:00 pm**



# Gymnastics & Cheerleading



## Tumbling into 2's

Bring an adult buddy to help you improve coordination and balance on our gymnastics equipment. Go through an obstacle course using large motor skills, swing on the bars, and improve balancing skills on the beam.



Wear loose fitting clothing, and be prepared to go barefoot.

**Early Bird Only \$37!**  
Register before 12/25, 2/12, 4/9

**1-2 yrs / 6 wks / \$47**

**Jefferson County Community Center**

**Program #3960 Mon, 1/9-2/27 4:30-5:00 pm**  
(no class 1/16, 2/20)

**Program #3961 Mon, 3/6-4/10 4:30-5:00 pm**

**Program #3962 Mon, 4/24-6/5 4:30-5:00 pm**  
(no class 5/29)

## Tumble Bugs

For our youngest gymnasts. This 40 minute parent participation preschool gymnastic program is ideal for the beginner tumbler. This program focuses on developing your child's gymnastic and creative movement skills. Gymnasts will learn the basics of rolls, handstands and jumps all while developing their upper and lower body coordination, flexibility and strength. Walk on the beam and swing on the bars, this program is fun for both the child and the adult.



**Early Bird Only \$42!**  
Register before 12/25, 2/12, 4/9

**2-3 yrs / 6 wks / \$52**

**Jefferson County Community Center**

**Program #3963 Sun, 1/8-2/12 1:00-1:40 pm**

**Program #3964 Sun, 2/26-4/2 1:00-1:40 pm**

**Program #3965 Sun, 4/23-6/11 1:00-1:40 pm**  
(no class 5/14, 5/28)

## Tumble Bunnies

A fun and imaginative way to learn gymnastics basics. Our 45 minute beginner preschool gymnastic program is designed to introduce basic gymnastic skills to young children who have no gymnastic experience and to those who have not yet acquired basic gymnastic skills. Gymnasts will work on skills using the beam, bars and springboard. Gymnasts will learn forward and backward rolls, bridges, handstands and cartwheels. This introduction to basic gymnastics is both fun and rewarding as the gymnast discovers the many new ways that they



**Early Bird Only \$53!**  
Register before 12/25, 2/12, 4/9

**3-4 yrs / 6 wks / \$63**

**Jefferson County Community Center**

**Program #3966 Sun, 1/8-2/12 2:00-2:45 pm**

**Program #3967 Sun, 2/26-4/2 2:00-2:45 pm**

**Program #3968 Sun, 4/23-6/11 2:00-2:45 pm**  
(no class 5/14, 5/28)

**Program #3969 Mon, 1/9-2/27 5:10-5:55 pm**  
(no class 1/16, 2/20)

**Program #3970 Mon, 3/6-4/10 5:10-5:55 pm**

**Program #3971 Mon, 4/24-6/5 5:10-5:55 pm**  
(no class 5/29)

## Tumble Bears

Our beginner program is designed to introduce basic gymnastic skills to young children who have no gymnastic experience and to those who have not yet acquired basic gymnastic skills. Gymnasts will work on skills using the beam, bars and springboard.



**Early Bird Only \$58!**  
Register before 12/25, 2/12, 4/9

**4-6 yrs / 6 wks / \$68**

**Jefferson County Community Center**

**Program #3972 Sun, 1/8-2/12 3:00-4:00 pm**

**Program #3973 Sun, 2/26-4/2 3:00-4:00 pm**

**Program #3974 Sun, 4/23-6/11 3:00-4:00 pm**  
(no class 5/14, 5/28)

**Program #3975 Mon, 1/9-2/27 6:05-7:05 pm**  
(no class 1/16, 2/20)

**Program #3976 Mon, 3/6-4/10 6:05-7:05 pm**

**Program #3977 Mon, 4/24-6/5 6:05-7:05 pm**  
(no class 5/29)

## Beginner Gymnastics

In this 60 minute program students will learn the proper fundamentals of gymnastics. Our fun filled weekly lesson plans will keep the students interested and excited about learning the basics of gymnastics. Gymnasts will work on skills using the beam, bars and springboard. Gymnasts will learn forward and backward rolls, bridges, handstands and cartwheels. This introduction to basic gymnastics is both fun and rewarding. Parents are welcome to observe during the last class.



**Early Bird Only \$58!**  
Register before 12/25, 2/12, 4/9

**6-12 yrs / 6 wks / \$68**

**Jefferson County Community Center**

**Program #3978 Sun, 1/8-2/12 4:15-5:15 pm**

**Program #3979 Sun, 2/26-4/2 4:15-5:15 pm**

**Program #3980 Sun, 4/23-6/11 4:15-5:15 pm**  
(no class 5/14, 5/28)

**Program #3981 Mon, 1/9-2/27 7:15-8:15 pm**  
(no class 1/16, 2/20)

**Program #3982 Mon, 3/6-4/10 7:15-8:15 pm**

**Program #3983 Mon, 4/24-6/5 7:15-8:15 pm**  
(no class 5/29)



### Intermediate Gymnastics

This program is for gymnasts that have mastered basic positions and skills. The intermediate gymnastic level introduces the gymnast to skills on the high beam, handstand forward rolls, round offs, front walkovers and back walkovers. Gymnasts will also work on skills using the bars and springboard. Parents are welcome to observe during the last class.



**Early Bird Only \$58!**  
Register before 12/25, 2/12, 4/9

**6-14 yrs / 6 wks / \$68**  
Jefferson County Community Center

<b>Program #3984</b>	<b>Sun, 1/8-2/12</b>	<b>5:30-6:30 pm</b>
<b>Program #3985</b>	<b>Sun, 2/26-4/2</b>	<b>5:30-6:30 pm</b>
<b>Program #3986</b>	<b>Sun, 4/23-6/11</b>	<b>5:30-6:30 pm</b>
	(no class 5/14, 5/28)	
<b>Program #3987</b>	<b>Mon, 1/9-2/27</b>	<b>7:15-8:15 pm</b>
	(no class 1/16, 2/20)	
<b>Program #3988</b>	<b>Mon, 3/6-4/10</b>	<b>7:15-8:15 pm</b>
<b>Program #3989</b>	<b>Mon, 4/24-6/5</b>	<b>7:15-8:15 pm</b>
	(no class 5/29)	

### Fundamentals of Cheerleading

This program is ideal for beginners who want to learn cheerleading. Children will be taught basic knowledge of cheerleading moves and motions, beginner tumbling skills, cheers and chants, & more.



**Early Bird Only \$58!**  
Register before 12/25, 2/12, 4/9

**6-15 yrs / 6 wks / \$68**  
Jefferson County Community Center

<b>Program #3990</b>	<b>Sun, 1/8-2/12</b>	<b>6:45-7:45 pm</b>
<b>Program #3991</b>	<b>Sun, 2/26-4/2</b>	<b>6:45-7:45 pm</b>
<b>Program #3992</b>	<b>Sun, 4/23-6/11</b>	<b>6:45-7:45 pm</b>
	(no class 5/14, 5/28)	



## Teen & Adult

### Boot Camp

Burn fat & gain muscle, tone and strengthen your core all in one hour!! We start with 40 minutes of boot camp—this consists of a mixture of cardio segments, strength training segments and calisthenics. Plus, a few, fun surprises to burn fat and motivate you. We will end with 20 minutes of Pilates core work that will target your abs, back, hips, and glutes. Beginner to Advanced variations will be taught.



**CHILDCARE INCLUDED** (Please see Childcare Guidelines)

**18 yrs and up / 8 wks / \$128** Instructor Teresa Cantrell  
Jefferson County Community Center

<b>Program #4123</b>	<b>Tues &amp; Thur, 2/14-4/6</b>	<b>9:30-10:30 am</b>
<b>Program #4124</b>	<b>Tues &amp; Thur, 4/11-6/1</b>	<b>9:30-10:30 am</b>

**18 yrs and up / 8 wks / \$70** Instructor Teresa Cantrell  
Jefferson County Community Center

<b>Program #4125</b>	<b>Tues, 2/14-4/6</b>	<b>9:30-10:30 am</b>
<b>Program #4126</b>	<b>Tues, 4/11-5/30</b>	<b>9:30-10:30 am</b>

**18 yrs and up / 8 wks / \$70** Instructor Teresa Cantrell  
Jefferson County Community Center

<b>Program #4127</b>	<b>Thur, 2/16-4/6</b>	<b>9:30-10:30 am</b>
<b>Program #4128</b>	<b>Thur, 4/13-6/1</b>	<b>9:30-10:30 am</b>

### Pilates

The Pilates method emphasizes core and powerhouse strength and lengthens and strengthens muscles. Pilates exercises do not include a lot of repetitions for each move. Instead, we will be doing each exercise with precision to get significant results in a shorter time. Beginner to Advanced variations will be taught. This is a great follow-up class to Boot Camp, and also works well as a stand-alone class.



**CHILDCARE INCLUDED** (Please see Childcare Guidelines)

**18 yrs and up / 8 wks / \$70** Instructor Teresa Cantrell  
Jefferson County Community Center

<b>Program #4129</b>	<b>Tues, 2/14-4/4</b>	<b>10:30-11:00 am</b>
<b>Program #4130</b>	<b>Tues, 4/11-5/30</b>	<b>10:30-11:00 am</b>

### Guidelines for Childcare:

- Childcare is available only for the first 15 children.
- No guarantee is made that childcare is available each class. Please call in advance for daily availability.
- Participants **MUST** pre-register in order to take advantage of childcare.
- Childcare is **FREE** for the first 2 children a participant has. The participant **must** pay \$5 for the 3rd and 4th child each (not to exceed 4 children). This fee must be paid each time they bring more than 2 children. Fee is payable at the front desk before your class begins.



### Body Business

This is a full body workout with choreographed dance routines, floor work and stretching.

