

Activity Guide

Fall 2018
www.jcprc.org



A perfect place to grow.

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What can I do at Parks & Rec?

Ages 1-3		
Gymnastics	Dance (3)	Special Events
Square Dance	Toddler Play Dates (2-5)	Indoor Playground,
Bus Trips	Pony School (2-6)	
Ages 3-6		
Gymnastics	Dance (5-6)	Animal Adventures (4-6)
Special Events	Square Dance	Little All Stars
Indoor Futsal League (4-6)	Toddler Play Dates (2-5)	Indoor Playground
Cooking Classes for Kids (5-8)	Bus Trips	Pony School
Learn to Ride (4-6)	Martial Arts	Nerf Wars (5-6)
Ages 6-12		
Gymnastics (6-14)	Dance (6-15)	Hoop Dance (7-12)
Line Dancing	Sewing (8-12)	Animal Adventures (6-13)
LEGO Engineering (7-13)	STEM Adventures (8-12)	Bridge (9-12)
School's Out Camp	Field Trip Camp (8-15)	Special Events
Square Dance	Archery (8-16)	Basketball Skills
Volleyball Clinic (8-13)	Sport Fit (8-12)	Indoor Futsal League (6-14)
Cooking Class for Kids (5-8)	Bus Trips	Learn to Ride (6-10)
Martial Arts	Nerf Wars (6-14)	Sports Express Camp (5-12)
Teens & Adults		
Hoop Dance	Line Dancing	Sewing
Bridge	Special Events	Square Dance
Fitness Classes	Archery (8-16)	Crochet and Knitting (14+)
Late Night Indoor Soccer	Late Night Volleyball	Bus Trips
Indoor Yard Sale	Holiday Craft Fair & Vendor Show	Martial Arts (13-17)

Scholarships are available for some programs.
If you would like a scholarship application or if you are interested in contributing to our Scholarship program, please contact Brenda Whittington at the JCPRC 304-728-3207 or email bwhittington@jcprc.org.

Register for programs online at www.jcprc.org or call our office at 304-728-3207 and we will be happy to help!

Jefferson County Parks and Recreation is a perfect place to grow!

Our Staff

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Martial Arts

Little Dragons

The classes will cover basic Karate skills, balance, coordination, self control, respect and, most importantly, the children will have fun! Wear loose fitting clothing.

Ages 3-5

Jefferson County Community Center
Instructor Chelsy Erickson

Resident: \$51.00 Non-resident: \$56.00

Activity #5343 Sun, Sep 9-Oct 14 2:30 PM-3:00 PM

Activity #5344 Sun, Oct 28-Dec 9 2:30 PM-3:00 PM

*NO Martial Arts Classes on 11/25/18

Little Ninjas

This is a traditional beginner Karate course for youth ages 4-6. Participants will learn balance, coordination, respect, discipline, self-esteem, self-control, and more-- all while having fun!

Ages 4-6

Jefferson County Community Center
Instructor Chelsy Erickson

Resident: \$57.00. Non-resident: \$62.00

Activity #5345 Sun, Sep 9-Oct 14 3:15 PM-3:45 PM

Activity #5346 Sun, Oct 28-Dec 9 3:15 PM-3:45 PM

*NO Martial Arts Classes on 11/25/18



Ninjas

Are you a beginner-intermediate level participant or an experienced belt holder? Come out and join our traditional karate class. Develop or hone your karate skills while you gain balance, control, coordination, strength, and flexibility. There is now optional belt testing with our Instructor! Please see your instructor for more details.

Ages 7-12

Jefferson County Community Center
Instructor Chelsy Erickson

Resident: \$67.00 Non-resident: \$72.00

Activity #5347 Sun, Sep 9-Oct 14 4:00 PM-5:00 PM

Activity #5348 Sun, Oct 28-Dec 9 4:00 PM-5:00 PM

*NO Martial Arts Classes on 11/25/18

Advanced Ninjas

For advanced students who are interested in learning more self-defense and testing for belts. Previous training is required for this class whether it has been through parks and recreation or from another instructor. All students with previous experience are welcome.

Ages 7-12

Jefferson County Community Center
Instructor Chelsy Erickson

Resident: \$67.00 Non-resident: \$72.00

Activity #5349 Sun, Sep 9-Oct 14 5:15 PM-6:15 PM

Activity #5350 Sun, Oct 28-Dec 9 5:15 PM-6:15 PM

*NO Martial Arts Classes on 11/25/18

Teen Ninjas

Are you a beginner-intermediate level participant or an experienced belt holder? This class is a continuation of Ninja class for more advanced students. Develop or hone your karate skills while you gain balance, control, coordination, strength, and flexibility. There is now optional belt testing with our Instructor! Please see your instructor for more details.

Ages 13-17

Jefferson County Community Center
Instructor Chelsy Erickson

Resident: \$67.00 Non-resident: \$72.00

Activity #5351 Sun, Sep 9-Oct 14 6:30 PM-7:30 PM

Activity #5352 Sun, Oct 28-Dec 9 6:30 PM-7:30 PM

*NO Martial Arts Classes on 11/25/18



Battle your friends in Nerf War Combat! Kids are invited to bring their Nerf blasters and darts to the JCCC for a night of Nerf battles and fun! Kids will have the opportunity to hang with friends, take advantage of our concession stand and release some energy!

Ages 5-9 5:00-7:15 PM

Cost \$10.00/participant

Activity #5498 Fri, Oct 19

Activity #5499 Fri, Nov 16

Activity #5500 Fri, Dec 21

Activity #5501 Fri, Jan 18

Activity #5502 Fri, Feb 15

Activity #5503 Fri, Mar 15

Activity #5504 Fri, Apr 19

Ages 10-14 7:30-9:45 PM

Cost \$10.00/participant

Activity #5491 Fri, Oct 19

Activity #5492 Fri, Nov 16

Activity #5493 Fri, Dec 21

Activity #5494 Fri, Jan 18

Activity #5495 Fri, Feb 15

Activity #5496 Fri, Mar 15

Activity #5497 Fri, Apr 19

Limit 40 darts and 2 Nerf Blasters. Eye protection is recommended and available upon request. Parents must sign a release form before kids play.

Gymnastics & Cheer

Gymnastics - Tumbling Into 2's

Bring an adult buddy to help you improve coordination and balance on our gymnastics equipment. Go through an obstacle course using large motor skills, swing on the bars, and improve balancing skills on the beam. Wear loose fitting clothing and be prepared to go barefoot.

Ages 1-3

Gym B at Jefferson County Community Center
Resident: \$49.00. Non-resident: \$54.00

Activity #5472 Mon, Sep 10-Oct 15 4:15-4:45 PM

Activity #5473 Mon, Nov 5-Dec 10 4:15-4:45 PM

Tumble Bugs

This 40 minute parent participation preschool gymnastic program is ideal for the beginner tumbler. This program focuses on developing your child's gymnastic and creative movement skills. Gymnasts will learn the basics of rolls, handstands and jumps all while developing their upper and lower body coordination, flexibility and strength. Walk on the beam and swing on the bars, this program is fun for both the child and the adult.

Ages 2-3

Gym B at Jefferson County Community Center
Resident: \$54.00 Non-resident: \$59.00

Activity #5474 Sun, Sep 9-Oct 14 1:00-1:40 PM

Activity #5475 Sun, Oct 28-Dec 9 1:00-1:40 PM

Gymnastics - Tumble Bunnies

A fun and imaginative way to learn gymnastics basics. Our 45 minute beginner preschool gymnastic program is designed to introduce basic gymnastic skills to young children who have no gymnastic experience and to those who have not yet acquired basic gymnastic skills. Gymnasts will work on skills using the beam, bars and springboard. Gymnasts will learn forward and backward rolls, bridges, handstands and cartwheels. This introduction to basic gymnastics is both fun and rewarding as the gymnast discovers the many new ways that they can move. Parents are welcome to observe during the last class.

Ages 3-4

Gym B at Jefferson County Community Center
Resident: \$65.00 Non-resident: \$70.00

Activity #5476 Sun, Sep 9-Oct 14 2:00-2:45 PM

Activity #5477 Sun, Oct 28-Dec 9 2:00-2:45 PM

Gymnastics - Tumble Bears

Our beginner program is designed to introduce basic gymnastic skills to young children who have no gymnastic experience and to those who have not yet acquired basic gymnastic skills. Gymnasts will work on skills using the beam, bars and springboard. Gymnasts will learn forward and backward rolls, bridges, handstands and cartwheels. This introduction to basic gymnastics is both fun and rewarding as the gymnast discovers the many new ways that they can move. Parents are welcome to observe during the last class.

Ages 4-6

Gym B at Jefferson County Community Center
Resident: \$70.00. Non-resident: \$75.00

Activity #5478 Sun, Sep 9-Oct 14 3:00-4:00 PM

Activity #5479 Sun, Oct 28-Dec 9 3:00-4:00 PM

Activity #5480 Mon, Sep 10-Oct 15 5:00-6:00 PM

Activity #5481 Mon, Nov 5-Dec 10 5:00-6:00 PM

Gymnastics - Beginner Gymnastics

In this 60 minute program, students will learn the proper fundamentals of gymnastics. Our fun filled weekly lesson plans will keep the students interested and excited about learning the basics of gymnastics. Gymnasts will work on skills using the beam, bars and springboard. Gymnasts will learn forward and backward rolls, bridges, handstands and cartwheels. This introduction to basic gymnastics is both fun and rewarding. Parents are welcome to observe during the last class. The Monday evening intermediate and beginner classes are held at the same time, students will be split into groups based on age and skill level.

Ages 6-12

Jefferson County Community Center
Resident: \$70.00. Non-resident: \$75.00

Activity #5482 Sun, Sep 9-Oct 14 4:15-5:15 PM

Activity #5483 Sun, Oct 28-Dec 9 4:15-5:15 PM

Activity #5484 Mon, Sep 10-Oct 15 6:10-7:10 PM

Activity #5485 Mon, Nov 5-Dec 10 6:10-7:10 PM

Gymnastics - Intermediate Gymnastics

This program is for gymnasts that have mastered basic positions and skills. The intermediate gymnastic level introduces the gymnast to skills on the high beam, handstand forward rolls, round offs, front walkovers and back walkovers. Gymnasts will also work on skills using the bars and springboard. Parents are welcome to observe during the last class. The Monday evening intermediate and beginner classes are held at the same time, students will be split into groups based on age and skill level.

Ages 6-14

Gym B at Jefferson County Community Center
Resident: \$70.00. Non-resident: \$75.00

Activity #5486 Sun, Sep 9-Oct 14 5:30-6:30 PM

Activity #5487 Sun, Oct 28-Dec 9 5:30-6:30 PM

Activity #5488 Mon, Sep 10-Oct 15 6:10-7:10 PM

Activity #5489 Mon, Nov 5-Dec 10 6:10-7:10 PM

Winter Cheer Camp with the Shepherd Rams

If your child is interested in becoming a cheerleader, this is a perfect opportunity to learn what the sport is all about! Our clinics, taught by Shepherd College Coaches and cheerleaders, incorporate the fundamentals of cheering- arm movements, jumps, dance, stunting, tumbling, and a variety of cheers and chants that incorporate these skills.

Ages 4-16

Jefferson County Community Center
Resident: \$89.00 Non-resident: \$94.00

Activity #5524 Wed, Thur, Fri
Dec 26-Dec 28 9:00 AM-3:00 PM

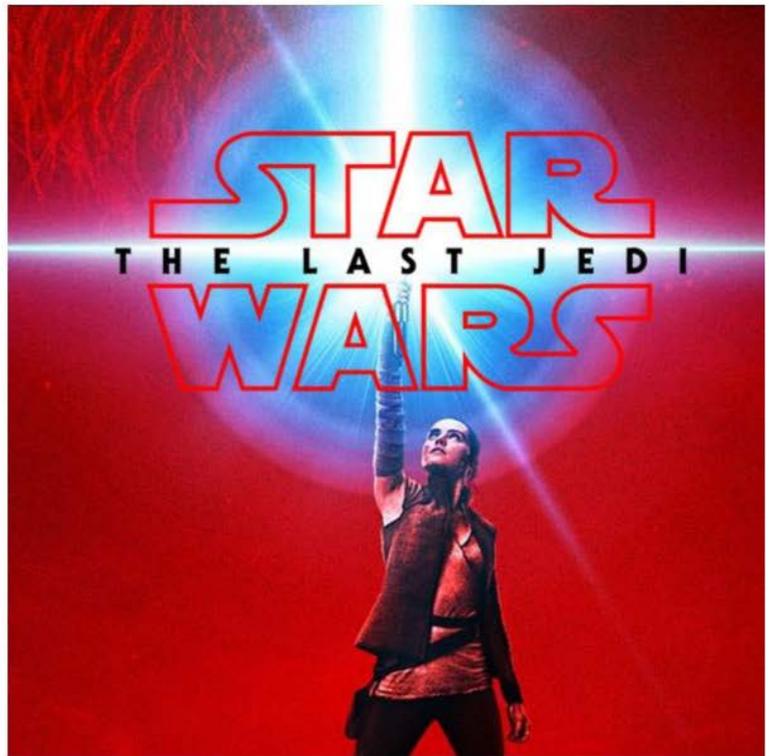
Movie Night In the Park

Star Wars - The Last Jedi
September 28

Sam Michael's Park

Please support the concession stand at this Movie Event.
All proceeds will benefit the more family friendly events with Parks & Rec.

