

Park Postings:



Jefferson County Parks and Recreation

October 1, 2021

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What's Happening Next Week?

- Week 3 of Fitness Classes with Ms. Heidi
- Week 4 of Gymnastics
- Week 3 of Troxell Basketball Training
- Week 4 of Big & Little Kickers
- Week 4 for Volleyball programs
- Week 4 of Martial Arts
- Drop-in Pickleball, 10/5, 9am-12PM, \$2/person
- Drop-in Volleyball, 10/7, 7pm-9pm, \$4/person

Staff Spotlight: Tommy Van Vliet, Recreation Coordinator:



Tommy is a lifelong resident of Jefferson County, and currently lives in Harpers Ferry with his wife, Holli-Aynn and daughter Avery. He studied

Athletic Training at BYU, but always wanted the chance to work in the community he grew up in. Tommy started in the role of Recreation Coordinator at JCPRC in September and has been loving it so far! When he's not at work, you can often find Tommy playing on the disc golf course at Sam Michaels Park or hiking the Appalachian Trail around Harpers Ferry with his family.

This Week in Programs:

This was another great week for programs. Our gymnasts worked on their leaps, forward rolls, and jumps! Coach Chris Troxell worked hard with his students to go back to the basics and dial in on their skills to fine tune them! Our tiny ninjas and baby ninjas had so much fun playing on the obstacle course & with their friends! Heidi's AMP up your Fitness class had another great week of stretching and getting stronger! Our Big and Little Kickers worked on kicking, passing, and shooting! Martial Arts worked on their skills and improving their kicks!



Jefferson County Parks and Recreation
235 Sam Michaels Lane, Shenandoah Junction, WV

www.jcprc.org
(304)728-3207

Office is open Monday-Friday 8AM-5PM



Upcoming Events & Programs:

1. Let's Play! Mobile Recreation:

- Mobile Rec will be at the Blue Ridge Arts & Craft Festival that's being held at Sam Michaels Park on October 2, 2021. Stop by to say hello to Kate and Michael!

2. Baby Ninja Warriors: Activity #7440

- Begins 10/26, Ages 3 and under, \$40 for residents.

3. Cardio Drumming: Activity #7455

- Begins 10/28, Ages 18 and older, \$45 for residents.

4. Nerf Wars:

- This will be held on 10/8 at 6:00 pm for ages 5-9, and at 7:45 for ages 10-14. \$12 for residents of Jefferson County.



COVID-19 Updates and information:

- **COVID-19:** With the rise in COVID-19 numbers and Fall programs underway, we are strongly recommending the use of masks in our building. We are doing our best to offer safe programming for everyone, including our staff, participants, and parents! We suggest that anyone entering the JCCC, wear a mask in all common areas (lobby, bathrooms, etc.) and keep it on when not actively participating in a program or activity. In addition, we encourage to wait outside whenever possible and social distance when indoors. With your help and cooperation, we can continue to run programs, with safety being our #1 Priority. THANK YOU!
- **INDOOR PLAYGROUND:** Cold Weather is quickly approaching us, and we are offering an INDOOR PLAYGROUND Thursdays and Fridays at the JCCC. We have also opened **PRE-REGISTRATION** for Indoor Playground, and due to COVID we are limiting the number of children allowed, so make sure you **PRE-REGISTER** to get a guaranteed spot! \$4 per child!



Joke of the Week



Sometimes all you need is a good laugh to get you through the day, call our Joke Line to hear the joke of the week!

Call (304)728-9044

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