Instructor **Sandra Watkins**

**18 yrs & up / 11 weeks / \$55** Shepherdstown Elem. School  
**Program #4147** Mon/Wed, 1/23-4/5 5:30-6:30 pm

**18 yrs & up / 9 weeks / \$45** Shepherdstown Elem. School  
**Program #4148** Mon/Wed, 4/10-6/7 5:30-6:30 pm

### Square Dance Level 1

Square dancing is a fun way to obtain both mental and physical exercise. Doctors who square dance, praise the physical and social benefits of square dancing. Nice, easy and fun lessons prepare you for club level dancing. There are several square dancing clubs in nearby areas. The dancers have more fun than you can imagine. We will square dance as couples, but singles are invited into lessons. Also, families, adults and children are invited. Experienced square dancers from a local club will be available to fill in as partners where needed. In square dancing, you will meet many, many friendly people. Square dancing is considered to be "Friendship", set to music. The instructor will have booklets of square dance movements (calls), which cost \$4.



**All ages / 7 wk / \$35 Instructor Carl Odell**  
**Charles Town Middle School - Cafeteria**  
**Program #4131 Mon, 1/23-3/13 7:00-9:00 pm**  
 (no class 2/20)

### Square Dance Level 2

Once the level 1 class is over, continue on to the level 2 class, where you will practice your new skills and enjoy the company of the other new dancers as well as the experienced helpers who will continue to attend classes to assist you in gaining more skills.



**All ages / 7 wk / \$35 Instructor Carl Odell**  
**Charles Town Middle School - Cafeteria**  
**Program #4132 Mon, 3/27-5/15 7:00-9:00 pm**  
 (no class 4/17)

### Country Line Dancing Level 1

Learn the basics of dance, dance floor etiquette, and at least six dances to the style of country music. Please wear smooth soled shoes.



**18 yrs & up / 7 wks / \$55 (Single) Instructor Allen Keefer**  
**Charles Town Middle School - Cafeteria**  
**Program #4149 Th, 1/5-2/16 6:30-7:30 pm**  
**Program #4150 Th, 3/2-4/13 6:30-7:30 pm**  
**Program #4151 Th, 4/27-6/8 6:30-7:30 pm**

**18 yrs & up / 7 wks / \$85 (Couple) Instructor Allen Keefer**  
**Charles Town Middle School - Cafeteria**  
**Program #4152 Th, 1/5-2/16 6:30-7:30 pm**  
**Program #4153 Th, 3/2-4/13 6:30-7:30 pm**  
**Program #4154 Th, 4/27-6/8 6:30-7:30 pm**

### Country Line Dancing Level 2

Continue the basics of country line dance level 1. Dance classes are co-sponsored by the Boot Kicker International, and you must register with them at a cost of \$30. Please wear smooth soled shoes.



**18 yrs & up / 7 wks / \$55 (Single) Instructor Allen Keefer**  
**Charles Town Middle School - Cafeteria**  
**Program #4155 Th, 1/5-2/16 7:30-8:30 pm**  
**Program #4156 Th, 3/2-4/13 7:30-8:30 pm**  
**Program #4157 Th, 4/27-6/8 7:30-8:30 pm**

**18 yrs & up / 7 wks / \$85 (Couple) Instructor Allen Keefer**  
**Charles Town Middle School - Cafeteria**  
**Program #4158 Th, 1/5-2/16 7:30-8:30 pm**  
**Program #4159 Th, 3/2-4/13 7:30-8:30 pm**  
**Program #4160 Th, 4/27-6/8 7:30-8:30 pm**

### Square Dance Caller's Workshop

This course is for beginner square dance callers. The students will learn the techniques of resolving the square, to get original dancers back with original partners and back to the home position in the proper sequence. Students will learn how to chain calls together to make an interesting dance and how to conduct a party dance for non-square dancers.



**All ages / 6 wk / \$40 Instructor Carl Odell**  
**Charles Town Middle School - Cafeteria**  
**Program #4133 Tues, 1/17-2/21 7:00-9:00 pm**  
**Program #4134 Tues, 3/7-4/11 7:00-9:00 pm**

### Discover WV Outdoors...One Destination at a Time

WEST VIRGINIA IS HOME TO SOME OF THE MOST BEAUTIFUL SCENERY AND UNIQUE ATTRACTIONS AND ACTIVITIES IN THE UNITED STATES.



In this class, you will explore the many ways you can enjoy West Virginia Outdoors. Whether you have lived in WV your whole life or are new to the state, the information shared in this class will identify destinations and activities of interest to you. Whether you want to experience nature in a wilderness setting or just relax and unwind, the mountain state offers unlimited opportunities to satisfy your interests. From full service resorts and secluded cabins and developed campgrounds and wilderness camping, you can experience it all and more. Participants are welcome to share information about interesting places to go while traveling the mountain state. Brochures and other materials about destinations in West Virginia will be provided.

Register early as this class is expected to fill up fast!  
 Registered participants may bring a guest

**18 yrs & up / 1 day / \$10 Instructor Clark Dixon**  
**Charles Town MS - Room 53**  
**Program #4164 Mon, 4/10 6:30-8:30 pm**

### Knit or Crochet for Charity

If you knit, crochet, or do any other needlecrafts and would like to use your time and talents to donate handmade items to local charities, this group will give you the opportunity to enjoy an afternoon of needlework while doing just that. Please bring your own knitting needles/crochet hooks/yarn/supplies to class. The only cost to you is your time, talents, and whatever yarn you can provide. There will be a variety of knit and crochet patterns and project ideas available. There may also be some donated materials available at class. If you would like to speak with the facilitator prior to class please call 304-725-3172 (before 7pm please). Please note: Some guidance will be provided but this class **NOT** an instructional class.



**14 yrs & up / 1 day / Free**  
**Apple Tree Gardens - Community Room**

**Program #4143 Tues, 1/10 12:30-2:00 pm**  
**Program #4144 Tues, 2/21 12:30-2:00 pm**  
**Program #4145 Tues, 3/28 12:30-2:00 pm**  
**Program #4146 Tues, 4/25 12:30-2:00 pm**

### Beginner Quilting

Have you ever wanted to learn to quilt but the process seemed too intimidating? Come to this beginner class and learn the steps of piecing a quilt top and then putting it together into a lap quilt you can say you did yourself. Students will need to provide their own materials. Please bring sewing machine if you have one.



**15 yrs & up / 6 wks / \$60** Instructor Nancy Bender  
Charles Town MS - FACS Room  
Program #4188 Wed, 2/15-3/22 6:30-8:30 pm

### Beginner Garment Sewing - Level 1

This beginner sewing class is for the absolute beginner. If you have the desire to sew but have no idea where to start, this class is for you. Learn how to use a sewing machine, read a pattern and make a pair of pajama pants. Students will need to provide their own materials. Supply list will be provided at first class.



**15 yrs & up / 4 wks / \$40** Instructor Nancy Bender  
Charles Town MS - FACS Room  
Program #4186 Tues, 1/17-2/7 6:30-8:30 pm

### Beginner Garment Sewing - Level 2

This beginner sewing class is for the absolute beginner. If you have the desire to sew but have no idea where to start, this class is for you. Learn how to use a sewing machine, read a pattern and make a pair of pajama pants. Students will need to provide their own materials. Supply list will be provided at first class.



**15 yrs & up / 6 wks / \$60** Instructor Nancy Bender  
Charles Town MS - FACS Room  
Program #4187 Wed, 4/5-5/17 6:30-8:30 pm  
(no class 4/19)

### Beginner Tatting

Lace making looks complicated and tedious but it doesn't have to be. Tatting is fun and easy to learn. Come learn to make lace, doilies, ornaments and more. Students will need to purchase "Learn Tatting Step-by-Step Kit", which is \$28 or may purchase one from the instructor.



**15 yrs & up / 4 wks / \$40** Instructor Nancy Bender  
Charles Town MS - FACS Room  
Program #4189 Wed, 2/15-3/22 6:30-8:30 pm

### Intermediate Sewing & Quilting

If you have basic sewing skills but want to expand your knowledge and skills, this class is for you. Learn new techniques and improve your sewing skills with a pattern of your choice (suggestions from instructor are available). A supply list will be supplied upon registration.



**15 yrs & up / 6 wks / \$60** Instructor Nancy Bender  
Charles Town MS - FACS Room  
Program #4184 Th, 1/5-2/9 6:30-8:30 pm  
Program #4185 Th, 3/2-4/6 6:30-8:30 pm

### Introduction to Genealogy

Genealogy is gaining in popularity and many people wonder where to start. Come learn how to research your family tree, what information to trust and how to choose genealogy software. Bring your laptop or tablet and follow along to some interesting research sites.

### Beginners / Intermediate Knitting

**Beginners:** Learn the basic knit and purl stitches, how to cast on and bind off, and how to understand basic patterns. A **supply fee of \$14** is to be paid to the instructor at the first class to cover the cost of yarn (both cotton and acrylic), a tote bag, knitting needles, yarn needles, and a variety of patterns.



**Intermediates:** Refresh your skills, receive assistance with patterns, stitches, or techniques. Feel free to bring a project from home. If you would like to contact the instructor prior to class to discuss your needs, please call 304-725-3172 (please, no calls after 7:00 p.m.)

**14 yrs & up / 4 wks / \$30** Instructor Judy Slusher  
Jefferson County Community Center  
Program #4136 Tues, 1/17-2/7 9:30-11:30 am

**14 yrs & up / 4 wks / \$30** Instructor Judy Slusher  
Charles Town MS - Library  
Program #4135 Tues, 2/28-3/21 6:00-8:00 pm

\*Kids under the age of 14 are welcome to take this class, but must be accompanied by a registered adult.

### Beginners / Intermediate Crochet

**Beginners:** Learn basic crochet stitches and how to read a basic pattern. There will be a **\$12 supply fee** to be paid to the instructor at the first class which covers the cost of yarn (both cotton and acrylic), a crochet book, tote bag, stitch samples, and a variety of patterns.



**Intermediates:** Refresh your skills, receive assistance with patterns, stitches, or techniques. Feel free to bring a project from home. If you would like to contact the instructor prior to class to discuss your needs, please call 304-725-3172 (please, no calls after 7:00 p.m.)