**This movie is offered ADMISSION FREE
thanks to sponsorship
from Jefferson Urgent Care**



Grab your family & friends, and your chairs & blankets and meet us for a FREE movie under the stars!

Movies begin when the sun sets. Time varies, depending on season.

Movie Night In the Park

Hocus Pocus
October 26

Wright Denny Intermediate

Please support the concession stand at this Movie Event.
All proceeds will benefit the more family friendly events with Parks & Rec.

**This movie is offered ADMISSION FREE
thanks to sponsorship
from Sammi Brown**



Dance

Hip Hop

Hip hop, a fast and upbeat form of urban dance elements, will be incorporated into this class. Students should wear comfortable clothing and jazz shoes or sneakers for class.

Ages 7-15 Instructor Cara Patterson

Dance Room at Jefferson County Community Center

Resident: \$62.00 Non-resident: \$67.00

Activity #5333	Sun, Sep 9-Oct 14	1:40-2:40 PM
Activity #5334	Sun, Nov 4-Dec 16	1:40-2:40 PM

Pre-Ballet 1

Join the Royal Stars dance at Jefferson County Parks & Recreation and learn the fundamental steps of ballet. It is recommended all students wear pink tights, pink shoes and pink leotard. Hair should be pinned in bun or out of face.

Ages 5-7 Instructor Cara Patterson

Dance Room at Jefferson County Community Center

Resident: \$62.00 Non-resident: \$67.00

Activity #5337	Sun, Sep 9-Oct 14	2:50-3:50 PM
Activity #5338	Sun, Nov 4-Dec 16	2:50-3:50 PM

Ages 5-7 Instructor Mikaela Petersen

Dance Room at Jefferson County Community Center

Resident: \$57.00 Non-resident: \$62.00

Activity #5339	Thur, Sep 13-Oct 18	4:00-4:45 PM
Activity #5340	Thur, Nov 1-Dec 13	4:00-4:45 PM

Pre-Ballet 2

This class combines the basics of ballet along with teaching rhythm and coordination. The students will grow to love the fine art of ballet. Pink leotard, pink tights and pink shoes are recommended. Children will learn ballet basic skills, terminology, and stretches.

Ages 5-14 Instructor Mikaela Petersen

Dance Room at Jefferson County Community Center

Resident: \$57.00 Non-resident: \$62.00

Activity #5341	Thur, Sep 13-Oct 18	4:50-5:35 PM
Activity #5342	Thur, Nov 1-Dec 13	4:50-5:35 PM

Country Line Dancing Level 1 (Youth)

This is a seven-week session for the beginner dancer. In this class, a student will learn approximately 85% of all steps needed for any type of dance, basics of dance, and dance floor etiquette. Although this beginner class is centered around Country Music and a Western, Cowboy/Cowgirl theme, most of the dances taught can be danced to any kind of music. Completion of this class is required to enter the Intermediate Level class. Although some couple dances are taught, you do not need a partner. It is best to wear smooth-soled low heel shoes or boots. **(No class Nov 22)**

Ages 6-15 Instructor Allen Keefer

Charles Town Middle School - Cafeteria

Resident: \$37.00 Non-resident: \$42.00

Activity #5390	Thur, Aug 30-Oct 11	6:30-7:30 PM
Activity #5391	Thur, Oct 18-Dec 6	6:30-7:30 PM

Tap 1

Have fun learning the basic steps to become a tap dancer! Al Gilbert Graded Tap Method. Pink leotard, pink tights, sultan tap shoes are recommended.

Ages 5-15 Instructor Mikaela Petersen

Dance Room-Jefferson County Community Center

Resident: \$62.00 Non-resident: \$67.00

Activity #5331	Thur, Sep 13-Oct 18	5:45-6:30 PM
Activity #5332	Thur, Nov 1-Dec 13	5:45-6:30 PM

Hoop Dance - Hula Hoop Fun for all Ages!

Students will learn basic hooping tricks, skills and techniques. Practicing hooping teaches students patience and persistence, while reminding them that challenges are FUN! In the process they will build confidence, boost brain power, exercise, and connect with others. Hooping uses a step-by-step self-regulated problem-solving format with automatic reinforcement at every level of accomplishment! There are no losers in this sort of practice! Everyone wins! And the step-by-step model for learning bleeds into learning in general. Within the first class they will have seen obvious improvement and be excited to continue. Each class their skills will improve. Each practice there is more improvement and positive reinforcement. This relates to learning reading, spelling, and math. It is easy for students to approach learning with greater ease and confidence when they can relate it to something that is fun for them, and then something magic happens! Learning becomes more fun. Challenges become more fun! Hoops will be provided for each student to use and will have handmade hoops available to purchase.

Ages 7-9 Instructor Yamni Arts

Charles Washington Hall, 106 N. George St., Charles Town, WV

Resident: \$40.00. Non-resident: \$45.00

Activity #5454	Tues, Sep 4-Sep 25	5:00-5:45 PM
Activity #5455	Tues, Oct 23-Nov 13	5:00-5:45 PM

Ages 10-15 Instructor Yamni Arts

Charles Washington Hall, 106 N. George St., Charles Town, WV

Resident: \$40.00. Non-resident: \$45.00

Activity #5456	Tues, Sep 4-Sep 25	6:00-6:50 PM
Activity #5457	Tues, Oct 23-Nov 13	6:00-6:50 PM

Country Line Dancing Level 2 (Youth)

This is two seven-week sessions (part A and part B) for the intermediate-level dancer. This level is sometimes called "Improver" or "Advanced Beginner". These fourteen weeks of classes are designed to prepare the dancer for the more complicated movements of the Advance-Level classes. It covers the basics of different styles of dance such as the Mambo and Swing. You will also learn many couple and line dances. A partner is not required. **(No class Nov 22)**

Ages 6-15 Instructor Allen Keefer

Charles Town Middle School - Cafeteria

Resident: \$37.00 Non-resident: \$42.00

Activity #5396	Thur, Aug 30-Oct 11	7:30-8:30 PM
Activity #5397	Thur, Oct 18-Dec 6	7:30-8:30 PM

Dance

Dance Express

This class is a great way for beginner dancers to have the opportunity to try many types of dance. Each class will begin with a quick warm-up stretch. Classes will be dedicated to introducing a different style of dance. Some of the styles included but not limited to are... ballet, jazz, hip hop and lyrical. On the last week of class, parents will have the opportunity to see what the children have learned with a small performance.

Ages 5-8 Instructor Cara Patterson

Dance Room at Jefferson County Community Center

Resident: \$62.00 Non-resident: \$67.00

Activity #5335 Sun, Sep 9-Oct 14 12:30-1:30 PM

Activity #5336 Sun, Nov 4-Dec 16 12:30-1:30 PM

50 Carat Tap

Finally, an adult tap class geared to the needs of the over 50 set. Come out and have fun. Live a little, laugh a little, and get in shape! Fitness can and should be fun. Grab your tap shoes and let's dance!

Ages 50+

Dance Room at Jefferson County Community Center

Instructor New Hopewell Center For The Arts

Resident: \$90.00 Non-resident: \$95.00

Activity #5536 Wed, Sep 5-Oct 24 10:00-11:00 AM

Activity #5537 Tue, Sep 4-Oct 23 7:00-8:00 PM

Activity #5538 Tue, Oct 30-Dec 18 7:00-8:00 PM

Adult Ballet Barre Workout

A one-hour class of classical ballet barre warm-up and center floor exercises to help with balance, improve flexibility, and strengthen muscles.

Ages 18+

Dance Room at Jefferson County Community Center

Instructor New Hopewell Center For The Arts

Resident: \$75.00 Non-resident: \$80.00

Activity #5531 Tue, Oct 30-Dec 11 9:00-10:00 AM

Activity #5532 Thu, Sep 6-Oct 11 9:00-10:00 AM

Activity #5533 Thu, Oct 18-Nov 29 9:00-10:00 AM

Ages 18+

Dance Room at Jefferson County Community Center

Instructor New Hopewell Center For The Arts

Resident: \$90.00 Non-resident: \$95.00

Activity #5530 Tue, Sep 4-Oct 23 9:00-10:00 AM



Atomic Rhythms

Come join this exciting one-hour class and learn about rhythms. You will need tap shoes, a 5 gallon plastic bucket, and a pair of drum sticks. Students will learn how to integrate drumming techniques with tap shoe rhythms. An exciting way to learn to dance and create music with your feet and hands.

Ages 6-10

Dance Room at Jefferson County Community Center

Instructor New Hopewell Center For The Arts

Resident: \$75.00 Non-resident: \$80.00

Activity #5535 Mon, Nov 12-Jan 14 6:30-7:30 PM

Ages 6-10

Dance Room at Jefferson County Community Center

Instructor New Hopewell Center For The Arts

Resident: \$90.00 Non-resident: \$95.00

Activity #5534 Mon, Sep 10-Nov 5 6:30-7:30 PM

Creative Movement

Come explore the world of rhythm and entertainment. In this fun filled class, children will use rhythm sticks, hula hoops, learn basics of ballet, tap, and singing. Come have fun and explore the art of entertainment.

Ages 3-5

Dance Room at Jefferson County Community Center

Instructor New Hopewell Center For The Arts

Resident: \$75.00 Non-resident: \$80.00

Activity #5527 Tue, Oct 30-Dec 11 11:45 AM-12:30 PM

Activity #5529 Thu, Nov 1-Dec 13 11:45 AM-12:30 PM

Ages 3-5

Dance Room at Jefferson County Community Center

Instructor New Hopewell Center For The Arts

Resident: \$90.00 Non-resident: \$95.00

Activity #5526 Tue, Sep 4-Oct 23 11:45 AM-12:30 PM

Activity #5528 Thu, Sep 6-Oct 25 11:45 AM-12:30 PM



Interests, Hobbies, & Events

Beginner Sewing for Kids

Learn to sew by machine! In this class you will learn sewing machine safety, sewing terms, and how to read a pattern. Everyone will follow the same pattern to make a pair of pajama pants. Students will need to purchase their own pattern, fabric, and thread. Complete supply list will be given out at the first class.

Ages 8-17

Charles Town Middle School - FACS Room
Instructor Nancy Bender

Resident: \$40.00 Non-resident: \$45.00

Activity #5401 Mon, Sep 10-Oct 1 6:00-8:00 PM

Ag Adventures

Have you ever made glue or dyed wool? Explore some of the fun that comes from nature and agriculture, and even get your hands dirty in the process! Kids will be hands-on with science-based agriculture activities. Topics will range from animal science, plant science, and other environmental topics.

Ages 9-12

Jefferson County Community Center

Resident: \$10.00 Non-resident: \$15.00

Activity #5440 Wed, Sep 26-Oct 10 4:30-6:00 PM

Animal Adventures

Animal lovers will meet, learn about, and interact with real, live animals! Under close adult supervision, participants will hold, pet, and/or feed animals throughout this six week course. Animals include birds, reptiles, mammals, amphibians, and invertebrates. Students will learn about proper animal handling, basic biology, animal behavior, animals' jobs in nature, husbandry, and the importance of biodiversity. Two or more animals will be at each class!

Ages 4-13 Instructor Melissa Kowalski

Jefferson County Community Center

Resident: \$90.00 Non-resident: \$95.00

Activity #5437 Thurs, Sep 13-Oct 18 5:00-6:00 PM

Activity #5438 Thurs, Nov 1-Dec 13 5:00-6:00 PM

LEGO Engineering

Build engineer designed projects such as boats, bridges, mazes, cars and use special pieces to create your own unique designs. Children will not be allowed to take home any of the LEGOs.

Ages 7-13 Instructor Barb Matlock

Jefferson County Community Center

Resident: \$62.00 Non-resident: \$67.00

Activity #5450 Wed, Sep 12-Oct 3 6:30-7:30 PM

Activity #5451 Wed, Nov 7-Nov 28 6:30-7:30 PM

STEM Adventures - Inventor's Workshop

Kids will enjoy hands-on activities learning about different aspects of Science, Technology, Engineering and Math in this inventor's workshop.

Activities may vary from session to session.

Ages 8-12 Instructor Barb Matlock

Jefferson County Community Center

Resident: \$52.00 Non-resident: \$57.00

Activity #5452 Wed, Sep 12-Oct 3 5:00-6:00 PM

Activity #5453 Wed, Nov 7-Nov 28 5:00-6:00 PM

Beginning Bridge

Come out to meet friends, have fun and enjoy one of the world's oldest games. For ages 9-99 and beginners who have never played or maybe you played years ago and want to go over the basic skills of the game. No books, no memorizing, and no homework. All materials are provided. Minors must be accompanied by a paying adult.

