

# Park Postings:



Jefferson County Parks and Recreation

October 1, 2021

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## What's Happening Next Week?

- Week 5 of Fitness Classes with Ms. Heidi
- Week 5 of Gymnastics
- Week 6 of Troxell Basketball Training
- Week 6 of Big & Little Kickers
- Week 6 for Volleyball programs
- Week 6 of Martial Arts
- Drop-in Pickleball, 10/19, 9am-12PM, \$2/person
- Drop-in Volleyball, 10/21, 7pm-9pm, \$4/person

**Staff Spotlight: MK Baker,**  
Recreation and Public Services Assistant



MK is from Fredericksburg, Virginia, but she moved up to WV in 2017 to pursue her degree at Shepherd University. She graduated this past May.

MK has been a part of the team here at JCPRC for over a year, starting as a volunteer, which led to an internship, and that led to a part-time job, and she is now our Recreation and Public Services Assistant. MK loves to be able to provide a fun and safe place for the community!

## This Week in Programs:

This week was one of our quieter weeks, due to Columbus Day. This week our Toddler Learning class worked on days of the week, listening, and of course they played hard. Stroller fit was able to get outside again for their class, and utilize the trails while pushing a stroller, what a great way to exercise! We also had a Lacrosse Clinic that went super well, they focused on improving the skills they already had. Our gymnasts continued to work on their balance and forward rolls. Baby Ninjas and Tiny ninjas had a blast interacting with other and climbing all over the obstacle course!



Jefferson County Parks and Recreation  
235 Sam Michaels Lane, Shenandoah Junction, WV

[www.jcprc.org](http://www.jcprc.org)  
(304)728-3207

Office is open Monday-Friday 8AM-5PM



## Upcoming Events & Programs:

1. **Advanced Ninjas: Activity #7424**
  - Begins 10/24 at 3:45, Ages 7-12, \$69 for residents
2. **Teen Ninjas: Activity #7416**
  - Begins 10/24, Ages 13-17, \$69 for residents
3. **Cardio Drumming: Activity #7455**
  - Begins 10/28, Ages 18 and older, \$45 for residents.
4. **Gymnastics 1: Activity #7542**
  - Begins 10/24 at 4:00pm, Ages 6-10, \$67 for residents.



## Updates and information:

- **COVID-19:** With the rise in COVID-19 numbers and Fall programs underway, we are strongly recommending the use of masks in our building. We are doing our best to offer safe programming for everyone, including our staff, participants, and parents! We suggest that anyone entering the JCCC, wear a mask in all common areas (lobby, bathrooms, etc.) and keep it on when not actively participating in a program or activity. In addition, we encourage to wait outside whenever possible and social distance when indoors. With your help and cooperation, we can continue to run programs, with safety being our #1 Priority. THANK YOU!
- **INDOOR PLAYGROUND:** Cold Weather is quickly approaching us, and we are offering an INDOOR PLAYGROUND Thursdays and Fridays at the JCCC. We have also opened **PRE-REGISTRATION** for Indoor Playground, this is the only way get a guaranteed spot.
- **Friday Fun Camp:** Next Friday, 10/22 is a virtual learning day, camp will run from 12:30-4:30pm, as usual, but there will be **NO BUSES** for transportation next week.



## Joke of the Week

Sometimes all you need is a good laugh to get you through the day, call our Joke Line to hear the joke of the week!

Call (304)728-9044

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