**14 yrs & up / 4 wks / \$30** Instructor Judy Slusher  
Jefferson County Community Center  
Program #4137 Mon, 3/6-3/27 9:30-11:30 am

**14 yrs & up / 4 wks / \$30** Instructor Judy Slusher  
Charles Town MS - Library  
Program #4138 Mon, 3/28-4/25 6:00-8:00 pm  
(no class 4/18)

\*Kids under the age of 14 are welcome to take this class, but must be accompanied by a registered adult.

### Complete Your Own Knit/Crochet Project

This class is designed for students who know the basic knit or crochet stitches and would like to learn new techniques, or need help in completing a project. The instructor will provide individualized attention while you refresh skills or learn new ones. Please bring a project to work on. Assorted patterns will also be available. Please call 304-725-3172 (please, no calls after 7:00 p.m.) prior to class to discuss your project requirements or with any questions.



**14 yrs & up / 4 wks / \$30**  
Instructor Judy Slusher  
Jefferson County Community Center  
Program #4139 Tues, 1/17-2/7 12:00-2:00 pm  
Program #4140 Mon, 1/23-2/13 2:00-4:00 pm  
Program #4141 Mon, 3/6-3/27 12:00-2:00 pm  
Program #4142 Mon, 4/3-5/1 12:00-2:00 pm  
(no class 4/17)

**15 yrs & up / 4 wks / \$40**  
Instructor Nancy Bender  
Jefferson County Community Center  
Program #4190 Mon, 3/20-4/10 6:30-8:30 pm



### Introduction to Cake Decorating

We cannot actually bake a cake in class, but we will discuss various tips and tricks for baking the perfect cake. This will include ways of preventing 'doming' and crusty edges; using the proper pan and how to fill it. Our discussion will include various ways to prepare the oven and the cake pan as well as cooling the cake properly to prevent it from sticking. We will prepare a 'crusting buttercream' recipe in class, demonstrating flavoring and coloring the icing. The difference between 'crusting' and 'non-crusting' icing will be discussed as well as the ingredients for both. Icing consistency will be explained and demonstrated. Icing will be distributed among the students and each will have the opportunity to both flavor and color the icing to be used to decorate cupcakes during class. Pastry bags, couplers and icing tips will be explained and each student will be given the opportunity to prepare a pastry bag with a coupler and without. Finally, students will be shown various techniques for decorating their cupcakes, and will decorate their cupcakes in class.



Students will be asked to bring a large towel to protect the tabletop as well as six cupcakes of their choice. A container to take decorated cupcakes home will be required. Please bring a pen/pencil and note paper for taking notes during class. Pastry bags, couplers and icing tips will be provided. **All minors must be accompanied by an adult/guardian.**  
A \$10 supply fee is due to the instructor at the beginning of class.

**13 yrs & up / 1 wks / \$35** Instructor **Mary Ann Nelson**  
Jefferson County Community Center  
Program #4207 **Tues, 2/7** 6:30-8:30 pm  
Program #4208 **Tues, 5/9** 6:30-8:30 pm

### Cake Decorating 1

The proper way to torte a cake and fill it will be demonstrated and explained. The use of a 'crusting buttercream' will be demonstrated, resulting in a perfectly smooth, iced cake ready for decorating. Icing consistency will be explained. Basic decorating techniques will be demonstrated such as borders, simple flowers and leaves, as well as writing and printing on your cake. Students will be given the opportunity to practice these skills prior to decorating their cake. Students will be then given the opportunity to torte, dill and ice their cake, using the newly learned techniques to decorate the cake in class.



Students will also be asked to bring a container of 'crusting' buttercream for both icing their cake and for the decorations they will be making. (Recipe available upon request) Please bring a pen/pencil and note paper for taking notes during class. Pastry bags, couplers and icing tips will be provided. **All minors must be accompanied by an adult/guardian.**  
A \$10 supply fee is due to the instructor at the beginning of class.

**13 yrs & up / 1 wks / \$35** Instructor **Mary Ann Nelson**  
Jefferson County Community Center  
Program #4209 **Tues, 2/14** 6:30-8:30 pm  
Program #4210 **Tues, 5/16** 6:30-8:30 pm

### Baby Boomer Gadgets (to help you live independently)

Do you want to age gracefully, stay independent and in your own home? This class is for you. Learn about the many helpful "gadgets" that can make your life easier. Kitchen, bathroom, car, home, security and the top 10 items seniors should have. Come find out and enjoy the show.



**13 yrs & up / 3 wks / \$20** Instructor **Clare Chesnavage**  
Jefferson County Community Center  
Program #4197 **Sat, 1/21-2/4** 4:30-5:30pm  
Program #4198 **Sat, 2/25-3/11** 4:30-5:30pm  
Program #4199 **Sat, 4/29-5/13** 4:30-5:30pm

### Window Screen Painting,

#### A Baltimore Folk Art

Learn to paint on a window screen. This unique folk art will introduce you to a new form of art. It's fun and easy. **There is a \$10 supply fee payable to the instructor at the first class.**



**13 yrs & up / 4 wks / \$30** Instructor **Clare Chesnavage**  
Jefferson County Community Center  
Program #4191 **Sat, 1/21-2/11** 10:00 am-12:00 pm  
Program #4192 **Sat, 2/25-3/18** 10:00 am-12:00 pm  
Program #4193 **Sat, 4/29-5/20** 10:00 am-12:00 pm

### What's it like to work in a Zoo & Aquarium Laboratory?

What goes on in a zoo and aquarium hospital? Do wild animals get sick? How do you treat an electric eel or a tarantula? How do you find out why an animal is sick when they can't tell you? Come to this fun, informational class and find out.



**13 yrs & up / 3 wks / \$20** Instructor **Clare Chesnavage**  
Jefferson County Community Center  
Program #4194 **Sat, 1/21-2/4** 12:30-1:30pm  
Program #4195 **Sat, 2/25-3/11** 12:30-1:30pm  
Program #4196 **Sat, 4/29-5/13** 12:30-1:30pm

### Wildlife Forensic Science

When a wildlife law is violated, forensic science can be an important part of finding the criminal. Join in the investigation. Learn about wildlife crime solving. Lots of hands on activities for children and adults.



**There is a \$10 supply fee payable to the instructor at the first class.**

**13 yrs & up / 3 wks / \$20** Instructor **Clare Chesnavage**  
Jefferson County Community Center  
Program #4200 **Sat, 1/21-2/4** 2:00-4:00pm  
Program #4201 **Sat, 2/25-3/11** 2:00-4:00pm  
Program #4202 **Sat, 4/29-5/13** 2:00-4:00pm

### Real Estate Pre-Licensing Class West Virginia Real Estate 90- Hour Pre-licensing

Blue Ridge Community and Technical College is partnering with Jefferson County Parks and Recreation to bring the WV Real Estate Course to Jefferson County. The course is approved through Blue Ridge Community and Technical College by the West Virginia Real Estate Commission. This course meets the education requirements of the West Virginia Real Estate Commission for real estate pre-licensing WV REC Provider # 66 . Students must have a completion certificate from this course in order to apply for the West Virginia Real Estate Examination. Students must complete the 60-hour online component and the 33 hour in-class component in order to receive a certificate of completion. Students must receive a final grade of 75% or higher in order to receive a certificate of completion. Live classes are mandatory and students must document 60 hours of online time. The online portion of the course is provided by Dearborn RECampus - Modern Real Estate Practice

To register call 304-260-4380 ext. 2411 or use this link for the non-credit registration website <http://blueridgectc.augusoft.net/>

Wednesdays 5:30-8:30 pm

June 14, 2017-August 30, 2017

Location: Jefferson County Community Center

Fee: \$599



### Cardio Mix

Class offers a mix of mid to high level workouts including step aerobics, aerobics or interval training. There will also be 20 minutes of core training, total body toning and stretching. *Bring an exercise mat and hand weights to each class.*



**18 yrs & up / 9 wks / \$50** Instructor Suzanne Dillow  
Ranson Elementary School

Program #4175 Mon/Wed, 1/2-3/1 6:45-7:40 pm  
Program #4176 Mon/Wed, 3/13-5/17 6:45-7:40 pm

### Trimnastics

A class to increase your strength and flexibility while trimming and toning the body with floor exercises that will help maintain or gain a fitness level for a healthier you! Stretching movements for flexibility can inch your way from stiff to limber. *Bring an exercise mat and hand weights to each class.*



**18 yrs & up / 9 wks / \$65** Instructor Suzanne Dillow  
Ranson Elementary School

Program #4165 Mon/Wed/Fri, 1/2-3/3 5:45-6:35 pm  
Program #4166 Mon/Wed/Fri, 3/13-5/19 5:45-6:35 pm

**18 yrs & up / 9 wks / \$65** Instructor Suzanne Dillow  
Zion Church - 215 E. Washington St., Charles Town

Program #4167 Mon/Wed/Fri, 1/2-3/3 9:00-10:00 am  
Program #4168 Mon/Wed/Fri, 3/13-5/19 9:00-10:00 am

### Fit N Trim

A class to get you back to exercise with a low impact workout to help strengthen, tone, improve flexibility and 10 minutes of cardio for a total body workout. *Bring an exercise mat and hand weights to each class.*

**18 yrs & up / 9 wks / \$60** Instructor Suzanne Dillow  
Bolivar Community Center

Program #4171 Tu/Th, 1/5-3/3 12:00-1:00 pm  
Program #4172 Tu/Th, 3/14-5/18 12:00-1:00 pm

**18 yrs & up / 9 wks / \$60** Instructor Suzanne Dillow  
T.A. Lowery

Program #4173 Mon/Wed, 1/4-3/2 4:20-5:10 pm  
Program #4174 Mon/Wed, 3/13-5/17 4:20-5:10 pm

### Total Fitness

Get your total body workout in one class! This class (approximately 75 minutes) will include a cardio workout, exercises to strengthen and tone the body using hand weights, bands, and exercise ball (optional). Relax at the end of the class with simplified yoga/pilates movements to help achieve a full range of body motion for a healthier you. *Bring an exercise mat and hand weights to each class.*



**18 yrs & up / 9 wks / \$45** Instructor Suzanne Dillow  
Ranson Elementary School

Program #4177 Sat, 1/7-3/4 8:30-9:45 am  
Program #4178 Sat, 3/18-5/20 8:30-9:45 am

### 30-30-30

This low impact class will give you a total body workout to help strengthen, tone, improve balance and flexibility. A flexible body can reach, twist and bend without stiffness, pain or strain for a healthier you!