Ages 9+

Jefferson County Community Center

Resident: \$25.00 Non-resident: \$30.00

Activity #5434 Tues, Sep 11-Oct 2 10:00AM-Noon

Ages 9+

Wright Denny Intermediate School - Library

Resident: \$25.00 Non-resident: \$30.00

Activity #5433 Wed, Sep 12-Oct 3 5:00-7:00 PM

Bridge 1

A continuation of Beginning Bridge, players should have completed the first Beginning Bridge 1 class or should have some knowledge of the game already. Come out to meet friends, have fun and enjoy one of the world's oldest games. For ages 9-99 and beginners who have never played; or maybe you played years ago and want to go over the basic skills of the game. No books, no memorizing, and no homework. All materials are provided. Minors must be accompanied by a paying adult.

Ages 9+

Jefferson County Community Center

Resident: \$25.00 Non-resident: \$30.00

Activity #5436 Tue, Oct 9-Oct 30 10:00AM-Noon

Ages 9+

Wright Denny Intermediate School - Library

Resident: \$25.00 Non-resident: \$30.00

Activity #5435 Wed, Oct 10-Oct 31 5:00-7:00 PM

Soedorable Art

Soedorable Art is the perfect way to enjoy an afternoon. We start with a blank canvas and all the supplies needed to complete a beautiful work of Soedorable Art!!! I'm here to guide you through your painting until you are happy with your masterpiece.

Children ages 2-6 will be required to have a parent present for child assistance.

Unicorn Painting

Activity #5522

Sunday, Sep 16

(Registration Deadline: Sept. 2)

2:00-4:00 PM

Cost: \$35

All materials and supplies included.



Halloween Painting

Activity #5523

Sunday, Oct 14

(Registration Deadline: Oct 1)

2:00-4:00 PM

Cost: \$35

All materials and supplies included.

Kids choose their design!

Interests, Hobbies, & Events

Tree Maze

Ever look up at the trees and wonder what they're called? There are thousands of different kinds of trees, come learn just a few of the ones we see in our backyards! We'll start the class with a fun tree activity then go for a nature walk to see how many we can identify

Ages 9-12

Jefferson County Community Center
Resident: Free. Non-resident: \$5.00

Activity #5439 Mon, Oct 8 1:00-2:30 PM

Ride from the Start Pony School

These 'parent-child' classes, brought to you by instructors from Ride From the Start Pony School, each include a story, song, hands-on activity, a horse lesson, a craft/manipulative, and a short riding lesson. Your child will learn a wide range of information about ponies. They will have fun and become more confident around ponies, and gradually learn to control the pony at the walk. This is an ideal program for small children who are fearful around large animals, but will also provide enough hands-on time to please children who are more eager to interact with the ponies. Classes may run late due to number of students and to ensure each child has their time with the horse. For more information about Ride From the Start Pony School, please visit www.msshelleysponyschool.com.

Ages 2 1/2-5

Miller Farms, 4120 Bower Road, Kearneysville WV 25430
Resident: \$70.00. Non-resident: \$75.00

Activity #5464 Sat, Sep 15-Oct 6 9:00-10:00 AM
Activity #5465 Sat, Sep 15-Oct 6 10:30-11:30 AM
Activity #5466 Sat, Oct 20-Nov 10 3:00-4:00 PM
Activity #5467 Sat, Oct 20-Nov 10 4:30-5:30 PM

Learn to Ride

Parents, can't get your child to let you take those training wheels off their bike? Come to Sam Michael's Park to get them off. JCPRC staff will be outside with your child to help them succeed. A special technique will also be used to enhance balance before they try to ride. Child must have a helmet. Please be sure to bring your child's bike. Training wheels must be easy to remove. Please bring them as well if your child uses them. Parents please plan on being an active participant in this class.

Ages 4-10 Instructor Jeff Fiolek
Jefferson County Community Center
Resident: \$18.00 Non-resident: \$23.00

Activity #5239 Sat, Sep 8 10 AM-Noon

Community Center Yard Sale

One man's stuff is another man's treasure. Booth spaces measure 8'x16' and must be registered in advance. Advertisements will include social media, signage, and more. Setup will be available on Friday between 6-8pm. Admission will be FREE for shoppers!

Full Gym at Jefferson County Community Center
Resident: \$25.00 Non-resident: \$30.00

Activity #5505 Sat, Sep 15 8:00AM-1:00PM

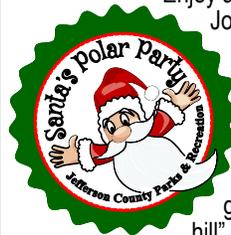
Holiday Craft Fair & Vendor Show

Crafters and vendors must pay a \$30 fee for their space. For additional information please call the JCPRC main office at 304-728-3207. Setup for vendors will take place on Saturday morning from 7am-9am. Craft event runs from 9am-2pm. Admission will be FREE for shoppers.

Full Gym at Jefferson County Community Center
Booth Space: \$30.00

Activity #5509 Sat, Nov 10 9:00AM-2:00PM

Santa's Polar Party



Enjoy a LEGO craft and have your picture taken with Santa.

Join Mrs. Claus in the "cookie kitchen" and help kids decorate their very own Christmas cookies! Kids will get to use decorating bags of frosting and sparkles and sprinkles! We will also have Santa's Lego Workshop where kids will have the opportunity to build a Lego Christmas themed mini-set! Visit the elves' playground where kids will get to bounce and "sled" down the inflatable "snow hill". Children under the age of 1 will not receive tickets for LEGO craft or cookie decorating. Concessions will be available for an additional fee. ** Kids ages 17 and below should register for this event. **Adults and children under 1 years of age are free**
PRE-REGISTRATION IS REQUIRED -- NO WALK-IN REGISTRATION THE NIGHT OF THIS EVENT.

Jefferson County Community Center
Activity Registration Fee: \$10.00/child

Activity #5490 Fri, Dec 14 6:00 PM-8:00 PM

Wee Warrior Dash

Join the JCPRC, Two Rivers Treads and Freedom's Run for this 1-mile fun run, obstacle course. Registration is free. Please pre-register your kids for this event to make race-day check-in faster and easier. Kids will run our obstacle course. Parents are invited to run along!

Ages 2-15 Sam Michael's Park Free

Activity #5508 Sat, Nov 10 10:30 AM-11:30 AM

Fall Fun Fest

Kids ages 2-12 are invited to our NEW Fall Fun Fest at Sam Michael's Park! Admission includes trick-or-treat trail, a pumpkin hunt (each of the kids will take home the pumpkin they find), hayride, moon bounces, playdough craft, and more! The night will finish with a magic show from "The Great Zucchini"! Admission is \$10 for participants. Activities are appropriate for kids ages 2-12, however if kids older or younger would like to participate in all activities and get treats, please call our office to register. Parents and kids under 2 are FREE. Maximum 200 kids.

Activity Registration Fee: \$10.00/child

Activity #5525 Fri, Oct 12 6:00-8:30 PM

Pancakes & Princesses

Your favorite princesses are ready and waiting to enjoy breakfast, story time, photos, a craft and dancing! Be sure to dress up and join the fun!

Ages 2+ Jefferson County Community Center
Admission \$12/child

Day Camps

Schools Out Camp

Kids will enjoy games, sports, movies, arts & crafts, and more! This is a perfect way for kids to have time with friends, or make new friends, when school is closed.

Ages 6-12

Jefferson County Community Center
Resident: \$57.00 Non-resident: \$62.00
Activity #5521 Mon, Tue, Wed
Nov 19-Nov 21 8:00 AM-4:00 PM

Ages 6-12

Jefferson County Community Center
Resident: \$57.00 Non-resident: \$62.00
Activity #5507 Wed, Thu, Fri
Jan 2-Jan 4 8:00 AM-4:00 PM

Winter Cheer Camp with the Shepherd Rams

If your child is interested in becoming a cheerleader, this is a perfect opportunity to learn what the sport is all about! Our clinics, taught by Shepherd College Coaches and cheerleaders, incorporate the fundamentals of cheering- arm movements, jumps, dance, stunting, tumbling, and a variety of cheers and chants that incorporate these skills.

Ages 4-16

Jefferson County Community Center
Resident: \$89.00 Non-resident: \$94.00
Activity #5524 Wed, Thur, Fri
Dec 26-Dec 28 9:00 AM-3:00 PM

Winter Break Field Trip Camp

Snow Tubing - ClimbZone - Indoor Water Park!

Field Trips will leave at different times. Drop-off at the Jefferson County Community Center will be at 9:00 a.m. for the trips on Wednesday thru Friday. Please check with the camp director for specific departure/arrival times for each day's trip. During wait time for bus departure and drop off, games and other activities will be provided for the children until they are boarded. Pick-up for campers will be at 4:00 p.m., unless otherwise noted. All trips are transported by Jefferson County School Buses. Campers will be required to bring special items each day. Campers must bring a packed lunch, snack, and a waterbottle to camp each day, and wear sneakers. Other examples include: swimwear, extra cash for concessions/souvenirs, etc. Parents/Guardians who would like to volunteer to assist with the camp must pay their own fees for entry for each field trip. Parents/Guardians will need to submit a volunteer background check by December 1, 2018 in order to attend any trip. Camp cost includes tickets, admission and transportation for all trips daily. Please note, some pick-up times may run late for certain trips due to afternoon traffic. Trip must meet minimum number of participants by December 1st in order to run.

Ages 8-15

Instructor Jay Earl

Camp will meet daily at the Jefferson County Community Center
Resident: \$200.00 Non-resident: \$205.00
Activity #5506 Wed, Thu, Fri
Dec 26-Dec 28 9:00 AM-4:00 PM



**Friday,
October 12
6pm-8:30pm**

Activity Registration Fee:
\$10.00/child
Activity #5525

Pre-registration is required.



**Saturday,
November 10
10:30am-12pm**

FREE KIDS FUN RUN &
OBSTACLE COURSE!
Activity #5508

Pre-registration is not required, however it is recommended to speed up the check-in process the day of the race.



**Saturday,
November 17
8am-10am**

Activity Registration Fee:
\$12.00/child
Activity #5539

*Pancakes
& Princesses*
Pre-registration is required.



**Friday,
December 14
6pm-8pm**

Activity Registration Fee:
\$10.00/child
Activity #5490

Letters to Santa will begin at the Holiday Craft Show on November 10 and be available thru Santa's Polar Party. Pre-registration is required.

Cooking Classes for Kids

Enjoy this kids cooking class with monthly Disney themes.
Kids will create foods from recipes inspired by their favorite Disney movies and characters.



Kids Cooking Adventures Disney Princesses

Ages 5-8

Page Jackson Elementary - cafeteria

Resident: \$35.00 Non-resident: \$40.00

Activity #5468 Sat, Sept 22 9:00 AM-Noon

Kids Cooking Adventures Disney Monsters/Villains

Ages 5-8

Page Jackson Elementary - cafeteria

Resident: \$35.00 Non-resident: \$40.00

Activity #5469 Sat, Oct 20 9:00 AM-Noon



Kids Cooking Adventures Mickey & Friends

Ages 5-8

Page Jackson Elementary - cafeteria

Resident: \$35.00 Non-resident: \$40.00

Activity #5470 Sat, Nov 17 9:00 AM-Noon

Kids Cooking Adventures - "Frozen" treats

Ages 5-8

Page Jackson Elementary - cafeteria

Resident: \$35.00 Non-resident: \$40.00

Activity #5471 Sat, Dec 15 9:00 AM-Noon



PreSchool Programming



Introduce your child to the basics of alphabet, numbers, colors and shapes through various crafts, stories and other activities. Our program is designed for children age one and a half to three years of age, and based on a commitment to offering children an educationally sound and happy preschool experience where they can learn about themselves and about the world around them. We know the preschool experience is a first and very important step in a long education process, and we will strive to make it as fun and educational as possible. Toddler Learning Time is a tuition based program and parents will be required to make monthly payments.

Enrollments are accepted on a rolling basis, as spaces are available.

2 yrs / \$90 per month Instructor **Stacie Tanski**
Jefferson County Community Center
Mon/Wed/Fri 9:00 am-10:30 am

2 yrs / \$90 per month Instructor **Stacie Tanski**
Jefferson County Community Center
Mon/Wed/Fri 11:00 am-12:30 pm

16 mos. (must be mobile) / \$80 per month
(Children must be 16 mos. on or before September 1 to enroll)

Instructor **Stacie Tanski**
Jefferson County Community Center
Tue/Thur 9:00 am-10:30 am

3 yrs / \$80 per month Instructor **Stacie Tanski**
Jefferson County Community Center
Tue/Thur 11:00 am-12:30 pm

Registration Fee: \$50 Materials Fee: \$50
Registration fee and materials fee are non-refundable.