*Bring an exercise mat and hand weights to each class.*

**18 yrs & up / 9 wks / \$70** Instructor Suzanne Dillow  
Blue Ridge Elementary School

Program #4179 Tu/Th, 1/3-3/2 4:30-6:00 pm  
Program #4180 Tu/Th, 3/14-5/18 4:30-6:00 pm

### Strengthen & Tone

This low impact class will give you a total body workout to help strengthen, tone, improve balance and flexibility. A flexible body can reach, twist and bend without stiffness, pain or strain, for a healthier you!



*Bring an exercise mat and hand weights to each class.*

**18 yrs & up / 9 wks / \$65** Instructor Suzanne Dillow  
Zion Church - 215 E. Washington St., Charles Town

Program #4169 Tu/Th, 1/3-3/2 10:00-10:50 pm  
Program #4170 Tu/Th, 3/14-5/18 10:00-10:50 pm

### Fitness Pass

Purchase a fitness pass for this fall for fitness classes instructed by Suzanne Dillow. Participants must present their receipt when taking a class using the fitness pass.



Program #4181 9 wks, 1/2-3/4 Cost: \$88  
Program #4182 9 wks, 3/13-5/20 Cost: \$88  
Program #4183 18 wks, 1/2-5/20 Cost: \$150

### Late Night Indoor Soccer

Do you enjoy playing soccer? Come out to join this fun activity at the Jefferson County Community Center for a pick-up game! Sign up for the entire season and save \$20.



**18 yrs & up / 20 wks / \$100 for full session or \$6 per visit**  
Jefferson County Community Center

Program #4205 Wed, 1/4-5/24 9:00-11:00 pm  
(No soccer on 4/19)

### Adult Volleyball Drop-In

Do you enjoy playing volleyball but can't find a gym to play at? No worries, we are offering a drop-in volleyball program for adults 18 and up. Sign up for the entire fall session and save \$17.



**18 yrs & up / 14 wks / \$80 for full session or \$6 per visit**  
Jefferson County Community Center

Program #4206 Thur, 1/5-4/6 8:15-10:15 pm  
(No volleyball drop-in on 3/31)

### Recreational Volleyball

Recreational volleyball offers fun and exercise for men and women. Come and enjoy the game for all in an encouraging environment. Take up this recreational sport that will add health and fun to your life! Pre-registration required.



**18 yrs & up / 8 wks / \$25** Charles Town MS

Program #4203 Sun, 1/15-3/5 7:00-9:00 pm  
Program #4204 Sun, 3/19-5/21 7:00-9:00 pm  
(No volleyball drop-in on 3/31)

# Special Events

## Daddy/Daughter Dance

Be your daughter's Prince Charming and take her out for an evening she won't soon forget. Couples will have fun with crafts, music, and dinner. Photo opportunities will be available by 'Beyond the Lens' photography. (Pre-registration will be available until Thurs, 2/25 only, so we can prepare food. Thanks!)



**All ages / 1 day / Friday, Feb 24 / 5:30-8:30 pm**  
**Children 2 and under are FREE**  
**Jefferson County Community Center**

**Program #4068      \$20 with dinner per couple**  
**\$8 for each additional child**

**Program #4069      \$10 without dinner per couple**  
**\$8 for each additional child**  
**\$12 at door (no dinner)**

## Breakfast with the Easter Bunny

Join us this year as we celebrate Easter and have Breakfast with the Easter Bunny himself! Children will have the opportunity to participate in an Easter Egg Hunt, make an Easter Craft, and get their picture taken with the Easter Bunny! Children will be served a breakfast of pancakes, sausage and juice. Adults may purchase breakfast at the event. All children must be accompanied by an adult.



**All ages / 1 day / \$10 per child**  
**\$14 at the door**

**Jefferson County Community Center**  
**Program #4071      Sat, 4/8      Doors open at 9:00 am**  
**Egg Hunt begins at 10:00 am**

## Community Center Yard Sale

Time for Spring Cleaning! Join us for our annual spring community yard sale at the JCCC. The JCPRC will provide tables and advertisement for the event. Advertisements will be placed in local newspapers, Facebook, JCPRC website, and signage in and near the parks. Your space will include two 8' tables.



Shoppers are invited **ADMISSION FREE!**  
**18 & up / 1 day / \$25**

**Jefferson County Community Center**  
**Program #4070      Sat, 4/1      8:00 am-1:00 pm**

## Family Dance Party!

Enjoy an evening with your family at the Jefferson County Community Center. We will have a DJ here playing your family's favorite "dance party" songs! We will also have moon bounces, air hockey, table tennis, and a family game area. Food will be available for purchase at the concessions stand. Cost per family of 6 members or less, please add \$2 per additional family members.



**All ages / 1 day / \$20 per family**  
**Jefferson County Community Center**  
**Program #4072      Fri., 3/24      5:30-8:30 pm**

## Nerf Wars!

Battle your friends in Nerf War Combat! Kids are invited to bring their Nerf blasters and darts to the JCCC for a night of Nerf battles and fun! Kids will have the opportunity to hang with friends, take advantage of our concession stand, and release some energy! Kids may only bring a maximum of 40 darts and up to 2 nerf blasters. Pre-registration is encouraged as space is limited and walk-in registration is not guaranteed.



**5-9 yrs / 1 day / \$10**

**Jefferson County Community Center**  
**Program #4073      Fri, 1/20      5:00-7:15 pm**  
**Program #4074      Fri, 2/17      5:00-7:15 pm**  
**Program #4075      Fri, 3/17      5:00-7:15 pm**  
**Program #4076      Fri, 4/21      5:00-7:15 pm**

**10-14 yrs / 1 day / \$10**

**Jefferson County Community Center**  
**Program #4077      Fri, 1/20      7:30-9:45 pm**  
**Program #4078      Fri, 2/17      7:30-9:45 pm**  
**Program #4079      Fri, 3/17      7:30-9:45 pm**  
**Program #4080      Fri, 4/21      7:30-9:45 pm**

## Nerf Wars - Redux!

So... you've let your kids have all the fun, now it's YOUR turn! Get a group of adults together to play and have fun in our full gymnasium. 2 Nerf Blasters, 40 dart limit still applies.



**18 yrs & up / 1 day / \$10**

**Jefferson County Community Center**  
**Program #4081      Fri, 2/10      7:30-9:30 pm**



**Join us for Moon Bouncing Fun!**  
**Indoor Playground for ages 1-5**  
**Thursdays & Fridays, 10:00 am-3:00 pm**

# Bus Trips

## New York City, Your Way!

Spring is an excellent time to tour, shop, go to a theater, or take a boat ride. You will make your own itinerary for the day. There is always something new to see and do. For your convenience, we will be making a food and restroom stop going to and from New York City. Please bring a photo ID. Bus pick up location will be at the Food Lion in Charles Town. Specific departure and return times will be communicated as the date draws near.

Children under 18 must be accompanied by a paying adult.

**All Ages / 1 day / \$84**

**Bus depart from, and returns to Food Lion in Charles Town.  
Program #4082 Sat, 4/22 Time is TBD**



## Jonah - Sight & Sound Theater

Both inspirational and uplifting, Jonah is entirely entertaining. Explore the extreme elements that Jonah encounters as he runs away from his sacred duty. Jonah is a special story that will keep you on the edge of your seat. Sight and Sound brings the action front and center to each guest. Enjoy a show with live animals, state of the art sound and lighting, and brilliant acting and costumes. We will have lunch at Hershey Farms Restaurant, and stop at the Kitchen Kettle Village for shopping before returning home. Please bring a photo ID. Bus pick up location will be at the Food Lion in Charles Town. Specific departure and return times will be communicated as the date draws near.

Children under 18 must be accompanied by a paying adult.

**All Ages / 1 day / \$152**

**Bus depart from, and returns to Food Lion in Charles Town.  
Program #4084 Sat, 6/17 Time is TBD**



## Springfest - Ocean City

Sand, sun, fries with vinegar, cotton candy, seafood, swimming in the ocean, and don't forget the arts and crafts... Boy! What a day you will have. Bring your family and friends for a day of fun you won't forget. For your convenience, we will be making a food and restroom stop going to and from Ocean City. Please bring a photo ID. Bus pick up location will be at the Food Lion in Charles Town. Specific departure and return times will be communicated as the date draws near.

Children under 18 must be accompanied by a paying adult.

**All Ages / 1 day / \$84**

**Bus depart from, and returns to Food Lion in Charles Town.  
Program #4083 Sat, 5/6 Time is TBD**



**ALL TRIPS ARE SCHEDULED AS A PARTNERSHIP WITH SCHROCK TRAVEL. SCHROCK TRAVEL MAY CANCEL TRIPS AT ANY TIME DUE TO LOW ENROLLMENT. IF TRIPS ARE CANCELED YOU WILL BE GIVEN A FULL REFUND.**

## NEST (Nurturing & Empowering Students)

NEST is a light hearted approach toward enhancing a student's total wellness. Students will practice yoga poses, relaxation, breath and mindfulness skills. Students will also engage in games and creative arts to build self-confidence and mind/body expression.

**There is a \$8 supply fee to be paid to the instructor at the first class for a personal yoga mat.**

*Students who have participated previously do not need to purchase a new mat - please bring your mat with you.*

**Grades 4 & 5 / 8 wks / \$25 Instructor Diana Brubaker  
Shepherdstown Elementary - Gym**

**Program #4161 Mon, 4/3-6/5 3:30-5:00 pm  
(no class 4/17, 5/29)**

**Grades 1-3 / 8 wks / \$25 Instructor Diana Brubaker  
Shepherdstown Elementary - Gym**

**Program #4162 Wed, 4/5-5/31 3:30-5:00 pm  
(no class 4/19)**

**Kindergarten / 8 wks / \$25 Instructor Diana Brubaker  
Shepherdstown Elementary - Gym**

**Program #4163 Thur, 4/6-6/1 3:30-5:00 pm  
(no class 4/20)**



Jefferson County Parks and Recreation

# MIDDLE SCHOOL

# TEEN NIGHT

1st Friday of each month from September - May!