To obtain information and registration packet
please email Stacie Tanski at
standski@jeffersoncountywv.org



Play & Learn Program's mission is to provide children ages 3-5 with a well-rounded program in a positive, safe, and supportive environment. Our mission is achieved by a professional and dedicated staff that will guide your child through a variety of meaningful and interesting experiences, which will help to develop your child's cognitive, social, and physical skills through appropriate activities. Your child will have fun learning through play.

Learning Outcomes include:

- Enhance self esteem & individuality
- Build friendships
- Develop respect & promote teamwork
- Encourage reading readiness
- Strengthen listening & speaking skills
- Provide opportunities for self-expression
- Learn to get along with & respect others
- Encourage creativity

Children must be fully toilet trained prior to the first day of class.
Use of disposable undergarments are not permitted.

4-5 yrs / \$180 per month Instructor **Holly Junkin**
Jefferson County Community Center
Mon/Wed/Fri 9:00 am-11:30 am

4-5 yrs / \$180 per month Instructor **Holly Junkin**
Jefferson County Community Center
Mon/Wed/Fri 1:00 pm-3:30 pm

3-4 yrs / \$130 per month Instructor **Holly Junkin**
Jefferson County Community Center
Tue/Thur 9:00 am-11:30 am

3-4 yrs / \$130 per month Instructor **Holly Junkin**
Jefferson County Community Center
Tue/Thur 1:00 pm-3:30 pm

Registration Fee: \$50 Materials Fee: \$50
Registration fee and materials fee are non-refundable.

To obtain information and registration packet
please email Holly Junkin at
hjunkin@jeffersoncountywv.org

Toddler Play Dates

Toddler Play Date - Finger Painting Fun

Bring your 2-5 year old out for a fun afternoon of arts, crafts, play and socialization. Our instructors will have all the supplies to help you and your child create some fun memories! A great way to meet other moms and get the kiddos out of the house! Parents must stay with the child in the class. Infant siblings are welcome to come hang out in their strollers while the 2-5 year olds do some crafting!

Ages 2-5

Activity Room at Jefferson County Community Center
Resident: \$12.00 Non-resident: \$17.00

Activity #5516 Wed, Oct 10 1:00-2:30 PM

Toddler Play Date - Halloween Craft

Bring your 2-5 year old out for a fun afternoon of arts, crafts, play and socialization. Our instructors will have all the supplies to help you and your child create some fun memories! A great way to meet other moms and get the kiddos out of the house! Parents must stay with the child in the class. Infant siblings are welcome to come hang out in their strollers while the 2-5 year olds do some crafting!

Ages 2-5

Activity Room at Jefferson County Community Center
Resident: \$12.00 Non-resident: \$17.00

Activity #5517 Thur, Oct 25 1:30-3:00 PM

Toddler Play Date -

Make Your Own Playdough

Bring your 2-5 year old out for a fun afternoon of arts, crafts, play and socialization. Our instructors will have all the supplies to help you and your child create some fun memories! A great way to meet other moms and get the kiddos out of the house! Parents must stay with the child in the class. Infant siblings are welcome to come hang out in their strollers while the 2-5 year olds do some crafting!

Ages 2-5

Activity Room at Jefferson County Community Center
Resident: \$12.00 Non-resident: \$17.00

Activity #5514 Wed, Sep 12 1:00-2:30 PM

Toddler Play Date - Make Your Own Slime

Bring your 2-5 year old out for a fun afternoon of arts, crafts, play and socialization. Our instructors will have all the supplies to help you and your child create some fun memories! A great way to meet other moms and get the kiddos out of the house! Parents must stay with the child in the class. Infant siblings are welcome to come hang out in their strollers while the 2-5 year olds do some crafting!

Ages 2-5

Activity Room at Jefferson County Community Center
Resident: \$12.00 Non-resident: \$17.00

Activity #5518 Wed, Nov 7 1:00-2:30 PM

Toddler Play Date - Science Fun

Bring your 2-5 year old out for a fun afternoon of arts, crafts, play and socialization. Our instructors will have all the supplies to help you and your child create some fun memories! A great way to meet other moms and get the kiddos out of the house! Parents must stay with the child in the class. Infant siblings are welcome to come hang out in their strollers while the 2-5 year olds do some crafting!

Ages 2-5

Activity Room at Jefferson County Community Center
Resident: \$12.00 Non-resident: \$17.00

Activity #5515 Thur, Sep 27 1:30-3:00 PM

Toddler Play Date - Thanksgiving Craft

Bring your 2-5 year old out for a fun afternoon of arts, crafts, play and socialization. Our instructors will have all the supplies to help you and your child create some fun memories! A great way to meet other moms and get the kiddos out of the house! Parents must stay with the child in the class. Infant siblings are welcome to come hang out in their strollers while the 2-5 year olds do some crafting!

Ages 2-5

Activity Room at Jefferson County Community Center
Resident: \$12.00 Non-resident: \$17.00

Activity #5519 Thur, Nov 15 1:00-2:30 PM

Indoor Playground

Thursdays & Fridays

Sept. 6 - Dec. 21 10am-3pm

Jefferson County Community Center
(Closed 10/11, 10/12, 11/9, 11/22, 11/23, 12/14)

Cost: \$5.00 for the first child
\$3.00 for siblings

10 visit
punch pass
available
\$40!



Athletics

Archery

Enjoy this beginner to intermediate class for kids. This sport can be a rewarding, lifelong activity which will develop self-confidence and discipline. This course is designed to acquaint the beginner archer with basics in care and use of the equipment as well as technique. Participants are encouraged to wear comfortable clothing and sneakers.

Ages 8-16

Instructor Jay Earl
Sam Michael's Park

Resident: \$76.00 Non-resident: \$81.00

Activity #5355 Tues, Sep 11-Oct 16 5:20-6:20 PM



Basketball Skills

You child will enjoy this program focused on basketball skills. Our instructor is a long-time educator and teaches physical education. This class will include skills such as shooting, passing, dribbling, defense, small-sided games, drills, scrimmages, and more!

Ages 6-8 Instructor Jeff Fiolek

Gym A at Jefferson County Community Center

Resident: 5700 Non-resident: \$62.00

Activity #5356 Tues, Oct 23-Dec 4 5:00-5:45 PM

Ages 9-12 Instructor Jeff Fiolek

Gym A at Jefferson County Community Center

Resident: \$5700 Non-resident: \$62.00

Activity #5357 Tues, Oct 23-Dec 4 6:00-6:45 PM

Beginner Volleyball Clinic

Join Coach Cami and Coach Heather in this beginner clinic. Beginner players will learn skills such as hitting, serving, setting and passing. Clinic will include small sided games and scrimmages. This clinic is for players with little to no experience.

Ages 8-13

Full Gym at Jefferson County Community Center

Resident: \$65.00 Non-resident: \$70.00

Activity #5250 Mon, Oct 1-Nov 5 6:00-7:00 PM

Little All-Stars

Bring your little one to this fun and entertaining class where they will learn the basics of several sports skills. Learn and practice kicking, throwing, dribbling, shooting and reinforce those skills with fun small sided games like red light green light and sharks and minnows.

Ages 3-6 Instructor Heidi Citro

Jefferson County Community Center

Resident: \$42.00 Non-resident: \$47.00

Activity #5446 Wed, Sep 12-Oct 17 10:00-10:45 AM

Activity #5447 Wed, Oct 24-Nov 28 10:00-10:45 AM

Sport Fit with Mr. Earl

A class based on fitness and sports fun, including basketball skills, soccer, baseball, running and overall fitness. This class will concentrate on specific sports skills while also increasing overall fitness and agility of participants.

Ages 8-12 Instructor Jay Earl

Wright Denny Intermediate School

Resident: \$62.00 Non-resident: \$67.00

Activity #5353 Tues, Sep 11-Oct 16 3:50-4:50 PM

Holiday Sports Express Camp

Kids can come to the JCCC for a 3-day sports filled camp. Kids will play games and stay active. Please provide your child with a packed lunch and water bottle.

Ages 5-12 Instructor Dave Viands

Gym A at Jefferson County Community Center

Resident: \$5700 Non-resident: \$62.00

Activity #5358 Wed-Fri Dec 26-Dec 28 8:00-5:00 PM



Care from the providers you can trust in Charles Town.

We want to help, no matter the issue at hand.

Services include Injuries, Illness, Physical Exams, Flu and Tetanus Vaccines and PPD, X-Rays, Pediatric Care, Lab Tests & Screenings, Workplace Injury Care, and more!

84 Somerst Blvd. - Charles Town, WV 25414 - 304-728-8533

**Sports
Physicals
\$10!**

**DOT
Physicals
\$90!**

Indoor Futsal League

Indoor Futsal League

Futsal is a modified form of soccer played with five players per side on a smaller, indoor field. Our Futsal Recreational League is in its 5th year at Jefferson County Parks and Recreation! Join in the fun of the game while keeping your soccer skills fresh and ready for spring.

Teams may submit full rosters for teams in the "competitive" division or register as a 'free agent' and be placed on a team in the "non-competitive" division. Teams will play 7 games, all games will be held on Saturdays, starting 1/12/19, Thursdays starting 1/17/19, & Tuesdays starting 1/15/19. Teams will have a 45-minute practice once per week. Practice days and times are to be determined. Practices will start on Monday, 1/7/19. Game times will vary. Cost includes a t-shirt for each player. **Registration deadline is Friday, December 28th.** Volunteer coaches are needed. Volunteer coaches meeting will be held on Monday, December 17th from 6:30-7:30pm. Please provide shirt size at time of registration. This is a co-ed league. Ten players max per team. Please be aware we may need to combine both divisions if there are not enough individuals or teams in their respective age group. ***Coaches will receive a \$10 discount at time of registration. Discounts must be done in person or over the phone.**



Competitive U9

Ages 7-9

Activity #5359

Resident: \$77.00

Non-Resident: \$82.00

*Coach's Child: \$10 DISCOUNT

Competitive U11

Ages 10-11

Activity #5360

Resident: \$77.00

Non-Resident: \$82.00

*Coach's Child: \$10 DISCOUNT

Competitive U14

Ages 12-14

Activity #5361

Resident: \$77.00

Non-Resident: \$82.00

*Coach's Child: \$10 DISCOUNT

Non-Competitive U6

Ages 4-6

Activity #5362

Resident: \$77.00

Non-Resident: \$82.00

*Coach's Child: \$10 DISCOUNT

Non-Competitive U9

Ages 7-9

Activity #5363

Resident: \$77.00

Non-Resident: \$82.00

*Coach's Child: \$10 DISCOUNT

Join the fun and be a volunteer coach!

Call our office for a volunteer application today! 304-728-3207



Jefferson County Lacrosse (High School Boys' team)

Join the Jefferson County Parks & Recreation Commission as we embark on creating the first high school lacrosse team in Jefferson County, through the WWSLA for the Spring 2019 season.

The Jefferson County team will consist of 15-25 players across Jefferson County. Students from Washington High School or Jefferson High School may participate.

Each player will need to provide their own helmet, stick and pads as well as register with USA Lacrosse (\$25).

Volunteer Head Coach and Assistant Coaches are needed!
Coach membership cost: \$50 fee to USA Lacrosse.

*Practices will start at the end of March and games will begin in mid-April.

*Practices may start sooner, as JCPRC is not tied WVSSCA rules and regulations.

9-12 graders / March - May / \$150 registration fee + USA Lacrosse fees

Beginner / Intermediate Crochet

Beginners - Learn basic crochet stitches and how to read a basic pattern. There will be a \$12 supply fee to be paid to the instructor at the first class which covers the cost of yarn (both cotton and acrylic), a crochet hook, tote bag, stitch samples, and a variety of patterns. Intermediates - Refresh skills, receive assistance with patterns, stitches, or techniques. Feel free to bring a project from home. If you would like to contact the instructor prior to class to discuss your needs, please call 304-725-3172 (before 7 p.m. please). Any minor under age 14 must be accompanied by a registered adult.

(No class Oct 23, Nov 6)

Ages 14+

Charles Town Middle School - Library

Instructor Judy Slusher

Resident: \$32.00 Non-resident: \$3700

Activity #5377 **Tues, Oct 9-Nov 13** **6:00-8:00 PM**

Ages 14+

Jefferson County Community Center

Instructor Judy Slusher

Resident: \$32.00 Non-resident: \$3700

Activity #5376 **Mon, Oct 15-Nov 5** **9:30-11:30 AM**

Beginners / Intermediate Knitting

Beginners: Learn the basic knit and purl stitches, how to cast on and bind off, and how to understand basic patterns. A supply fee of \$14 is to be paid to the instructor at the first class to cover the cost of yarn (both cotton and acrylic), a tote bag, knitting needles, yarn needles, and a variety of patterns. Intermediates: Refresh your skills, receive assistance with patterns, stitches, or techniques. Feel free to bring a project from home. If you would like to contact the instructor prior to class to discuss your needs, please call 304-725-3172 (before 7 p.m. please) Any minor under age 14 must be accompanied by a registered adult.

Ages 14+

Charles Town Middle School - Library

Instructor Judy Slusher

Resident: \$32.00 Non-resident: \$3700

Activity #5375 **Tue, Sep 4-Sep 25** **6:00-8:00 PM**

Activity #5374 **Mon, Sep 10-Oct 1** **9:30-11:30 AM**

Complete Your Own Knit/Crochet Project

This class is designed for students who know the basic knit or crochet stitches and would like to learn new techniques, need help in understanding a pattern or completing a project. Instructor will provide individualized attention while you refresh skills or learn new ones. If you would like to learn either Knit or Crochet and the class schedules for those classes do not work for you, please call the instructor at the following phone number to discuss your needs. Assorted patterns will be available. Please bring a project to work on or call 304-725-3172 (before 7:00 p.m. please) prior to class with any project ideas or questions. Any minor under age 14 must be accompanied by a registered adult.

Ages 14+

Jefferson County Community Center

Instructor Judy Slusher

Resident: \$32.00 Non-resident: \$3700

Activity #5378 **Mon, Sep 10-Oct 1** **12:00-2:00 PM**

Activity #5379 **Mon, Oct 15-Nov 5** **12:00-2:00 PM**

Activity #5380 **Mon, Nov 19-Dec 10** **12:00-2:00 PM**

Knit or Crochet for Charity

If you knit, crochet, or do any other needlecrafts and would like to use your time and talents to donate handmade items to local charities, this group will give you the opportunity to enjoy an afternoon of needlework while doing just that. Please bring your own knitting needles/crochet hooks/yarn/supplies to class. The only cost to you is your time, talents, and whatever yarn you can provide. There will be a variety of knit and crochet patterns and project ideas available. There may also be some donated yarn available at class. If you would like to speak with the facilitator prior to class please call 304-725-3172 (before 7 p.m. please). Please Note: Some guidance will be provided but this class is not an instructional class. Any minor under age 14 must be accompanied by a registered adult.

Ages 14+ Cost: FREE

Apple Tree Gardens - Community Room

Instructor Judy Slusher

Activity #5381 **Tue, Aug 28** **12:30-2:00 PM**

Activity #5382 **Tue, Oct 2** **12:30-2:00 PM**

Activity #5383 **Tue, Nov 27** **12:30-2:00 PM**

Movie Night in the Park

Grab your family & friends, blankets and chairs and meet us in the park for a FREE movie!

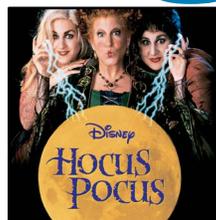
Admission is free thanks to generous donation from our sponsors.

If your business would like to sponsor movies next year, please contact the park office at 304-728-3207.

Thank you to everyone for a great Movie season!



September 28
Sam Michael's Park
Sponsored by
Jefferson Urgent Care



October 26
Wright Denny
Sponsored by
Sammi Brown for WV House
of Delegates 65th District

Beginner Quilting

Students must have basic sewing for this class. This class will focus on cutting and piecing a quilt top as well as the various methods of quilting the layers together. All will work on the same pattern. Students will supply their own fabric. Please contact instructor at nbendern@hotmail.com before class for pattern and supply list.

Ages 14+

Charles Town Middle School - FACS Room

Instructor Nancy Bender

Resident: \$80.00 Non-resident: \$85.00

Activity #5402 **Thur, Sep 13-Nov 1 6:30-8:30 PM**

Beginner Garment Sewing Level 1

Learn to sew by machine! In this class you will learn sewing machine safety, sewing terms, and how to read a pattern. Everyone will follow the same pattern to make a pair of pajama pants. Students will supply their own fabric and patterns. Students may contact the instructor at nbendern@hotmail.com before class for pattern suggestions.

Ages 14+

Charles Town Middle School - FACS Room

Instructor Nancy Bender

Resident: \$40.00 Non-resident: \$45.00

Activity #5398 **Tue, Sep 11-Oct 9 6:30-8:30 PM**

Beginner Garment Sewing Level 2

Students must have taken level 1 sewing class or have basic sewing knowledge including operating a sewing machine. Learn new techniques and improve sewing skills with a pattern of your choice. Students will supply their own fabric and patterns. Students may contact instructor at nbendern@hotmail.com before class for pattern suggestions.

Ages 14+

Charles Town Middle School - FACS Room

Instructor Nancy Bender

Resident: \$60.00 Non-resident: \$65.00

Activity #5399 **Wed, Oct 10-Nov 14 6:30-8:30 PM**

Intermediate Sewing

Students must have taken the beginner level 2 class or have basic sewing skills and know how to read a basic pattern. Learn new techniques and improve your sewing skills with a pattern of your choice. Students will supply their own fabric and patterns. Students may contact instructor at nbendern@hotmail.com before class for pattern suggestions.

Ages 14+

Charles Town Middle School - FACS Room

Instructor Nancy Bender

Resident: \$60.00 Non-resident: \$65.00

Activity #5400 **Tue, Oct 16-Dec 11 6:30-8:30 PM**

JCC TEEN NIGHT

Middle School kids are invited to JCC TEEN NIGHT
at Jefferson County Parks and Rec

1st Friday
of each month
Sept - Dec.
6:30-10pm

Basketball
Moon Bounces
Volleyball
XBox
Music

Admission
\$8.00
Concessions Available
for an additional fee.

Boot Camp

Burn fat & gain muscle, tone and strengthen your core all in one hour!! We start with 40 minutes of boot camp - this consists of a mixture of cardio segments and strength training segments and calisthenics. Plus, a few, fun surprises to burn fat and motivate you. We will end with 20 minutes of Pilates core work that will target your abs, back, hips, and glutes. Beginner to Advanced variations will be taught. Weight and measurements are taken at the beginning and end of each session to check your progress. **DAYCARE AVAILABLE, BUT NOT GUARANTEED, FOR THOSE WHO PRE-REGISTER.**

Guidelines for Childcare: Childcare available only for the first 15 children. No guarantee is made that childcare is available each class. Please call in advance for daily availability. Participants **MUST** pre-register in order to take advantage of childcare. Childcare is **FREE** for the first 2 children a participant has. The participant must pay \$5 each for the 3rd and 4th child (not to exceed 4 children). This fee must be paid each time they bring more than 2 children. Fee is payable at the front desk before your class begins.

Ages 18+ Instructor Teresa Cantrell
Location unspecified
Resident: \$130.00 Non-resident: \$135.00

(No class Nov. 22, Dec. 25, Jan. 1)

Activity #5364 Tue/Thu, Sep 11-Nov 1 9:30-10:30 AM

Activity #5365 Tue/Thu, Nov 6-Jan 8 9:30-10:30 AM

Ages 18+ Instructor Teresa Cantrell
Location unspecified
Resident: \$72.00 Non-resident: \$77.00

(No class Nov. 22, Dec. 25, Jan. 1)

Activity #5366 Tues, Sep 11-Oct 30 9:30-10:30 AM

Activity #5367 Tues, Nov 6-Jan 8 9:30-10:30 AM

Activity #5368 Thur, Sep 13-Nov 1 9:30-10:30 AM

Activity #5369 Thur, Nov 8-Jan 3 9:30-10:30 AM

Body Business

This is a full body workout with choreographed dance routines, floor work and stretching.

Ages 18+ Instructor Sandy Watkins
Shepherdstown Elementary School.
Resident: \$50.00 Non-resident: \$55.00

**Activity #5384 Mon & Wed, Sep 10-Nov 14
5:30-6:30 PM**

Ages 18+ Instructor Sandy Watkins
Shepherdstown Elementary School
Resident: \$25.00 Non-resident: \$30.00

(No class Nov. 19, Nov. 21, Dec. 24, Dec. 26, Dec. 31)

**Activity #5385 Mon & Wed, Nov 19-Jan 9
5:30-6:30 PM**

Couch to 5K

Have you ever thought about running a 5K? Stop thinking about it, get out there and do it! This class will get you up off the couch and moving. Our instructor will help you make running fun while teaching you techniques to build endurance and strength. Children are welcome to register for this class if accompanied by a responsible, registered adult.

Ages 12+ Instructor Jessica Tubergen
Sam Michael's Park

Resident: \$42.00 Non-resident: \$47.00

**Activity #5426 Mon & Wed, Sep 10-Nov 14
6:00-7:00 PM**

Late Night Indoor Soccer

Do you enjoy playing soccer, but do not have a place to play, players to field a team, or are working too late? If so, come out to join this fun activity at the Jefferson County Community Center! Pick-up games played once a week. 18 yrs & up. \$6 per visit. **(No drop-in Nov. 21)**

Ages 18+ Drop-in \$6

JCCC Full Gym at Jefferson County Community Center
Wed, Nov 7-Dec 26 9:00-11:00 PM

Late Night Volleyball

Do you enjoy playing volleyball, but do not have a place to play, players to field a team, or are working too late? If so, come out to join this fun activity at the Jefferson County Community Center! Pick-up games played once a week. 18 yrs & up. \$6 per visit. **(No drop-in Nov. 22)**

Ages 18+ Drop-in \$6

JCCC Full Gym at Jefferson County Community Center
Thur, Nov 8-Dec 27 9:00-11:00 PM

Recreational Volleyball

Recreational volleyball offers fun and exercise for men and women. Come and enjoy the game for all in an encouraging environment. Take up this recreational sport that will add health and fun to your life! Pre-registration required.

Ages 18+

Charles Town Middle School
Resident: \$27.00 Non-resident: \$32.00

Activity #5424 Sun, Sep 16-Nov 11 7:00-9:00 PM

HIIT 30

Gain overall body strength and burn fat through an intense 30 minute full body circuit training program. Various exercise stations focus on functional fitness conditioning with High Intensity Interval Training (HIIT) elements. **(No class Nov. 19, Nov. 21, Nov., 23)**

Ages 18+

Half Gym A at Jefferson County Community Center

Resident: \$55.00 Non-resident: \$60.00

Activity #5427 MWF, Sep 10-Oct 5 9:30-10:00 AM

Activity #5428 MWF, Oct 8-Nov 2 9:30-10:00 AM

Activity #5429 MWF, Nov 5-Nov 30 9:30-10:00 AM

Baby Fit

Strap your baby into a wearable carrier and join us for this low-impact exercise class. Get into shape while bonding with baby during this mix of cardio and strengthening exercises. Please bring a yoga mat and a blanket or mat to lay your child on if necessary!

Ages 0-2 Instructor Heidi Citro
Jefferson County Community Center
Resident: \$49.00 Non-resident: \$54.00

Activity #5443 Mon, Sep 10-Oct 15 10:45-11:15 AM
Activity #5444 Mon, Nov 5-Dec 10 10:45-11:15 AM

Mommy & Me Move

Come enjoy a fun mix of structured and unstructured playtime with your little one. Ms. Heidi will lead you through fun exercises for you and your child in our gymnastics room. You will then have time to play with your child on a baby and toddler-friendly obstacle course. This is a great opportunity to socialize your child and make some mommy friends! Children should at least be crawling and be able to stand and support their own weight.

Infants Under 2 & their person Instructor Heidi Citro
Jefferson County Community Center
Resident: \$49.00 Non-resident: \$54.00

Activity #5441 Mon, Sep 10-Oct 15 9:45-10:30 AM
Activity #5442 Mon, Nov 5-Dec 10 9:45-10:30 AM

Stroller Fit

Break out those jogging strollers and let your child join you for this fun exercise class! The instructor will lead you through a walking/jogging sequence with some strengthening exercises as well. We may go outside when the weather is nice so come prepared!

Infants & toddler less than 3 years & their person
Jefferson County Community Center
Instructor Heidi Citro
Resident: \$40.00 Non-resident: \$45.00

Activity #5445 Wed & Fri, Sep 12-Oct 19 11:15AM-Noon

Walk with Ease

This 6-week low impact walking program will be sure to get you up and moving. Each participant will receive an informational participant guide and pre-walk lecture from our NRPA trained instructor. Class will consist of warm ups, stretches, walking, cool down and more stretches. Children must be accompanied by a responsible, paying adult.

All Ages are Welcome! Instructor Heidi Citro
Full Gym at Jefferson County Community Center
Resident: \$12.00 Non-resident: \$17.00

Activity #5448 MWF, Sep 10-Oct 19 8:30-9:30 AM
Activity #5449 MWF, Oct 22-Nov 30 8:30-9:30 AM

50 Carat Tap (See description on Page 7)

Ages 50+ Resident: \$90.00 Non-resident: \$95.00
Activity #5536 Wed, Sep 5-Oct 24 10:00-11:00 AM
Activity #5537 Tue, Sep 4-Oct 23 7:00-8:00 PM
Activity #5538 Tue, Oct 30-Dec 18 7:00-8:00 PM

Adult Ballet Barre Workout (See description on Page 7)

Ages 18+ Resident: \$75.00 Non-resident: \$80.00
Activity #5531 Tue, Oct 30-Dec 11 9:00-10:00 AM
Activity #5532 Thu, Sep 6-Oct 11 9:00-10:00 AM
Activity #5533 Thu, Oct 18-Nov 29 9:00-10:00 AM

Ages 18+ Resident: \$90.00 Non-resident: \$95.00
Activity #5530 Tue, Sep 4-Oct 23 9:00-10:00 AM

Hoop Dance - Hula Hoop Fun for all Ages!