6:30-10:00 pm

**DJ Xbox Ping Pong**

**Basketball Moon Bounce**

**\$10  
PER STUDENT**

**and more!**

Jefferson County Parks & Recreation ~ 13 ~ Register for classes at: [www.jcprc.org](http://www.jcprc.org)

# Sports & Leagues

## SportFit w/ Mr. Earl

A class based on fitness and sports fun, including basketball skills, soccer, baseball, running and overall fitness. This class will concentrate on specific sports skills while also increasing overall fitness and agility of participants.



**8-12 yrs / 6 wks / \$60 Instructor Jay Earl**  
**Wright Denny Elementary School**  
**Program #4095 Thurs, 1/12-2/16 4:00-5:00 pm**  
**Program #4096 Thurs, 3/2-4/6 4:00-5:00 pm**  
**Program #4097 Mon, 4/24-6/5 3:50-4:50 pm**  
 (no class 5/29)

## SportFit w/ Ms. Heidi

A class based on fitness and sports fun, including basketball skills, soccer, baseball, running and overall fitness. This class will concentrate on specific sports skills while also increasing overall fitness and agility of participants.



**8-12 yrs / 6 wks / \$60 Instructor Heidi Citro**  
**Jefferson County Community Center**  
**Program #4098 Tues, 1/17-2/21 4:30-5:30 pm**  
**Program #4099 Thurs, 3/9-4/13 4:30-5:30 pm**

## Trailblazers Running Club

Learn the proper running techniques, form a whole new world of running fun with your friends. Regardless of your athletic ability, all you need are a pair of sneakers and a positive attitude. Brought to you by



Freedom's Run. Kids are encouraged to work towards running in the Harper's Ferry Half Marathon and 5K. For more information go to [harpersferryhalf.org](http://harpersferryhalf.org).

**For ages 8-13 yrs Jefferson County Community Center**  
**Program #4094 Wed, 1/11-3/1 4:30-5:30 pm Cost: \$47**  
**Program #4211 Wed, 3/29-5/10 5:30-6:30 pm Cost: \$37**

## Archery

Enjoy this beginner to intermediate class for kids. This sport can be a rewarding, lifelong activity which develops self-confidence and discipline. This course is designed to acquaint the beginner archer with basics in care and use of the equipment as well as technique. Participants are encouraged to wear comfortable clothing and sneakers.



**8-16 yrs / 6 wks / \$74 Instructor Jay Earl**  
**Sam Michael's Park - Mason Pavilion**  
**Program #4100 Thurs, 4/27-6/1 4:30-5:30 pm**

## Archery 101, Skills Development

The sport of archery has a long history that started long before recorded history. Today modern archers meet with bow and arrows for fun, recreation, or competition. In America, the traditions of archery through all the generations of our history still find expression as a popular individual sport. Archery can be learned and enjoyed as a recreational sport that is found in thousands of neighborhoods all over the US in the form of archery clubs, field archery, and for hunting, as well as for national and international competition. In this class we will learn about safety, tackle, and shooting techniques that when used correctly will provide consistent accuracy when shooting at a target. Students will learn basic techniques that when applied will improve individual shooting skills for recreational archery. The student will learn about equipment and safety while on the archery range. Equipment is provided. Instructed by certified archery in the schools instructor. Class is held on Monday, Tuesday, Wednesday and Friday.



**11 yrs & up / 4 wks / \$85 Instructor Clark Dixon**  
**Sam Michael's Park - Mason Pavilion**  
**Program #4101 Mon-Wed/Fri, 5/15-5/17, 5/19 4:00-5:30 pm**

## Archery 201, Improving your Archery Skills

In this class we will review safety on the archery range, equipment, and shooting techniques that when used correctly will provide consistent accuracy when shooting at a target. The student will fine tune techniques to improve skills for improved accuracy. The student will learn about keeping score and practice shooting. Equipment is provided. Instructed by certified archery in the schools instructor.



**11 yrs & up / 4 wks / \$85 Instructor Clark Dixon**  
**Sam Michael's Park - Mason Pavilion**  
**Program #4102 Mon-Thur, 6/26-6/29 5:15-6:45 pm**

## Archery 301, Advanced Archery

In this class we review safety on the archery range, tackle, and shooting techniques that when used correctly will provide consistent accuracy when shooting at a target. Lots of shooting to improve accuracy. Students will record scores each round. Increased and consistent scores will indicate improvement. Equipment is provided.



**11 yrs & up / 4 wks / \$85 Instructor Clark Dixon**  
**Sam Michael's Park - Mason Pavilion**  
**Program #4103 Mon-Thur, 7/31-8/3 5:15-6:45 pm**

## Spring Break Sports Express Camp

Kids can come to the JCCC for a 5-day sports filled camp. Kids will play games and stay active. Please provide your child with a packed lunch and water bottle.

**5-12 yrs / 1 wks / \$85 Jefferson County Community Center**  
**Program #4104 Mon-Fri, 4/17-4/21 9:00 am-5:00 pm**



### Beginner Volleyball Clinic

Join our volleyball instructors in this winter clinic. Beginner players will learn skills such as hitting, serving, setting and passing. Clinic will include small sided games and scrimmages. This clinic is for players who have no volleyball experience. This clinic is for players who have no volleyball experience.



**8-13 yrs / 10 wks / \$70 Instructor Cami Espiritu**  
**Jefferson County Community Center**  
**Program #4105 Mon, 1/23-4/3 6:45-7:30 pm**  
 (no class 2/20)

### Advanced Volleyball Clinic

Join our volleyball instructors in this winter clinic. Beginner players will learn skills such as hitting, serving, setting and passing. Clinic will include small sided games and scrimmages.



**8-13 yrs / 10 wks / \$70 Instructor Cami Espiritu**  
**Jefferson County Community Center**  
**Program #4106 Mon, 1/23-4/3 7:40-8:25 pm**  
 (no class 2/20)

### Girl's Volleyball League

This is a girl's recreational league designed for players to learn the fundamental volleyball skills and teamwork skills while having fun.



Our goal is to provide an atmosphere that promotes sportsmanship, fair play in a safe environment for players, coaches, officials and spectators. Background checks will be conducted on all volunteer coaches. Volunteer coaches are required to attend a pre-season orientation and coaches meetings. Teams will practice two nights per week at the Jefferson County Community Center or Wildwood Middle School. Practices will begin on Tuesday, April 11th. Practices are held on Tuesdays and Thursdays. League games will start on Saturday, April 29th. Teams will play 8 games. Participant's age is determined by how old they will be on April 1st. Game times will vary on Saturdays between 9am-4pm. **COACHES MEETING HELD ON THURSDAY, MARCH 16th AT 6PM AT THE JEFFERSON COUNTY COMMUNITY CENTER. NO GAMES ON SATURDAY, MAY 27th. Week 8 will consist of a league wide tournament.**

**Program #4118 8-10yrs Individual Cost: \$60**  
**Program #4119 8-10yrs Coach or Sibling Cost: \$50**  
**Program #4120 11-13yrs Individual Cost: \$60**  
**Program #4121 11-13yrs Coach or Sibling Cost: \$50**

### SNAG Golf

Are you interested in getting your child started playing golf? Our instructors use the SNAG (Starting New At Golf) system. SNAG Golf is all about having FUN while learning the basics. SNAG incorporates developmentally appropriate equipment that will allow golf to be learned and played in non-traditional venues, such as on a soccer field or in a gym.



**8-13 yrs / 8 wks / \$65**  
**Jefferson County Community Center**  
**Program #4107 Wed, 3/8-4/12 4:30-5:30 pm**  
**Program #4108 Wed, 4/26-5/31 4:30-5:30 pm**

### Soccer Skills

This soccer program is developmentally appropriate for boys and girls who are interested in soccer. Children will learn and improve on skills. Through small sided games and scrimmages, kids learn how to dribble, pass, shoot, and learn positional skills techniques.



**3-4 yrs / 6 wks / \$50 Instructor Heidi Citro**  
**Jefferson County Community Center**  
**Program #4113 Tues, 1/10-2/14 3:30-4:15 pm**  
**Program #4114 Tues, 2/28-4/4 3:30-4:15 pm**

**5-7 yrs / 6 wks / \$50 Instructor Heidi Citro**  
**Jefferson County Community Center**  
**Program #4115 Tues, 1/10-2/14 4:30-5:15 pm**  
**Program #4116 Tues, 2/28-4/4 4:30-5:15 pm**

**8-11 yrs / 6 wks / \$50 Instructor Heidi Citro**  
**Jefferson County Community Center**  
**Program #4117 Tues, 2/28-4/4 5:30-6:15 pm**

### Train Great Fitness Basketball 3v3 Academy

Whether you're a beginner or advanced player, this program will provide fundamental basketball instruction, multi-position play, strength and conditioning, and three-on-three practice.



\*The first week of the program will be a parent orientation containing information about Train Great Fitness, the 3v3 basketball program as well as info. required by USA basketball (There will be little to no child participation in week 1). Week 2 will cover conditioning drills as well as other various information about the program. Children will not have a basketball in their hands until week 3.



**5-8 yrs / 7 wks / \$50 Train Great Fitness**  
**Jefferson County Community Center**  
**Program #4109 Mon, 1/9-3/6 4:30-5:30 pm**  
 (no class 1/16, 2/20)  
**Program #4110 Mon, 3/20-5/8 4:30-5:30 pm**  
 (no class 4/17)

**9-11 yrs / 7 wks / \$50 Train Great Fitness**  
**Jefferson County Community Center**  
**Program #4111 Mon, 1/9-3/6 5:30-6:30 pm**  
 (no class 1/16, 2/20)  
**Program #4112 Mon, 3/20-5/8 5:30-6:30 pm**  
 (no class 4/17)

### Little All Stars

Bring your little one to this fun and entertaining class where they will learn the basics of several sports skills. Learn and practice kicking, throwing, dribbling, shooting and reinforce those skills with fun small sided games like red light green light and sharks and minnows.



**3-6 yrs / 6 wks / \$40 Instructor Heidi Citro**  
**Jefferson County Community Center**  
**Program #4085 Tues, 1/10-2/14 11:00-11:45 am**  
**Program #4086 Tues, 2/28-4/4 11:00-11:45 am**  
**Program #4087 Tues, 4/25-5/30 11:00-11:45 am**  
**Program #4088 Wed, 1/11-2/15 10:00-10:45 am**  
**Program #4089 Wed, 3/1-4/5 10:00-10:45 am**  
**Program #4090 Wed, 4/26-5/31 10:00-10:45 am**  
**Program #4091 Wed, 1/11-2/15 4:30-5:15 pm**  
**Program #4092 Wed, 3/1-4/5 4:30-5:15 pm**  
**Program #4093 Wed, 4/26-5/31 4:30-5:15 pm**

### Indoor Futsal League

Teams may submit full rosters for teams in the "competitive" division or register as a 'free agent' and be placed on a team in the "non-competitive" division. Teams will play 7 games. All games will be held on Saturdays, starting 1/14/16, Thursdays, starting 1/19/16 and Tuesdays, starting 1/17/16. Teams will have a 45-minute practice once per week. Practice days and times are to be determined. Practices will start on Monday, 1/2/16. Game times will vary. Cost includes t-shirt for each player. Registration deadline is Monday, December 19th. Volunteer coaches are needed. Volunteer coaches meeting will be held on Monday, December 19th from 6:30-7:30pm. Please provide shirt size at time of registration. This is a co-ed league. Ten players max per team. Please be aware we may need to combine both divisions if there are not enough individuals or teams in their age group.

#### Competitive "Team Division"

7-9 yrs (U9) / 7 games      Program #3882  
 10-11 yrs (U11) / 7 games      Program #3883  
 12-14 yrs (U14) / 7 games      Program # 3958

*Practice and game times/days will be assigned when rosters are complete. Teams do not have to register at the same time. Children may register individually. If teams submit rosters, teams will be placed together.*

Games begin      Sat, 1/14      8:00 am-7:00 pm  
 Games begin      Tues, 1/17      5:30-8:30 pm  
 Games begin      Thur, 1/19      5:30-8:30 pm

Cost: \$75 per player  
 \$65 for each sibling  
 \$65 for each volunteer coaches' kids

Price increases by \$10 after 12/5/16! Please register early!

#### Non-Competitive "Free Agents Division"

4-6 yrs (U6) / 7 games      Program #3884  
 7-9 yrs (U9) / 7 games      Program #3885

*Practice and game times/days will be assigned when rosters are complete.*

**Winter Indoor  
 Futsal League**



Thank You!

A special "THANK YOU" to our sponsors, the local businesses who help make the Jefferson County Parks and Recreation Commission programs a success!

If you would like to be a sponsor, please contact Becki Zaglifa at [bzaglifa@jcprc.org](mailto:bzaglifa@jcprc.org) for more information.

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Auto, Home, Life, Retirement

# Nature & Conservation

## Soda Can Animals

Students will be able to make various farm animals using old, but clean aluminum soda cans. Students will also learn about aluminum and the importance of recycling. **REGISTRATION IS REQUIRED.**



**3-5 yrs / 1 wks / FREE** Instructor EPCD Staff  
**Jefferson County Community Center**  
**Program #4017 Wed, 1/25 4:00-5:00 pm**

## Ladybug Houses

Students will create their own ladybug house to put out in the garden (when the weather warms!) Students will also learn the importance of ladybugs. **REGISTRATION IS REQUIRED.**



**3-5 yrs / 1 wks / FREE** Instructor EPCD Staff  
**Jefferson County Community Center**  
**Program #4019 Wed, 3/22 4:00-5:00 pm**

*These programs are offered through a partnership with the Eastern Panhandle Conservation District (EPCD), and are offered free of charge as part of their outreach to the community.*

## Plant Starters

Students will make planters out of recycled materials such as yogurt cups and water bottles. They will be able to take their planters home to watch their plants grow. **REGISTRATION IS REQUIRED.**



**3-5 yrs / 1 wks / FREE** Instructor EPCD Staff **Jefferson County Community Center**  
**Program #4018 Wed, 2/22 4:00-5:00 pm**

*We thank the EPCD for their partnership and are excited about more programs and opportunities with them in the future.*



Thank You!



**Kid's Closet Connection**  
 Jefferson County, WV

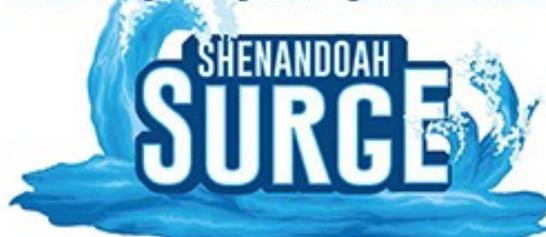


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**www.KidsCloset.biz**

*Shop, Sell, Volunteer*

**Club Volleyball Tryouts begin in November**



**ShenandoahSurge.com**

# Registration is Easy! 5 EASY WAYS TO SIGN UP!



### Online Registration

Go to [www.jcprc.org](http://www.jcprc.org)  
 Pay with American Express, Discover, VISA or MasterCard anytime that's convenient for you!



### Fax-In

304-728-9746  
 Fax form, including credit card number, exp. date and 3 digit CSC. Call to confirm receipt of fax. time that's convenient for you!



### Walk-in

Jefferson County Community Center  
 235 Sam Michael's Lane,  
 Shenandoah Junction, WV 25442  
 Monday thru Friday, 8am-6pm.



### Phone-In

304-728-3207  
 Pay with American Express, Discover, VISA or MasterCard, Monday thru Friday, 8am -6pm. Phone registration takes time. Especially for new customers creating a new account. Please be patient. **You can save time by registering online.**



### Mail-In

Fill out a registration form. Mail it with payment to 235 Sam Michael's Lane, Shenandoah Junction, WV 25442

<b>PARENT</b>					<b>HOME</b>	( )
<b>ADDRESS</b>					<b>WORK</b>	( )
<b>CITY</b>		<b>STATE</b>		<b>ZIP</b>		<b>CELL</b> ( )
<b>EMAIL</b>	_____@_____					

<b>ALLERGIES OR MEDICAL CONDITIONS:</b> <i>List Participant and any allergies or medical conditions:</i> _____ _____	<b>EMERGENCY CONTACT:</b> _____ (not yourself—this person will be contacted IF we cannot reach the person listed above)
	<b>RELATION:</b> Parent Grandparent Aunt/Uncle Friend Neighbor Other: _____
	<b>Phone</b> ( ) ( )

PARTICIPANT NAME	Male or Female	DOB	PROGRAM #	CLASS TITLE	T-SHIRT SIZE <i>(if applicable)</i>	FEE
		/ /				\$
		/ /				\$
		/ /				\$
		/ /				\$
					<b>TOTAL DUE</b>	\$

<b>PAYMENT OPTIONS</b> Rec'd by _____ Date ___/___/___	<b>For Office Use</b> Cash Check # _____ \$ _____ Other: _____	<b>REQUIRED CSC CODE:</b> ___ - ___ - ___ EX Date: ___ / ___ / ___
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<b>I/WE HAVE READ THE BELOW PARTICIPANT WAIVER AND RELEASE AND SIGN IT VOLUNTARILY:</b>	Credit Card/Participant      Waiver Authorization Signature: X _____
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We, the staff of the Jefferson County Parks and Recreation Commission (JCPRC), recognize our obligation to make our students and their parents fully aware of the inherent risks and hazards associated with sports & recreational activities that we offer. Students may suffer injuries, including, but not limited to minor injuries such as bruises and more serious injuries such as broken bones, dislocations, muscle pulls and stitches. There are many other risks of injury including catastrophic injuries such as permanent paralysis or even death from back, neck or head injuries which may arise due to participation in this activity. JCPRC insists that all students and their parents agree to abide by all of the safety rules and policies of JCPRC. JCPRC, its coaches, volunteers, instructors and staff members will not accept responsibility of injuries sustained by any participant while participating in our programs. I hereby consent to have my child participate in programs offered by the JCPRC. I have read the above information and am now fully aware of the hazards and risks associated and the distinct possibility of injuries that my child may suffer as a result of participation in the sport or activity. I realize it is not possible to specifically list each and every individual injury risk, and I voluntarily assume all the risks normally incident to the nature of the activities. It is hereby agreed that I, my executors, or other representatives waive and release all rights and claims for damages that I may have individually, or that my executors or other representatives may have on my behalf, or on behalf of my child, against JCPRC and/or Jefferson County Commission, their representatives, whether paid or volunteer, for any injuries or damages that my child sustain in connection with programs or other activities related to the JCPRC. I also understand that any injury incurred and the resulting medical expense from that injury will be my responsibility and JCPRC will not be responsible for payment of any related expenses. Furthermore, it is the responsibility of the parent/guardian to notify JCPRC staff of any medical conditions/special needs of a child prior to the start of class. JCPRC, instructors, and staff are not responsible for your child prior to or after class time. I acknowledge that I have read and fully understand the information on registration guidelines and the refund policy. I realize inherent risks could be involved in these programs. Therefore, I shall not hold the JCPRC, Jefferson County Commission or their employees liable for injuries that might occur during these supervised programs.



# Toddler Learning Time

Introduce your child to the basics of alphabet, numbers, colors and shapes through various crafts, stories and other activities. Our program is designed for children age one and a half to three years of age, and based on a commitment to offering children an educationally sound and happy preschool experience where they can learn about themselves and about the world around them. We know the preschool experience is a first and very important step in a long education process, and we will strive to make it as fun and educational as possible. Toddler Learning Time is a tuition based program and parents will be required to make monthly payments.