Students will learn basic hooping tricks, skills and techniques. Practicing hooping teaches students patience and persistence, while reminding them that challenges are FUN! Hooping uses a step-by-step self-regulated problem-solving format with automatic reinforcement at every level of accomplishment! Hoops will be provided for each student to use and will handmade hoops available to purchase.

Ages 7-9 Instructor Yamni Arts

Charles Washington Hall, 106 N. George St., Charles Town, WV
Resident: \$40.00. Non-resident: \$45.00

Activity #5454 Tues, Sep 11-Oct 2 5:00-5:45 PM
Activity #5455 Tues, Oct 23-Nov 13 5:00-5:45 PM

Ages 10-15 Instructor Yamni Arts

Charles Washington Hall, 106 N. George St., Charles Town, WV
Resident: \$40.00. Non-resident: \$45.00

Activity #5456 Tues, Sep 11-Oct 2 6:00-6:50 PM
Activity #5457 Tues, Oct 23-Nov 13 6:00-6:50 PM

Ages 16+ Instructor Yamni Arts

Charles Washington Hall, 106 N. George St., Charles Town, WV
Resident: \$40.00. Non-resident: \$45.00

Activity #5458 Tues, Sep 11-Oct 2 7:00-7:50 PM
Activity #5459 Tues, Oct 23-Nov 13 7:00-7:50 PM

Zumba

Zumba takes the "work" out of work-out, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning fitness dance party. It combines many elements of fitness: cardio, muscle conditioning, balance, flexibility, boosted energy, and a serious dose of awesome!

Half Gym A at Jefferson County Community Center
Ages 18+ Resident: \$62.00 Non-resident: \$67.00

Activity #5430 Mon & Thur Sep 10-Oct 18 7:00-8:00 PM
Activity #5431 Mon & Thur Oct 22-Dec 6 7:00-8:00 PM

Ages 18+

Half Gym A at Jefferson County Community Center
Resident: \$32.00 Non-resident: \$37.00

Activity #5460 Mon, Sep 10-Oct 18 7:00-8:00 PM
Activity #5461 Thur, Oct 22-Dec 6 7:00-8:00 PM
Activity #5462 Mon, Sep 10-Oct 18 7:00-8:00 PM
Activity #5463 Thur, Oct 22-Dec 6 7:00-8:00 PM

30-30-30

This early evening class is a workout class targeting the entire body. Including cardio (aerobics, walking), muscle strengthening, and toning exercises. Complete the class with stretching movements to improve flexibility and balance for a healthier you! Bring an exercise mat and hand weights to each class.

Ages 18+ Instructor Susanne Dillow
Blue Ridge Elementary School

Resident: \$70.00 Non-resident: \$75.00

Activity #5419 Tue & Thu, Sep 11-Nov 1 4:15-5:45 PM

Activity #5420 Tue & Thu, Nov 6-Dec 27 4:15-5:45 PM

Body in Motion

Relax in this calming class with slow, easy to follow simplified yoga movements. This workout helps you lengthen, strengthen, and tone muscles without joint stress, while improving balance and posture. Achieve a full range of body motion for a healthier you! Bring an exercise mat to each class.

Ages 18+ Instructor Susanne Dillow
Zion Church - 215 E. Washington St., Charles Town

Resident: \$36.00 Non-resident: \$41.00

Activity #5407 Fri, Sep 14-Nov 2 10:00-10:40 AM

Activity #5408 Fri, Nov 9-Dec 28 10:00-10:40 AM

Cardio Mix

This class offers a mix of mid to high level workouts including step aerobics, aerobics, or interval training. Also, for a total body workout, there will be exercises to trim, tone, tighten/flatten abs and strengthen the body. Bring an exercise mat and weights to each class.

Ages 18+ Instructor Susanne Dillow
Ranson Elementary School

Resident: \$50.00. Non-resident: \$55.00

Activity #5415 Mon & Wed, Sep 10-Oct 31 6:40-7:30 PM

Activity #5416 Mon & Wed, Nov 5-Dec 26 6:40-7:30 PM

Just Move!

Get up and move with us! This is a class to get you back into exercise with low impact cardio; exercises to help strengthen, tone, tighten/flatten the abs and improve flexibility for a total body workout. Bring an exercise mat and hand weights to each class.

Ages 18+ Instructor Susanne Dillow
Bolivar Community Center

Resident: \$62.00. Non-resident: \$67.00

Activity #5411 Tue & Thu, Sep 11-Nov 1 11:40-12:40 PM

Activity #5412 Tue & Thu, Nov 6-Dec 27 11:40-12:40 PM

Ages 18+ Instructor Susanne Dillow
TA Lowery Elementary

Resident: \$62.00. Non-resident: \$67.00

Activity #5413 Mon & Wed, Sep 10-Oct 31 4:15-5:10 PM

Activity #5414 Mon & Wed, Nov 5-Dec 26 4:15-5:10 PM

Strengthen & Tone

This low impact class will give you a total body workout to help strengthen, tone and lengthen muscles while improving balance and flexibility. A flexible body can reach, twist and bend without stiffness pain or strain for a healthier you! Bring an exercise mat and hand weights to each class.

Ages 18+ Instructor Susanne Dillow
Zion Church - 215 E. Washington Street, Charles Town, WV
Resident: \$62.00. Non-resident: \$67.00

Activity #5409 Tue & Thu, Sep 11-Nov 1 10:00-10:50 AM

Activity #5410 Tue & Thu, Nov 6-Dec 27 10:00-10:50 AM

Total Fitness

Get your total body workout in one class! This class (approximately 75 minutes) will include a cardio workout, exercises to strengthen and tone the body using hand weights, bands, hoops (optional) and exercise ball (optional). Relax at the end of the class, with simplified yoga/pilates movements to help achieve a full range of body motion for a healthier you. Bring an exercise mat, hand weights, and exercise ball to each class (exercise ball is optional).

Ages 18+ Instructor Susanne Dillow
Ranson Elementary School

Resident: \$47.00. Non-resident: \$52.00

Activity #5417 Sat, Sep 15-Nov 3 8:30-9:45 AM

Activity #5418 Sat, Nov 10-Dec 29 8:30-9:45 AM

Trimnastics

A class to firm, tighten, strengthen and tone your body with floor/standing exercises! Also, improve your flexibility and balance with stretching movements for a total body workout. A flexible body can inch your way from stiff to limber, for a healthier you. Bring an exercise mat and hand weights to each class.

Ages 18+ Instructor Susanne Dillow
Ranson Elementary School

Resident: \$62.00. Non-resident: \$67.00

Activity #5403 MWF, Sep 10-Nov 2 5:45-6:35 PM

Activity #5404 MWF, Nov 5-Dec 28 5:45-6:35 PM

Ages 18+ Instructor Susanne Dillow
Zion Church - 215 E. Washington St., Charles Town
Resident: \$62.00. Non-resident: \$67.00

Activity #5405 MWF, Sep 10-Nov 2 9:00-9:55 AM

Activity #5406 MWF, Nov 5-Dec 28 9:00-9:55 AM

Fitness Pass

Purchase a fitness pass for this fall for fitness classes instructed by Suzanne Dillow. Participants must present their receipt when taking a class using the fitness pass.

Activity #5423 Sep 10-Dec 29 Resident: \$137.00 Non-resident: \$142.00	Activity #5421 Sep 10-Nov 3 Resident: \$82.00 Non-resident: \$87.00	Activity #5422 Nov 5-Dec 29 Resident: \$82.00 Non-resident: \$87.00
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PLEASE NOTE: Classes will not be held on the following days: Nov. 22, Dec. 24, Dec. 25 Winter session will begin 1/7/19

Country Line Dancing Level 1 (Couple)

This is a seven-week session for the beginner dancer. In this class, a student will learn approximately 85% of all steps needed for any type of dance, basics of dance, and dance floor etiquette. Although this beginner class is centered around Country Music and a Western, Cowboy/Cowgirl theme, most of the dances taught can be danced to any kind of music. Completion of this class is required to enter the Intermediate Level class. Although some couple dances are taught, you do not need a partner. It is best to wear smooth-soled low heel shoes or boots. **(No class Nov. 22)**

Ages 18+ Instructor Allen Keefer
Charles Town Middle School - Cafeteria
Resident: \$8700 Non-resident: \$92.00

Activity #5388 Thur, Aug 30-Oct 11 6:30-7:30 PM
Activity #5389 Thur, Oct 18-Dec 6 6:30-7:30 PM

Country Line Dancing Level 1 (Single)

This is a seven-week session for the beginner dancer. In this class, a student will learn approximately 85% of all steps needed for any type of dance, basics of dance, and dance floor etiquette. Although this beginner class is centered around Country Music and a Western, Cowboy/Cowgirl theme, most of the dances taught can be danced to any kind of music. Completion of this class is required to enter the Intermediate Level class. Although some couple dances are taught, you do not need a partner. It is best to wear smooth-soled low heel shoes or boots. **(No class Nov. 22)**

Ages 18+ Instructor Allen Keefer
Charles Town Middle School - Cafeteria
Resident: \$5700 Non-resident: \$62.00

Activity #5386 Thur, Aug 30-Oct 11 6:30-7:30 PM
Activity #5387 Thur, Oct 18-Dec 6 6:30-7:30 PM

Square Dance Level 1

Square dancing is a fun way to obtain both mental and physical exercise. Doctors who square dance, praise the physical and social benefits of square dancing. Nice, easy and fun lessons prepare you for club level dancing. There are several square dancing clubs in nearby areas. The dancers have more fun than you can imagine. We will square dance as couples, but singles are invited into lessons. Also, families, adults and children are invited. Experienced square dancers from a local club will be available to fill in as partners where needed. In square dancing, you will meet many, many friendly people. Square dancing is considered to be "Friendship", set to music. The instructor will have booklets of square dance movements (calls), which cost \$4 each.

All Ages are Welcome! Instructor Carl Odell
Charles Town Middle School - Cafeteria
Resident: \$3700 Non-resident: \$42.00

Activity #5370 Mon, Sep 10-Oct 15 7:00-9:00 PM

Country Line Dancing Level 2 (Couple)

This is two seven-week sessions (part A and part B) for the intermediate-level dancer. This level is sometimes called "Improver" or "Advanced Beginner". These fourteen weeks of classes are designed to prepare the dancer for the more complicated movements of the Advance-Level classes. It covers the basics of different styles of dance such as the Mambo and Swing, You will also learn many couple and line dances. A partner is not required. **(No class Nov. 22)**

Ages 18+ Instructor Allen Keefer
Charles Town Middle School - Cafeteria

Resident: \$8700. Non-resident: \$92.00

Activity #5394 Thur, Aug 30-Oct 11 7:30-8:30 PM
Activity #5395 Thur, Oct 18-Dec 6 7:30-8:30 PM

Country Line Dancing Level 2 (Single)

This is two seven-week sessions (part A and part B) for the intermediate-level dancer. This level is sometimes called "Improver" or "Advanced Beginner". These fourteen weeks of classes are designed to prepare the dancer for the more complicated movements of the Advance-Level classes. It covers the basics of different styles of dance such as the Mambo and Swing, You will also learn many couple and line dances. A partner is not required. **(No class Nov. 22)**

Ages 18+ Instructor Allen Keefer
Charles Town Middle School - Cafeteria

Resident: \$5700 Non-resident: \$62.00

Activity# 5392 Thur, Aug 30-Oct 11 7:30-8:30 PM
Activity #5393 Thur, Oct 18-Dec 6 7:30-8:30 PM

Square Dance Level 2

Once the level 1 class is over, continue on to the level 2 class, where you will practice your new skills and enjoy the company of the other new dancers as well as the experienced helpers who will continue to attend classes to assist you in gaining more skills. **(No class Nov. 12 & 19)**

All Ages are Welcome! Instructor Carl Odell
Charles Town Middle School - Cafeteria
Resident: \$3700. Non-resident: \$42.00

Activity #5371 Mon, Oct 29-Dec 17 7:00-9:00 PM

Square Dance Callers Workshop

This course is for beginner square dance callers. The student will learn the techniques of resolving the square, to get original dancers back with original partners and back to the home position in the proper sequence. Students will learn how to chain calls together to make an interesting dance. The student will learn how to conduct a party dance for non square dancers. **(No class Oct. 2, Nov. 6, Nov. 20)**

All Ages are Welcome! Instructor Carl Odell
Charles Town Middle School - Cafeteria
Resident: \$42.00 Non-resident: \$47.00

Activity #5372 Tues, Sep 4-Oct 16 7:00-9:00 PM
Activity #5373 Tues, Oct 30-Dec 18 7:00-9:00 PM

Bus Trips

SunFest, Ocean City, MD

Calling all beach lovers! It's that time of year again, enjoy the day at the beach in Ocean City, Maryland at this annual event or just bask in the warm sunshine. Swim, buy arts and crafts, ride up and down the boardwalk on the trolley, fly a kite, eat seafood, listen to all the entertainment. Doesn't this sound like fun? Children must be accompanied by an adult.