*First payment will be made on August 1st and will include (September's tuition as well as \$30 registration fee and \$30 materials fee).*

*Both the registration fee and materials fee are non-refundable. (REGISTERING FOR THIS PROGRAM DOES NOT GUARANTEE ENROLLMENT.)*

**To obtain information and registration packet please email Stacie Tanski at [standski@jeffersoncountywv.org](mailto:standski@jeffersoncountywv.org)**

**2 yrs / \$90 per month    Instructor Stacie Tanski  
Jefferson County Community Center  
Mon/Wed/Fri, 9/12-5/26    WAITLIST #3733  
9:00 am-10:30 am**

**2 yrs / \$90 per month    Instructor Stacie Tanski  
Jefferson County Community Center  
Mon/Wed/Fri, 9/12-5/26    WAITLIST #3735  
11:00 am-12:30 pm**

**16 mos. (must be mobile) / \$80 per month  
Instructor Stacie Tanski  
Jefferson County Community Center  
Tue/Thur, 9/12-5/26    WAITLIST #3737  
9:00 am-10:30 am**

**3 yrs / \$80 per month    Instructor Stacie Tanski  
Jefferson County Community Center  
Tue/Thur, 9/12-5/26    WAITLIST #3739  
11:00 am-12:30 pm**

# Play and Learn

## Preschool

Play & Learn Preschool's mission is to provide children ages 3-5 with a well-rounded program in a positive, safe, and supportive environment. Our mission is achieved by a professional and dedicated staff that will guide your child through a variety of meaningful and interesting experiences, which will help to develop your child's cognitive, social, and physical skills through appropriate activities. Your child will have fun learning through play.

### Learning Outcomes include:

- Enhance self esteem & individuality
- Build friendships
- Develop respect & promote teamwork
- Encourage reading readiness
- Strengthen listening & speaking skills
- Provide opportunities for self-expression
- Learn to get along with & respect others
- Encourage creativity

Children must be fully toilet trained prior to the first day of class.

Use of disposable undergarments are not permitted.

*First payment will be made on August 1st and will include (September's tuition as well as \$50 registration fee and \$50 materials fee).*

*Both the registration fee and materials fee are non-refundable. REGISTERING FOR THIS PROGRAM DOES NOT GUARANTEE ENROLLMENT.*

**To obtain information and registration packet please email Holly Junkin at [hjunkin@jeffersoncountywv.org](mailto:hjunkin@jeffersoncountywv.org)**

**4-5 yrs / \$180 per month    Instructor Holly Junkin  
Jefferson County Community Center  
Mon/Wed/Fri, 9/12-5/26  
9:00 am-11:30 am**

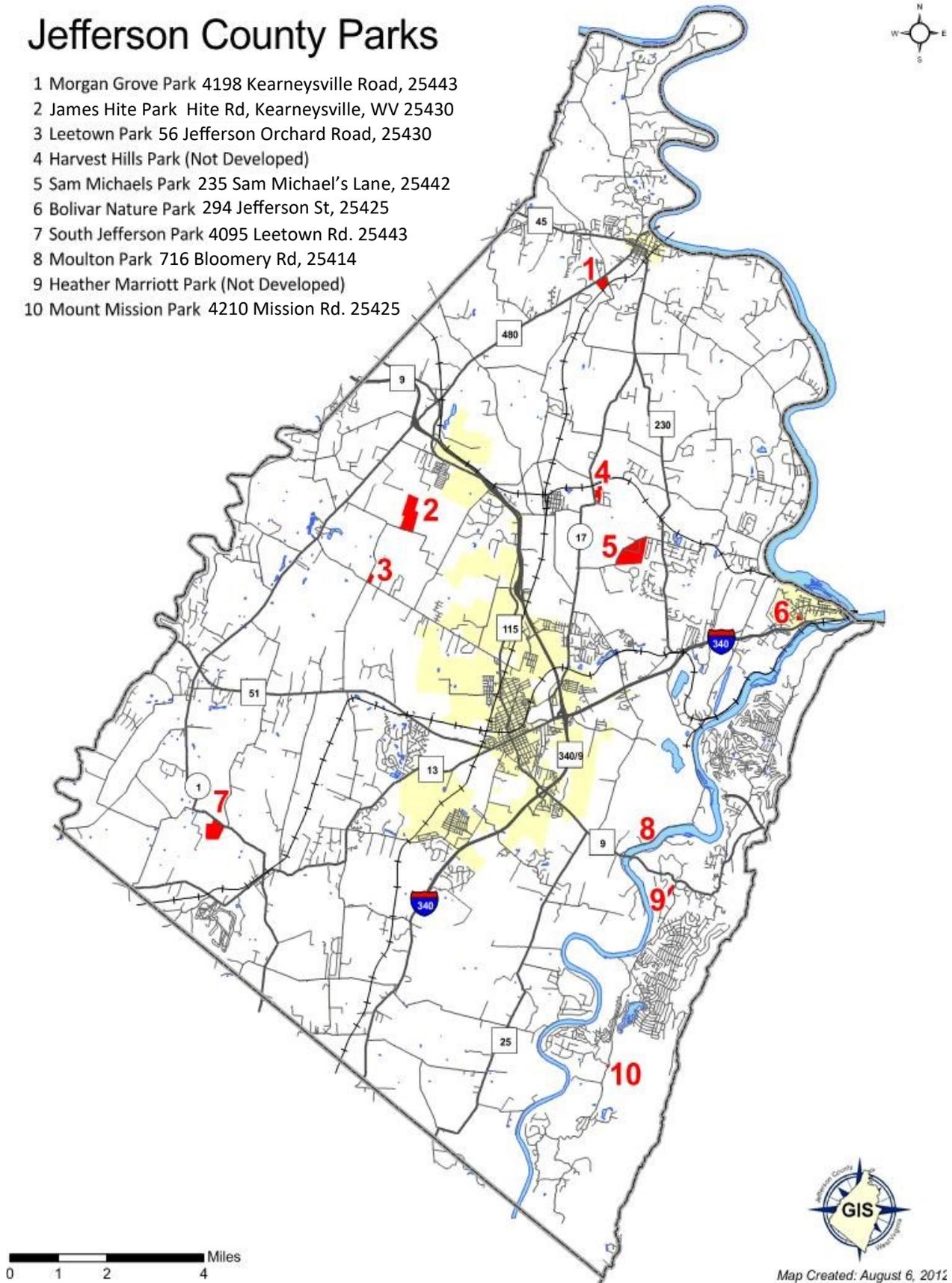
**4-5 yrs / \$180 per month    Instructor Holly Junkin  
Jefferson County Community Center  
Mon/Wed/Fri, 9/12-5/26  
1:00 pm-3:30 pm**

**3-4 yrs / \$130 per month    Instructor Holly Junkin  
Jefferson County Community Center  
Tue/Thur, 9/12-5/26  
9:00 am-11:30 am**

**3-4 yrs / \$130 per month    Instructor Holly Junkin  
Jefferson County Community Center  
Tue/Thur, 9/12-5/26  
1:00 pm-3:30 pm**

# Jefferson County Parks

- 1 Morgan Grove Park 4198 Kearneysville Road, 25443
- 2 James Hite Park Hite Rd, Kearneysville, WV 25430
- 3 Leetown Park 56 Jefferson Orchard Road, 25430
- 4 Harvest Hills Park (Not Developed)
- 5 Sam Michaels Park 235 Sam Michael's Lane, 25442
- 6 Bolivar Nature Park 294 Jefferson St, 25425
- 7 South Jefferson Park 4095 Leetown Rd. 25443
- 8 Moulton Park 716 Bloomery Rd, 25414
- 9 Heather Marriott Park (Not Developed)
- 10 Mount Mission Park 4210 Mission Rd. 25425



# Park & Facility Information

## Park Shelter

### Reservation Info:

Facility Use Permits are available at the Parks & Recreation Office, 235 Sam Michael's Lane, Shenandoah Junction, WV 25442

Reservations are taken beginning the first working day of January for the current year. They can be made between 8:30 am-5 pm at the JCPRC Office.

Reservation fees and deposits vary depending on location. All pavilion fees, permit fees, and deposits are due at the time of reservation.

Shelters are available for public use, free of charge, on a first-come, first-serve basis if they are not already reserved.

Visit the JCPRC Website at [www.jcprc.org](http://www.jcprc.org) for more information.



### Sam Michael's Park-

The entrance to this one hundred and thirty acre park is located on Job Corps Road, near Harpers Ferry. The private setting of this park offers the perfect place to host weddings, wedding receptions, and reunions and other family events. The well shaded picnic pavilion offers an adjacent kitchen and restroom facility. The new Veterans Memorial Pavilion offers picnic tables, bathrooms and close proximity to the large playground area and Jefferson County Community Center. The sparse acreage lends well to community events such as concerts, dog shows, festivals, and more. Nestled within the park are little league fields, home of Jefferson County Parks and Recreation; Community Center, athletic fields, playgrounds, horseshoe pits, and a sand volleyball court.

### Sam Michael's Park Wedding Venue -

Sam Michael's old home site, located in Sam Michael's Park, is available for rent for weddings and receptions.

### Leetown Park-

Located four miles East of Leetown, on Leetown Road, this ten-acre park has been a gathering for softball games since the 1970's. On the park grounds are lighted softball fields, tennis courts, a playground, picnic pavilion, horse shoe pits, concession stand and new renovated restroom facility. This park offers a great place to host your company's softball league or to simply relax and just play a pick-up game of baseball. Ball fields available for reservations.

### South Jefferson Park-

Located on Route 1, between Summit Point and Middleway, this seventy-one acre park accommodates six baseball fields, tennis courts, concession stand, a playground, and basketball court. It's a great place to relax and spend a day in the park.

### James Hite Park-

This newly built, located on Hite Rd. in Kearneysville, offers newly constructed soccer and football fields, as well as a 2 mile walking/running around it's perimeter.

### Moulton Park-

On the shore of the Shenandoah River, just North of the Bloomery Bridge, this half-mile of river frontage features camping and other recreational opportunities. The well-shaded, quiet hammock of foliage creates inviting habitat for squirrels, birds, and waterfowl. A public boat ramp gives access for fishing the Shenandoah River. Camping is restricted to permit only, please call Jefferson County Parks and Recreation at (304)-728-3207 for information.

### Bolivar Nature Park-

Located on primrose alley, near Harpers Ferry, this 7-acre park is filled with plenty of botanical delights. A walking trail allows you to stroll through the park where you can relax on a bench and watch the deer graze. The gazebo and picnic tables are available for your convenience at the parks entrance.

### Morgan's Grove Park-

With over twenty acres of shade trees, meadows, playgrounds, and spring-fed streams, this popular park serves as an idyllic site for community gatherings and events. A 1500 square foot covered picnic pavilion with a full kitchen and restroom facility offers the perfect place to host family events as well as corporate functions. Other features of the park include playground equipment, soccer fields, sand volleyball, horseshoe pits, and a 3/4 mile walking trail.

### Mount Mission Park -

This picturesque three and one-half acre park is located on Mission Road, near Shannondale. Shaded by oak and maple trees, the picnic pavilion, complete with restroom and kitchen facilities has played host to family reunions, weddings, and birthday parties. An old church on site, a playground, horseshoe pits, sand volleyball and a baseball diamond make this park a convenient site for neighborhood get-togethers.

## Payments & Fees:

Please make your check(s) payable to: **Jefferson County Parks & Recreation.**

**A \$25 fee will be charged for all returned check and declined credit cards.** Incomplete registrations cannot be processed—full payment must accompany registration.

A \$5 out-of-county fee will be charged to any person not living in Jefferson County.

A \$5 late fee will be charged if registration is received after the program starts. JCPRC is not responsible for lost, late, or misdirected mail.

Registration is for the program, not attendance—no make ups, refunds or credits will be offered for missed classes.

## Age Policy:

Program participants must be the advertised age **before** the program starts.

## Scholarships:

Scholarships are available for some programs. Contact Brenda at the JCPRC (304) 728-3207 or email [bwhittington@jcprc.org](mailto:bwhittington@jcprc.org).

## Cancellation Policy:

Programs may be cancelled due to insufficient registration, school closings, or inclement weather. Call (304) 728-9044 in case of inclement weather.

## Mark Your Calendar:

**NO REMINDERS WILL BE SENT.** You will only be notified if there is a problem processing your registration or if the class is cancelled.

## Media/Photography:

The JCPRC reserves the right to take pictures at all events, activities, and programs. Pictures may be displayed in future commercials, brochures and web publications.

## Attention Parents:

JCPRC instructors or staff are not responsible for your child prior to or after class time.

It is the responsibility of the parent/guardian to notify JCPRC staff of any medical conditions/special needs of a child prior to the start of class.

## Discipline Policy:

The JCPRC has a discipline policy for recreation programs/facilities. In the event the participant is asked to leave a program/facility, no refund will be issued.

## Trips Alcohol Policy:

We strive to have a family atmosphere on our trips. If you choose to drink while on our trips, please do so in a responsibly and make arrangements to have a designated driver for your trip home from the bus drop off area.

## Refund Policy:

After initial registration, refund requests must be submitted in writing at least five working days prior to the start of the program and are subject to a \$10 service charge. No refunds or credit will be given less than five days prior to, or after the first day of the class or program—**NO EXCEPTIONS.** Monetary refunds will only be given due to the department's cancellation of a program. If insufficient registration causes a program to be cancelled, participants will receive a REFUND or CREDIT within one month of the program cancellation. For any program fee under \$20, no refunds will be processed, only credit to JCPRC accounts will be issued.

## JCPRC Commission

The Jefferson County Parks and Recreation Commission meets at 7:00 pm every third Wednesday of each month, except August and December, at the Jefferson County Community Center, located at Sam Michael's Park. The JCPRC is always open to input from citizens in the community for ideas or programs that may be beneficial to the county. Call the JCPRC office at (304)728-3207 for more information or to request to be put on the agenda for an upcoming meeting.

## Community Center - Daily Information

### Facility Hours

Monday-Friday	8:00am - 8:00pm
Office Hours (Monday-Friday)	8:00am - 5:00pm
Saturday	10:00am - 8:00pm
Sunday	12:00pm - 6:00pm

### Closures Observed:

New Year's - Dec. 31 - Jan 2	CLOSED
Martin Luther King Day - Jan 16	CLOSED
Presidents Day - Feb 16	CLOSED
Memorial Day - May 29	CLOSED

**In the event of inclement weather, the JCCC may open late or close early. Please call the cancellation line before driving out.**

**CANCELLATION LINE: 304-728-9044**

### Facility Daily Fees

Age	Daily	20 visit Punch Pass	Yearly Pass
6-59	\$2.00	\$30.00	\$150.00
60+	\$1.00	\$15.00	\$100.00

**JCCC Fees:** Fees provide access to the fitness room, open gym and indoor walking track. Punch Passes have no expiration date. Memberships and Punch Passes cannot be used toward programs. Additional fees apply for indoor playground.

## OOPS!

JCPRC staff has made every effort to prepare this activity guide as accurately as possible. However, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. JCPRC staff reserves the right to make any such adjustments. We apologize for any inconvenience these errors or adjustments may cause.

# Registration is Easy! 5 EASY WAYS TO SIGN UP!



### Online Registration

Go to [www.jcprc.org](http://www.jcprc.org)  
 Pay with American Express, Discover, VISA or MasterCard anytime that's convenient for you!



### Fax-In

304-728-9746  
 Fax form, including credit card number, exp. date and 3 digit CSC. Call to confirm receipt of fax. time that's convenient for you!



### Walk-in

Jefferson County Community Center  
 235 Sam Michael's Lane,  
 Shenandoah Junction, WV 25442  
 Monday thru Friday, 8am-6pm.



### Phone-In

304-728-3207  
 Pay with American Express, Discover, VISA or MasterCard, Monday thru Friday, 8am -6pm. Phone registration takes time. Especially for new customers creating a new account. Please be patient. **You can save time by registering online.**



### Mail-In

Fill out a registration form. Mail it with payment to 235 Sam Michael's Lane, Shenandoah Junction, WV 25442

<b>PARENT</b>					<b>HOME</b>	( )
<b>ADDRESS</b>					<b>WORK</b>	( )
<b>CITY</b>		<b>STATE</b>		<b>ZIP</b>		<b>CELL</b> ( )
<b>EMAIL</b>	_____@_____					

<b>ALLERGIES OR MEDICAL CONDITIONS:</b> <i>List Participant and any allergies or medical conditions:</i>	<b>EMERGENCY CONTACT:</b> _____ (not yourself—this person will be contacted IF we cannot reach the person listed above)	
_____	<b>RELATION:</b> Parent Grandparent Aunt/Uncle Friend Neighbor Other: _____	<b>Phone</b> ( ) ( )

PARTICIPANT NAME	Male or Female	DOB	PROGRAM #	CLASS TITLE	T-SHIRT SIZE <i>(if applicable)</i>	FEE
		/ /				\$
		/ /				\$
		/ /				\$
		/ /				\$
					<b>TOTAL DUE</b>	\$

<b>PAYMENT OPTIONS</b> Rec'd by _____ Date ___/___/___	<b>For Office Use</b> Cash Check # _____ \$ _____ Other: _____	<b>REQUIRED CSC CODE:</b> _____
	<b>I/WE HAVE READ THE BELOW PARTICIPANT WAIVER AND RELEASE AND SIGN IT VOLUNTARILY:</b>	
		Credit Card/Participant Waiver Authorization Signature: X _____

We, the staff of the Jefferson County Parks and Recreation Commission (JCPRC), recognize our obligation to make our students and their parents fully aware of the inherent risks and hazards associated with sports & recreational activities that we offer. Students may suffer injuries, including, but not limited to minor injuries such as bruises and more serious injuries such as broken bones, dislocations, muscle pulls and stitches. There are many other risks of injury including catastrophic injuries such as permanent paralysis or even death from back, neck or head injuries which may arise due to participation in this activity. JCPRC insists that all students and their parents agree to abide by all of the safety rules and policies of JCPRC. JCPRC, its coaches, volunteers, instructors and staff members will not accept responsibility of injuries sustained by any participant while participating in our programs. I hereby consent to have my child participate in programs offered by the JCPRC. I have read the above information and am now fully aware of the hazards and risks associated and the distinct possibility of injuries that my child may suffer as a result of participation in the sport or activity. I realize it is not possible to specifically list each and every individual injury risk, and I voluntarily assume all the risks normally incident to the nature of the activities. It is hereby agreed that I, my executors, or other representatives waive and release all rights and claims for damages that I may have individually, or that my executors or other representatives may have on my behalf, or on behalf of my child, against JCPRC and/or Jefferson County Commission, their representatives, whether paid or volunteer, for any injuries or damages that my child sustain in connection with programs or other activities related to the JCPRC. I also understand that any injury incurred and the resulting medical expense from that injury will be my responsibility and JCPRC will not be responsible for payment of any related expenses. Furthermore, it is the responsibility of the parent/guardian to notify JCPRC staff of any medical conditions/special needs of a child prior to the start of class. JCPRC, instructors, and staff are not responsible for your child prior to or after class time. I acknowledge that I have read and fully understand the information on registration guidelines and the refund policy. I realize inherent risks could be involved in these programs. Therefore, I shall not hold the JCPRC, Jefferson County Commission or their employees liable for injuries that might occur during these supervised programs.



A perfect place to grow...

Jefferson  
County  
Parks &  
Recreation   
[www.jcprc.org](http://www.jcprc.org)

Jefferson  
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Phone: (304) 728-3207 Fax: (304) 728-9746  
Email: [Info@jcprc.org](mailto:Info@jcprc.org) Website: [www.jcprc.org](http://www.jcprc.org)

Return Service Requested