Trip leaves from the parking lot of
Food Lion in Charles Town.
Departure time is 5:45 am.

Resident: \$89.00

Activity #4983
Sat, Sept 22



"A Christmas Carol"

Dutch Apple Theatre, Lancaster

A season favorite! Even for a grumpy old miser like Ebenezer Scrooge, it's never too late to change. But when he's visited by three ghosts "Past, Present, and Future" he discovers his selfish ways and greets Christmas morning with a new found happiness, and through the enduring love of Tiny Tim, learns to spread goodwill and be happy. Sounds like a good start to the Christmas season. Children must be accompanied by a paying adult.

Trip leaves from the
parking lot of
Food Lion in Charles Town.
Departure time is TBD.
Resident: \$113.00

Activity #5513
Sat, Nov 17



New York City, Your Way

Start your Christmas shopping and take advantage of the sale prices you might find in the stores. Sightsee, or just enjoy the last of the fall weather as you explore the city on your own. All minors must be accompanied by a paying adult or guardian.

Trip leaves from the parking lot of
Food Lion in Charles Town.
Resident: \$89.00

Activity #5511 **Sat, Oct 6**



Christmas in New York

Have the time of your life shopping, sightseeing, checking out the beautiful decorations, or taking in a Broadway show. There is nowhere like New York City during Christmas time! All minors must be accompanied by a paying adult or guardian.

Trip leaves from the parking lot of Food Lion in Charles Town.
Resident: \$89.00

Activity #5510 **Sat, Dec 1**

Christmas Arts & Craft Show, Harrisburg, PA

This is one of the biggest events of its kind on the East Coast. Do all your Christmas shopping or find that special gift you have been searching for. With more than 500 vendors displaying unique and exclusive holiday items and gifts, Christmas shopping will be easy this year. Children must be accompanied by an adult.

Trip leaves from the parking lot of
Food Lion in Charles Town.
Departure time is TBD.
Resident: \$54.00

Activity #5512
Fri, Nov 30



*** Please Note: Our bus trips are run in partnership with Schrock. All sales are final; refunds cannot be granted if you cancel. ***

Scholarship Program

Dear Residents,

Jefferson County Parks and Recreation is proud to have a Scholarship program in place to make recreation available to our more of our residents in Jefferson County.

JCPRC recognizes that there are residents of Jefferson County who require financial assistance in order to participate in certain activities through parks and recreation. It is important to continue to ensure that the most vulnerable and stressed individuals do not lose access to the important social and physical benefits realized through leisure activities.

This assistance are available while still being mindful of revenues needed to provide high quality programs at an affordable cost to all. Scholarships are awarded to Jefferson County residents only. Scholarships are subsidized by various avenues, including program fees and an allocation from the Jefferson County Commission.

Donations subsidize a small percentage of the scholarships awarded annually. Donations to the scholarship fund are received by way of the parks and recreation registration form where other registrants pledge a contribution amount.

Scholarships are granted based on financial need. Applicants complete the standard activity registration form and a 1 page form providing household information including: family size, employment information of all adults in the household, status of federal free or reduced lunch program, total household income, the amount they are able to pay towards the program, and explanation of extenuating circumstances.

An individual scholarship is limited to 50% of the class fee.

For more information about our Scholarship Program, please contact Brenda Whittington at bwhittington@jcprc.org or call 304-728-3207.



a perfect place to grow!



To register for programs, go online - www.jcprc.org or call our office at 304-728-3207!

Jefferson County Parks & Recreation Commission - Youth Scholarship Fund Application

Participant's Name: _____ DOB: ____/____/____

Activity Name: _____ # _____

Activity Fee: \$ _____ T-shirt Size: _____ Amount Participant Can Pay: \$ OR % _____

Please list any allergies/medical conditions: _____

The Jefferson County Parks and Recreation Commission maintains a scholarship fund to help Jefferson County youth that do not have the financial means to participate in recreation programs. Every effort will be made to accommodate your request. Qualifying applicants will only be required to pay a portion of the fee according to their financial ability. **ONLY ONE APPLICATION WILL BE APPROVED PER SESSION.**

PLEASE PRINT

Parent/Guardian's Name: _____ DOB: ____/____/____

Relationship to Child: _____

Address: _____

Street, City, State, Zip: _____

Phone: (Home) _____ (Cell) _____

Email: _____

EMPLOYMENT

Father/Guardian Employment: _____ (W) Phone: _____

Mother/Guardian Employment: _____ (W) Phone: _____

ABSOLUTELY NO SCHOLARSHIP REQUEST WILL BE CONSIDERED WITHOUT THE APPLICANT SUBMITTING VERIFICATION OR RECEIVING ONE OF THE FOLLOWING LISTED BELOW.

Family's Monthly Gross Income: \$ _____ Size of Family: _____

I FEEL THAT I AM ELIGIBLE FOR ASSISTANCE BECAUSE I HAVE BEEN APPROVED FOR:

PUBLIC ASSISTANCE PUBLIC HOUSING FOOD STAMPS ENERGY ASSISTANCE
 SS OR SSI AS PRIMARY SOURCE OF INCOME OTHER: _____

*Please provide necessary documentation for each item checked.

REQUESTED ACTIVITY/ASSISTANCE

Have you ever applied for a scholarship with JCPR before? Circle one Yes or No If yes, when? _____

How did you hear about our Scholarship Program? _____

I, _____ acknowledge that I have read and fully understand the information on registration guidelines and JCPRC policies. I realize inherent risks could be involved in these programs. Therefore, I shall not hold the JCPRC or its employees liable for injuries that might occur during these supervised programs. In the event of a program/event cancellation your JCPR account will be credited the full amount of the program(s) you were approved for.

Parent/Guardian's Signature: _____ Date: _____

Please return completed application and necessary documentation to:

**Jefferson County Parks and Recreation Commission
Attn: Youth Scholarship Fund Application
235 Sam Michael's Lane
Shenandoah Junction, WV 25442**



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Club Volleyball Tryouts begin in November



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 304-279-7374 for more details

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Contact us at info@jcprc.org

JEFFERSON COUNTY PARKS AND RECREATION COMMISSION FACILITY AND RENTAL FEES

Facility /Equipment	Base Fee (Non Residents)	Additional Fees	Discount Fee (County Resident)	Additional Fees	Jefferson County Non-Profit Mon-Thurs Only: Excludes Holidays
Pavilions					
Sam Michaels Park Mason Pavilion	\$135 per day	\$35 Kitchen Addl. Picnic Tables \$7 ea.	\$125 per day	\$30 Kitchen Addl. Picnic Tables \$5 ea.	50% Discount*
Veteran's Pavilion	\$135 per day \$93 per day Veteran's Rate	None	\$125 per day \$93 per day Veteran's Rate	None	50% Discount*
Leetown Park Pavilion	\$100 per day	None	\$90 per day	None	50% Discount*
Morgan's Grove Pavilion	\$135 per day	\$35 Kitchen	\$125 per day	\$30 Kitchen	50% Discount*
Mount Mission Park	\$135 per day	\$35 Kitchen	\$125 per day	\$30 Kitchen	50% Discount*
Sam Michaels Community Center					
Full Gym	\$110 per hour	\$1 Chairs \$3 Tables	\$100 per hour	\$1 Chairs \$3 Tables	50% Discount*
Half Gym	\$70 per hour	\$1 Chairs \$3 Tables	\$60 per hour	\$1 Chairs \$3 Tables	50% Discount*
Activity Room	\$50 per hour	None	\$40 per hour	None	50% Discount*
Dance Room	\$30 per hour	None	\$20 per hour	None	50% Discount*
Athletic Fields/Facilities (Leagues- Including Little League, Travel Leagues, etc. must contact JCPRC at 304-728-3207 for pricing.)					
Baseball/Softball Fields	\$25 per hour	Lights \$10 p/h	\$20 per hour	Lights \$10 p/h	
Soccer Fields	\$25 per hour	None	\$20 per hour	None	
Tennis Courts	\$10 per hour	None	\$10 per hour	None	
Special Event Facilities **/Services					
Festival Field	\$500 per day base price	None	\$500 per day base price	None	
Dog Park	\$250 per day	None	\$250 per day	None	
Tournament Field (8am-8pm)	\$200 per event	Kitchen \$50	\$200 per event	Kitchen \$50	
Tournament Field - All Nighter	\$250 per event	Kitchen \$50	\$250 per event	Kitchen \$50	
5K Course (EMS Required onsite)	\$150 per event	None	\$150 per event	None	
The Columns Event Facility	\$500 - 3 day rental	None	\$500 -3 day rental	None	
Camping Sites (Moulton Park Only)	\$20 per day	None	\$20 per day	None	
Inflatable Obstacle Course***			\$75 - 2 hours \$150 -Daily	None	
Inflatable Mickey Park***			\$65 - 2 hours \$130 -Daily	None	
Standard Moon bounce***			\$55 - 2 hours \$110 - Daily	None	
Giant Slide***			\$75 - 2 hours \$150 - Daily	\$150 w/water -2hrs	
Nerf War Course			\$25 - 2 hours	None	
Air Hockey Table			\$25 - 2 hours	None	
Inflatable Screen (onsite only)			\$100 per use	None	
*Jefferson County Based Non-Profit Organizations must provide a 501C3 verification to receive a discounted rate. 50% rentals are only available Mon - Thurs and do not include holidays.					
**Events with an expected attendance of over 100 people must fill out a special events application.					
**The above rental rates apply to personal use. Any renter utilizing park facilities and charging fees must pay 15% of their gross profits to the Jefferson County Parks and Recreation Commission and event must be approved by JCPRC.					
*** Inflatables require a recreation attendant to be present @\$12 per hour					

Park & Facility

Information

MORGAN GROVE PARK



With over twenty acres of shade trees, meadows, playgrounds, and spring-fed streams, this popular park serves as an idyllic site for community gatherings and events. A 1500 square foot covered picnic pavilion with a full kitchen and restroom facility offers the perfect place to host family events as well as corporate functions. Other features of the park include playground equipment, soccer fields, sand volleyball, horseshoe pits, and a 3/4 mile walking trail.

SAM MICHAELS PARK



The entrance to this one hundred and thirty acre park is located on Job Corps Road, near Harpers Ferry. The private setting of this park offers the perfect place to host weddings, receptions, and reunions and family events. The well shaded Mason Picnic Pavilion offers an adjacent kitchen and restroom facility. The Veterans Memorial Pavilion offers picnic tables, bathrooms and close proximity to the large playground area and Jefferson County Community Center.

You will also find The Columns at Sam Michaels, baseball fields, athletic fields, playgrounds, walking and running trails, dog park, disc golf, event space and more.

The Sam Michael's Amphitheater is under construction.

JAMES HITE PARK



Our newest 119-acre park that includes a 2-mile walking trail, soccer and football fields and picnic pavilions. Future plans include, playground, dog park and softball fields.

BOLIVAR NATURE PARK



Located on primrose alley, near Harpers Ferry, this 7-acre park is filled with plenty of botanical delights. A walking trail allows you to stroll through the park.

MOUNT MISSION PARK



This picturesque three and one-half acre park is located on Mission Road, near Shannondale. The picnic pavilion, complete with restroom and kitchen facilities, has played host to family reunions, weddings, and birthday parties. An old church on site, a newly renovated playground, new basketball hoop, horseshoe pits, sand volleyball and a baseball diamond make this park a convenient site for neighborhood get-togethers.

LEETOWN PARK



Located one mile East of Leetown, on off of old Leetown Pike, this ten-acre park has been a gathering for softball games since the 1970's. On the park grounds are lighted softball fields, tennis courts, a playground, picnic pavilion, horse shoe pits, concession stand and new renovated restroom facility. This park offers a great place to host your company's softball league or to simply relax and just play a pick-up game of baseball. Ball fields available for reservations.

SOUTH JEFFERSON PARK



Located on Route 1, between Summit Point and Middleway, this seventy-one acre park accommodates six baseball fields, tennis courts, concession stand, a playground, and basketball court.

MOULTON PARK



On the shore of the Shenandoah River, just North of the Bloomy Bridge, this half-mile of river frontage features camping and other recreational opportunities. A public boat ramp gives access for fishing the Shenandoah River. Camping is restricted to permit only, available at the Jefferson County Community Center.

PETER BURR FARM

The oldest wood frame structure in West Virginia, Peter Burr Farm is owned and maintained by the Jefferson County Historic Landmarks Commission. They offer events and workshops to the public periodically though out the year. More information can be found at: <http://www.jeffersoncountyhlc.org/>

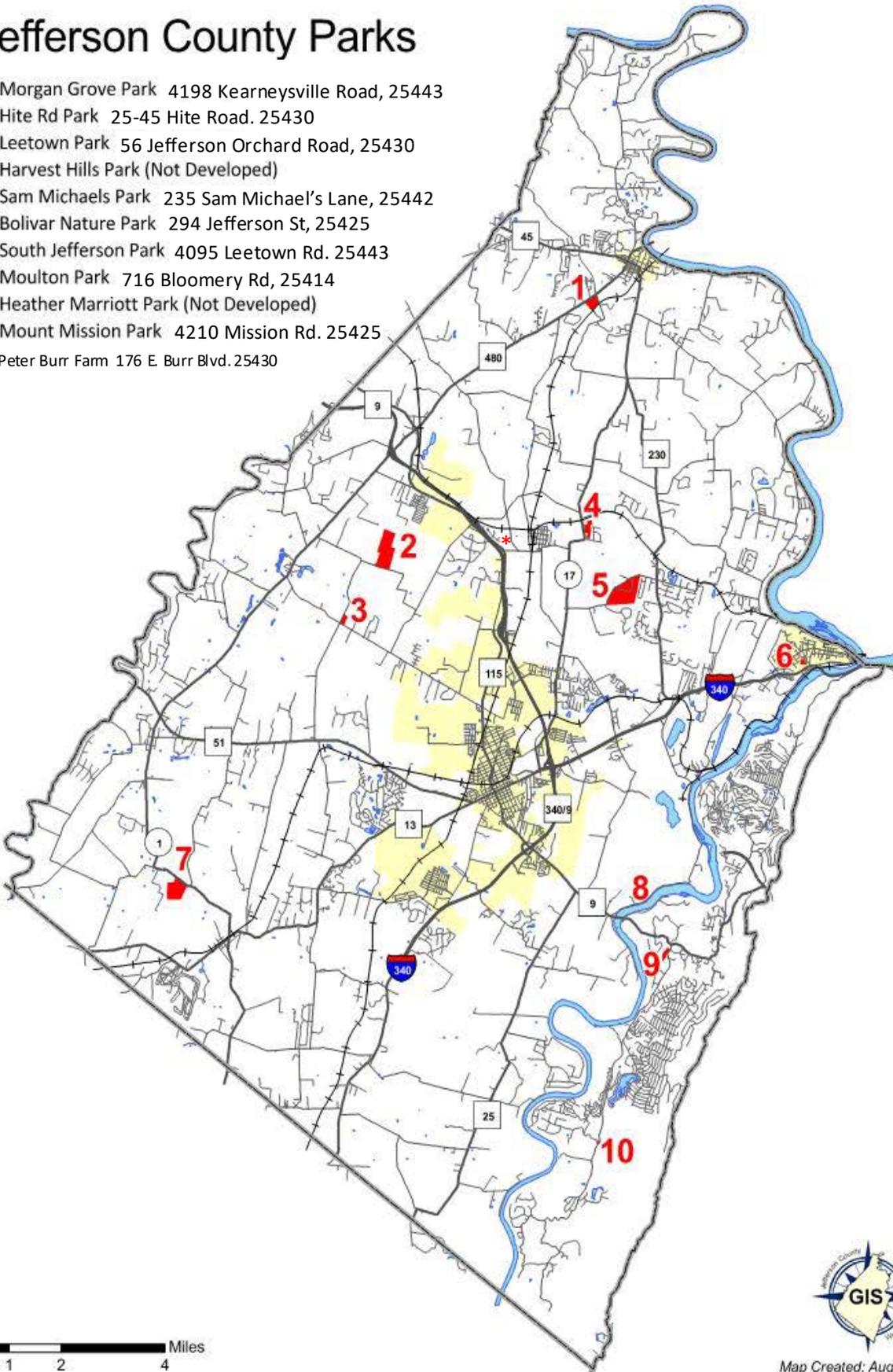
Jefferson County Parks and Recreation has two undeveloped parks, Harvest Hills Park and Heather Marriot Park.

Additional Park information - including rental information is available at www.jcprc.org or by calling our office at 304-728-3207.

Jefferson County Parks



- 1 Morgan Grove Park 4198 Kearneysville Road, 25443
- 2 Hite Rd Park 25-45 Hite Road. 25430
- 3 Leetown Park 56 Jefferson Orchard Road, 25430
- 4 Harvest Hills Park (Not Developed)
- 5 Sam Michaels Park 235 Sam Michael's Lane, 25442
- 6 Bolivar Nature Park 294 Jefferson St, 25425
- 7 South Jefferson Park 4095 Leetown Rd. 25443
- 8 Moulton Park 716 Bloomery Rd, 25414
- 9 Heather Marriott Park (Not Developed)
- 10 Mount Mission Park 4210 Mission Rd. 25425
- * Peter Burr Farm 176 E. Burr Blvd. 25430



0 1 2 4 Miles



Map Created: August 6, 2012

Registration & Policy Information



Payments & Fees:

- Please make your check(s) payable to: Jefferson County Parks & Recreation.
- A \$25 fee will be charged for all returned check and declined credit cards.
- Incomplete registrations cannot be processed—full payment must accompany registration.
- A \$5 out-of-county fee will be charged to any person not living in Jefferson County.
- A \$5 late fee will be charged if registration is received after the program starts.
- JCPRC is not responsible for lost, late, or misdirected mail.
- Registration is for the program, not attendance—no make ups, refunds or credits will be offered for missed classes.

Age Policy:

Program participants must be the advertised age before the program starts.

Scholarships:

Scholarships are available for some programs. Contact Brenda at the JCPRC (304) 728-3207 or email bwhittington@jcprc.org.

Cancellation Policy:

Programs may be cancelled due to insufficient registration, school closings, or inclement weather. Call (304) 728-9044 in case of inclement weather.

Mark Your Calendar:

NO REMINDERS WILL BE SENT. You will only be notified if there is a problem processing your registration or if the class is canceled.

Media/Photography:

- The JCPRC reserves the right to take pictures at all events, activities, and programs. Pictures may be displayed in future commercials, brochures and web publications.
- Parents/children cannot take photos during classes without permission from the instructor and/or other parents of registered participants.

Attention Parents:

- JCPRC instructors or staff are not responsible for your child prior to or after class time.
- It is the responsibility of the parent/guardian to notify JCPRC staff of any medical conditions/special needs of a child prior to the start of class.

Discipline Policy:

The JCPRC has a discipline policy for recreation programs/facilities. In the event the participant is asked to leave a program/facility, no refund will be issued.

Trips Alcohol Policy:

We strive to have a family atmosphere on our trips. If you choose to drink while on our trips, please do so in a responsibly and make arrangements to have a designated driver for your trip home from the bus drop off area.

Refund Policy:

After initial registration, refund requests must be submitted in writing at least five working days prior to the start of the program and are subject to a \$10 service charge. No refunds or credit will be given less than five days prior to, or after the first day of the class or program—NO EXCEPTIONS. Monetary refunds will only be given due to the department's cancellation of a program. If insufficient registration causes a program to be cancelled, participants will receive a REFUND or CREDIT within one month of the program cancellation. For any program fee under \$20, no refunds will be processed, only credit to JCPRC accounts will be issued.

JCPRC Commission

The Jefferson County Parks and Recreation Commission meets at 7:00 pm every third Wednesday of each month, except August and December, at the Jefferson County Community Center, located at Sam Michael's Park. The JCPRC is always open to input from citizens in the community for ideas or programs that may be beneficial to the county. Call the JCPRC office at (304)728-3207 for more information or to request to be put on the agenda for an upcoming meeting.

Board Term Length: 3 years. Board members are appointed by the Jefferson County Commission. Board members are as follows.

Toni Milbourne, President
James Lee
Gene Taylor

Ann Mountz, Vice President
Dale Manuel

David Hill, Treasurer
Mike Jacobs

Heather McIntyre, Secretary
Paul Marshall

Jefferson County Community Center:

The Jefferson County Community Center is located in Sam Michael's Park. It hosts many of our activities and the main office for park business and programming.

Facility Hours

Monday - Friday -----8am-8pm
Office Hours (Monday - Friday) -----8am-6pm
Saturday -----10am-6pm
Sunday-----12pm-6pm

Observed Holidays

The Park Office will be closed on the following holidays:

Labor Day ----- September 3
Columbus Day ----- October 8
Election Day----- November 6
Veterans Day-----November 12
Thanksgiving ----- November 22-23
Christmas ----- December 24-25

****The Community Center may remain open for some holidays, please check with instructors at the start of class to confirm meeting dates.****

In addition to holidays, the Community Center may close to conserve our operating budget if programs or rentals are not using the space. Always call the office at 304-728-3207 to check for availability of open gym or general facility use.

General Facility Use:

"General Facility Use" provides access to the fitness room, open gym, and indoor walking track. Punch Passes have no expiration date. Membership and Punch Passes cannot be used for programming or classes. Additional Fees apply for indoor playground.

Facility Use Fees:

Youth (6-18 years)----- Daily Fee: \$2
20 Visit Punch Pass: \$30 Yearly Pass: \$150
Adults (19-59 years)----- Daily Fee: \$2
20 Visit Punch Pass: \$30 Yearly Pass: \$150
Senior Adults (60+ years) ----- Daily Fee: \$1
20 Visit Punch Pass: \$15 Yearly Pass: \$100

Inclement Weather:

Jefferson County Parks and Recreation makes every effort to contact customers if classes are canceled due to inclement weather. Sometimes time is short due to quickly changing conditions. **Please call our Cancellation Line at 304-728-9044 for up-to-date information about classes in question.**



...a perfect place to grow.

Register online
www.jcprc.org

Call our office
304-728-3207

Return this form
235 Sam Michael's Lane
Shenandoah Junction, WV 25442

Payer Name			Home		
Address			Work		
City	State	Zip	Cell		
Email Address					
Participant Name	Birthdate M/D/Y	Activity #	Class Title	Allergies? Medical Conditions?	Class Fee
Emergency Contact _____ <small>(Not Yourself. This person will be contacted if we cannot reach the person listed above.)</small>				Non-Resident Fee <input type="checkbox"/> <small>Please Add \$5 if your do NOT live in Jefferson County.</small>	
Relation <input type="checkbox"/> Parent <input type="checkbox"/> Grandparent <input type="checkbox"/> Friend <input type="checkbox"/> Aunt/Uncle <input type="checkbox"/> Neighbor <input type="checkbox"/> Other _____				Total Due _____	
Emergency Phone _____					
Payment Options <input type="checkbox"/> Cash <input type="checkbox"/> Check No. _____ <div style="border: 1px solid black; padding: 2px; width: fit-content;"> Rec'd by _____ Date ____/____/____ <small>Office Use Only</small> </div>		<input type="checkbox"/> Credit Card # _____ Exp. Date _____ CVC Code _____ X _____ Credit Card Signature			
<p>I/We have read the below Participant Waiver & Release and sign voluntarily. X _____</p> <p>We the staff of the Jefferson County Parks and Recreation Commission (JCPRC), recognize our obligation to make our participants, both young and old, fully aware of the inherent risks associated with sports and recreational activities that we offer. Participants may suffer injuries, including, but not limited to minor injuries such as bruises and more serious injuries such as broken bones, dislocations, muscle pulls and stitches. There are many other risks of injury including catastrophic injuries such as permanent paralysis or even death from back or neck or head injuries which may arise due to participation in this activity. JCPRC insists that all students and their parents agree to abide by all of the safety rules and policies of JCPRC. JCPRC, its coaches, volunteers, instructors, and staff members will not accept responsibility of injuries sustained by any participant while participating in our programs. I hereby consent to have my child participate in programs offered by the JCPRC. I have read the preceding information, and I am now fully aware of the hazards and risks associated and the distinct possibility of injuries that my child or myself may suffer as a result of participation in the sport or activity. I realize it is not possible to specifically list each and every individual injury risk, and I voluntarily assume all risks normally incident to the nature of the activities of which I am registering. It is hereby agreed that I, my executors, or other representatives waive and release all rights and claims for damages that I may have individually, or that my executors or other representatives may have on my behalf, or on behalf of my child, against JCPRC and/or Jefferson County Commission, their representatives, whether paid or volunteer, for any injuries or damages that my child or myself sustain in connection with programs or other activities related to the JCPRC. I also understand that injury incurred and the resulting medical expense from that injury will be my responsibility and JCPRC will not be responsible for payment of any related expenses. Furthermore, it is the responsibility of the parent/guardian to notify JCPRC staff of any medical conditions/special needs of any participant prior to the start of class. JCPRC, instructors, and staff are not responsible for your child prior to or after class time. I acknowledge that I have read and fully understand the information on registration guidelines and the refund policy. I realize inherent risks could be involved in these programs. Therefore, I shall not hold the JCPRC, Jefferson County Commission, or their employees liable for injuries that might occur during these supervised programs.</p>					



235 Sam Michael's Lane
Shenandoah Junction, WV 25442
Phone: 304-728-3207
Fax: 304-728-9746
Email: info@jcprc.org
Website: www.jcprc.org

Return Service Requested